

**APPROVED MINUTES OF THE MEETING  
LIFESPING BOARD OF DIRECTORS  
August 10, 2021**

**PRESENT**

Susan Puretz, President  
Natalee Rosenstein, Vice President  
Maureen Bybee, Secretary  
Peg Nau, Treasurer  
Laura Phillips, Registrar & Task Force for Online Learning  
Diane McDowell, Member-at-Large  
Maureen Huben, Member-at-Large and Events & Services Co-Coordinator  
Colleen Greco, Events & Services Co-Coordinator  
Susan Krompiew, Program Support Coordinator  
Lucy Stagich, Member-at-Large  
Leslie Suprenant, Member-at-Large  
Lee Gable, Class Managers Coordinator  
Anne Miller, Member-at-Large  
Connie Cuttle, Coordinator of Curriculum Committee

The Meeting was called to order at 9:32 a.m. by Susan P. Susan began by welcoming all, especially our new Board Members, to the 2021-22 academic year. Continuing Board Members introduced themselves to our newest Members, Anne Miller and Connie Cuttle.

Susan P. emphatically thanked Diane for her leadership of the Curriculum Committee (CC) during a most difficult time.

- A. Approval of Minutes from June 8, 2021. **MOTION** by Diane with second by Lucy to accept the minutes of June 8, 2021. Without discussion the **MOTION WAS APPROVED** unanimously.
- B. President's Report and General Updates:
  - a. Updates on facilities plus website:
    - i. WJC - will have services for the high holy days at UPAC both virtually and in person. There is still no decision by WJC regarding their future opening for our use of the facility.
    - ii. Library- Susan D conferred with Library Director regarding COVID precautions/restrictions for Winter Presentations. For the fall, in person events library sponsored are limited to 15 people. Decisions about use of the library by outside groups are still up in the air
    - iii. Town Website – Susan D has updated the names of the LS Board of Directors on the Town of Saugerties website. David Cartmell has updated the LS Website. The LS Vault also holds a list of the Board and their term limits.

- b. Although Susan remembered receiving several notes from members in response to recent LS notices, she could only find one to be shared with the Board from Marv Beach a former Vice-President of LS who expressed excitement, admiration and appreciation for the courses to be offered this fall.
- C. Board Reports:
- a. Susan G in her report to the Board as Publications Coordinator, is requesting review and feedback from Board Members regarding the LS website. Susan P asked that Board Members please take time to review the current LS website and to send your ideas and suggestions regarding updates, design, information, accessibility etc. directly to Susan Greenstein.
  - b. Curriculum Committee motions (See 2 items highlighted in red in CC report in this month's Report to the Board)
    - i. **MOTION** by Connie with second by Lucy to approve the dates for the mini-courses and Winter Presentations listed in CC report (two week mini-courses on February 2 and February 9, 2022 and single Winter Presentations on December 1, 2021, January 5 and March 2, 2022). Discussion included Laura's response to Leslie's inquiry about adequate Zoom staffing for virtual meetings. Laura hopes that with current and new Taskforce members and no unforeseen events, we can staff the planned schedule of presentations and courses. **MOTION APPROVED** unanimously.
    - ii. **MOTION** by Connie with second by Colleen to send a survey to LS members regarding their willingness to attend in person classes in the future. The proposed survey is in the attached CC report. Discussion included some suggestions for changes and additions that will be considered before the final survey is sent. The current plan is for the surveys to be sent to members as their membership dues are received and so that the information will be available for the September board meeting. **MOTION APPROVED** unanimously.
    - iii. Registrar – membership dues have been received from 46 people and 15 are registered for courses. Registration to date is as follows:
      - 1. Roaring 20's = 7,
      - 2. Women on the Ground = 4,
      - 3. Philosophy = 6,
      - 4. Power Relationships = 5,
      - 5. Yoga = 4,
      - 6. Sustainability = 5,
      - 7. Global Reality = 9,
      - 8. Baseball = 0.

Natalee suggested that the final reminder to join and to register should emphasize the two step process for this year.

- iv. Colleen requested the date of the Annual Meeting which led to further discussion of the spring semester dates. **MOTION** by Diane with second by Colleen to tentatively approve the following Wednesday dates schedule for Spring 2022: 4/6, 13, 27, May 4, 11, 18 and the annual meeting on May 25. If Mondays need to be added this can be revised. **MOTION APPROVED** unanimously.

