



## The Marigold Trail: A Journey Through India



In India, the marigold is used to welcome visitors and marks all auspicious events from weddings to births to funeral processions. In late February 2023, Cathy McGlynn embarked on the longest trip she had ever taken to a country she had dreamed of visiting but had only read about. Join her for a journey through several Indian states across mountains and rivers and through many crowded city streets as she shares her adventures and perspectives of both North and South India, its history, environment, culture, food, and religion.

**Date: Wednesday, December 6, 2023**

**Time: 11:00 am - 12:30 pm**

**Place: Online via Zoom (See registration information below.)**

**Presenter Cathy McGlynn**, an ecologist by profession, is the aquatic invasive species coordinator for the NYS Department of Environmental Conservation. Outside of work, she is a Buddhist meditation and yoga practitioner. Her interests include history, nature, music, art, dancing, food, gardening, languages, comparative religions, and Asian culture (among other things), and she is curious about what global travel has to offer. When she is not traveling, she is working in her gardens, cooking, reading, hiking, dancing, and generally enjoying life.

**REGISTRATION:** Lifespring members and members of the community are invited to attend this free online event. **Registration opens on November 20th and closes December 4th at 5pm.** A link to the registration form will be posted on the Lifespring website under Latest News and Winter Presentations.