D. Old Business (Looking Backward)

- a. Susan P called for any questions or comments regarding the past semester.
  - i. In response to a concern raised by Natalee, discussion of the procedure to be followed if a class meeting needs to be cancelled for an emergency followed. It was agreed that if possible students will be notified before an emergency cancellation and that a make-up date be attempted. Leslie suggested that we could identify an extra Zoom “make-up day” for our use to reschedule any classes missed due to emergency whether we are meeting in person or virtually. Many suggestions were offered reflecting the Board’s confidence in presenters and class coordinators to respond to such emergencies with individuality, compassion and practicality.
- b. Report from the Moving Forward Committee (MFC) by Natalee (report attached)
  - i. MFC suggests that the Events and Hospitality Committee continue to consider the possibility of outdoor activities for the fall or even into the winter. Maureen H on behalf of Events and Hospitality reports that the Woodstock Land Conservancy is still willing to work with LS on guided nature walks but specifics remain unclear as they undergo some personnel changes. Maureen H will look at other nature walk opportunities until she hears from Conservancy. Susan P requested that ideas be sent to Maureen H or Colleen.
  - ii. MFC suggests that the Membership Committee consider reaching out to past and current members who do not register for classes this fall be surveyed for their reasons. Susan D. expects to follow through on this suggestion in a yet to be determined format.
  - iii. Natalee will coordinate efforts to reach out to people who respond as willing to volunteer on their registration form.
  - iv. **MOTION** by Natalee with second by Laura that the Board make the November 9th meeting an Open Board Meeting via Zoom. Further, that a sub-committee be established to plan the meeting. **MOTION ACCEPTED** unanimously without discussion.

- v. The MFC recommends that the Lifespring President make formal contact with Ulster County Community College to explore a mutually beneficial relationship, such as contacts with former and current faculty and possible technology assistance. Any such relationship should not interfere with the independence of Lifespring or our relationship to the Town of Saugerties.
- vi. Susan P accepted this MFC recommendation that she consult with Ulster CC and will report back to the MFC and the Board. Peg noted that she will let the Senior Education Commission know that LS will be reaching out to Ulster CC and Susan D will also share this with Leanne Thornton as our liaison to the Saugerties Town Board.
- vii. The MFC has begun "preliminary discussion" of diversification for LS. At this point the concern is referred to the CC for their consideration as well as for continued discussion by the MFC.
- viii. Peg, Connie and Diane volunteered to serve on the organizing committee for the open Board Meeting in November.

E. New Business (Looking Forward)

- a. Susan P announced appointments of Standing Committee Coordinators for 2 years from Aug 1, 2021-July 31, 2023 as follows:
  - i. Events and Hospitality (formerly Events and Services) co-chairs are Colleen Greco and Maureen Huben.
  - ii. The Membership Committee is to be chaired by Susan Davis.
  - iii. Curriculum Committee Chair is Connie Cuttle.
  - iv. Program Support Committee Chair is Susan Krompier.
- b. Susan P requested and received concurrence of the Board for these appointments by raised hands.
- c. Leadership of the Ad Hoc Committees does not need formal reappointment. Susan P will let Lee Gable, Susan Greenstein and Rich Davis know that they will continue to serve as the chairs of the Class Managers, Publications and AV Committees respectively.
- d. According to the LS By-Laws the Executive Committee includes our elected officers, President, Vice-President, Secretary, Treasurer, and one additional Board Member appointed by the President. Susan P has invited and Susan D has accepted appointment to the Executive Committee. The Board unanimously concurred by voice with the appointment of Susan D to the Executive Committee.
- e. Susan P appointed Laura Phillips as Registrar for a two year term ending July 31, 2023. The Board offered unanimous concurrence by voice.

F. Other

- a. Laura offered to post a recording of the Annual Meeting on the LS website. Since there have been no inquiries from the Members requesting

to view any available recording, it was decided not to post the recording and to delete it from our Zoom account in order to “free up space.”

Meeting adjourned at 10:52.

**NEXT MEETING:**

September 14, 2021 (by Zoom) at 9:30 am

Respectfully submitted,

Maureen G. Bybee,  
Secretary

**AGENDA**  
**BOARD OF DIRECTORS**  
**August 10, 2021**

**WELCOME new and old TO LIFESPRING'S FIRST 2021-2022 BOARD MEETING!**

**A. Minutes** June 8, 2021 (no meeting in July= thus no July minutes!)

**B. President's Report and General Updates:**

1. Updates on facilities plus website:
  - a. WJC
  - b. Library
  - c. Town Website
2. Feedback from members to send outs

**C Board Reports:**

**NOTE:** Format for the meeting will be changed. We will skip most of the oral reports and focus on specific Old and New Business items. Any questions about items in the Board Reports previously distributed for this meeting will be handled by special request.

1. Review Website as per Susan Greenstein's request in Board Reports
2. Curriculum Committee motions  
See 2 items highlighted in red in CC report in this month's Board report
  - a. Dates Mon and Wed/Winter presentations/February Mini- semester & Annual Meeting
  - b. Survey from CC

**D. Old Business (Looking Backward)**

1. Fall semester --- comments/questions
2. Report from the Moving Forward Committee

**E. New Business (Looking Forward)**

1. Appointments of Standing Committee Coordinators  
(2 years from Aug 1, 2021-July 31, 2023)
2. Appointment to Executive Committee
3. Other

**NEXT MEETING:**

September 14, 2021 (by Zoom) at 9:30 am

**REPORTS TO THE BOARD FOR  
AUGUST 10, 2021**

**(Note: Blank spaces after a committee indicates that there was no activity and thus nothing to report)**

**PRESIDENT:**

1. Repeating this comment from a previous Board Report since it is still true.  
“Continuing to carry out what Presidents are supposed to do (oversight of the minutia of both the big and small issues that occur daily and “nagging”). To do this and stay sane, have a life, and keep Lifespring afloat and functioning well, I do this with the help and cooperation of several individuals. At this time, I extend a big thank you for that help to Susan D, Laura, and Natalee --- as all of us continue to work for Lifespring’s health, welfare and continuity.”

**VICE PRESIDENT:**

No report

**TREASURER:**

The updated Budget Worksheets for June and July are attached on the **last pages** of this report.

Peg Nau

**REGISTRAR and On-line Task Force Report:**

The online Google course registration form has been sent to every person who has submitted the membership form. There are 12 jumpstarters and 11 six week presenters who are eligible for free membership for the full year. There are 12 winter presenters and one week presenters who may enroll in fall semester courses at no charge. All must still send in the member form to indicate their interest in enrolling in fall courses.

Total registered for membership as of 8/6 - 27

23 returning members, 4 new members

As of 8/6 the number of members signed up for courses: 8

Monday

A1 Roaring Twenties	2
A2 Women in the Ground	3
B1 Philosophy	3
B2 Middle East	2

Wednesday

C1 Yoga	1
C2 Sustainability	3
D1 Global Reality	4
D2 Baseball	0

Laura Phillips Registrar

## ***STANDING COMMITTEES***

### **CURRICULUM:**

The Curriculum Committee (CC) met on August 3, 2021 and welcomed a new member, Phyllis Clarke. Members in attendance: Connie Cuttle (Chair), Phyllis Clarke, Susan Davis, Lydia Edelhaus, Prudence Garcia-Renart, Susan Krompner, Liz Krisjanis Diane McDowell, Laura Phillips, Susan Puretz, Natalee Rosenstein.

The Committee unanimously agreed on offering two week mini-courses on February 2 and February 9, 2022. Single Winter Presentations are scheduled for December 1, 2021, January 5 and March 2, 2022. The Curriculum Committee recommends that the Board approve both the two- week mini courses and the dates for both the mini-course February schedule and the Winter Presentations.

The deadline to finalize presenters for the Winter Presentations and the February Mini-Courses is September 21, 2021. The deadline to finalize presenters for the Spring 2022 Semester Courses is December 21, 2021. The CC is focused on scheduling speakers/topics that are of interest to a broad spectrum of members; effort will be made to address men's interests. To date for the Spring semester, we have scheduled a philosophy course to be given by CC committee member Lydia Edelhaus and a multi-presenter course on diversity.

The Curriculum Committee recommends that the Board approve the dissemination of the COVID Input Survey to the membership to provide the committee with the data it needs to make scheduling decisions regarding on-line and/or in-person in-door and/or out-door learning opportunities, understanding that in-door gatherings at the WJC, which is currently closed, are dependent on the decision of the WJC when, or whether, to resume in-door gatherings and under what conditions.

We further recommend that the survey be rolled out to the membership as registration is processed (Laura Phillips, Registrar stated this can be ) beginning with all members

processed as of August 17<sup>th</sup>, followed by those processed as of August 24, August 31<sup>st</sup> and September 9<sup>th</sup> so that the preliminary data can be reviewed by the CC committee and shared with the Board for its September 14<sup>th</sup> meeting. Any remaining members processed after September 9<sup>th</sup> will be sent the survey, their responses added to the whole and the data updated to reflect their input.

The CC meeting scheduled for September 7<sup>th</sup> has been cancelled because it conflicts with Rosh Hashanah. We will convene members on August 31<sup>st</sup> based upon their availability.

Connie Cuttle

**EVENTS and Services nee EVENTS and HOSPITALITY:**

Nothing to report from me.

Maureen H.

No report from me.

Colleen

**MEMBERSHIP:**

"Many hands make light work??"....well, not exactly! Organizing the Fall semester classes, creating the Catalog, figuring out the membership enrollment process and the follow-up Registration has keep many of the Lifespring volunteers and leaders busy....and some busier than others! It has been fun working with each of you as we collaborate to pull this together. It is a "great unknown" as to how many people will actually pay the annual membership fee and become members for the coming year (both returning members and new). At the end of the enrollment period, I will be welcoming new members with a letter.....and, we'll take it from there!

Earlier this week, Susan P sent out an email to all 242 of our members from last year as well as a separate email to our Interest List. The catalog was attached. Additionally, just today I sent

out PR information to several local news outlets and sources. The bait is in place...now lets see how many we catch! Here's a copy for the files—it was modified slightly depending on the news source.

News Release: 8/04/21

LIFESPRING: Saugerties Adult Learning Community is now enrolling new and returning members for the 2021-22 academic year! Members are retired and semi-retired adults who have a passion for learning and socializing with other lifetime learners. Lifespring's goal is to provide diverse learning experiences for all its members, regardless of previous educational background. An all-volunteer organization, Lifespring offers 6-

week Fall and Spring semesters on Monday and Wednesday mornings in addition to special events, presentations, and other activities during the year. The deadline to become a Lifespring member for the year is August 30, 2021. Fall classes begin on Monday, October 4th and run through Wednesday, November 10th. The fee for a year-long membership is \$50. All classes for the Fall term will be on Zoom. If you have questions or would like to learn more about Lifespring including how to become a member and register for classes, please visit the website at [www.lifespringsaugerties.com](http://www.lifespringsaugerties.com) and refer to our Fall '21 Catalog of Courses. You may also email Lifespring at: [Lifespring.saug@gmail.com](mailto:Lifespring.saug@gmail.com) if you have specific questions. Please note: although Lifespring is affiliated with the Town of Saugerties, membership is open to anyone in the Hudson Valley area. (845)-246-2800 x-452

Susan Davis,  
Membership Coordinator.

**PROGRAM SUPPORT:**

No report

**MEMBERS AT LARGE:**

No report

***AD HOC COMMITTEES***

**AV:**

Nothing from me.  
Rich Davis

**CLASS MANAGERS:**

No new news to share.  
Lee Gable

**PUBLICATIONS COORDINATOR:**

From Susan Greenstein

**Fall Catalog**

Fall catalog has been “published” and was posted on the website on July 31<sup>st</sup>.

**Lifespring newsletter, *News & Views***

Work will begin soon on the fall newsletter. If you have ideas for an article or feature for the newsletter, please contact [stgreenstein1@gmail.com](mailto:stgreenstein1@gmail.com)

**Flyers**

Nothing new here.

## Website

Susan D continues to coordinate with David Cartmel in keeping items posted.

However, at this point, we may want to review all sections of the website to bring up to date some sections of the site where information may have changed.



Ah peaches, ah summer!

## ***OTHER REPORTS***

**MOVING FORWARD COMMITTEE (will be sent separately and then added to this report)**

### **REPORT FROM THE MFC MEETING OF 8/2/21**

The MFC met on August 2, 2021. In attendance were: Susan Davis, Susan Krompier, Peg Nau, Marjory Greenberg-Vaughn, Lee Gable, Leslie Surprenant, Connie Cuttle, Norm Bowie, Laura Phillips and Natalee Rosenstein. The following are recommendations for the Board and/or specific committees to discuss and act upon.

1. The MFC recommends that we hold Winter Presentations in December, January and March and 4 February mini-courses of 2 weeks each. All presentations and mini-courses to be held via Zoom and should be open to non-members as well as members. If the Board approves, it will be referred to the Curriculum Committee for implementation.
2. The MFC recommends that a questionnaire be sent out to the membership during the Fall semester to determine under what conditions, if any, members would consider returning to in-person activities both indoors or outdoors. We understand that this is a fluid situation and is also dependent on the decisions of the WJC. Nevertheless we feel that it is important to get a sense of the membership and believe that our members would like the opportunity to express their opinion. A draft of a questionnaire prepared by Connie Cuttle will be sent separately.

3. The MFC recommends that the Events and Hospitality Committee consider the possibility of outdoor events for the Fall or Spring as weather permits, including nature walks or talks or other gatherings such as Lunch with Lifespring under a pavilion. The E&H Committee should make any recommendations to the Board about any such events, including COVID-19 guidelines.
4. The MFC recommends that the Membership Committee consider reaching out to past and current members who not register for Fall classes to inquire as to the reasons.
5. The MFC recommends that the Board systematically follow-up with any members who express interest in volunteering. Natalee has volunteered to coordinate this and will call upon other Board members as needed.
6. The MFC recommends that the Board make the November 9th meeting an Open Board Meeting via Zoom. Further, that a sub-committee be established to plan the meeting, including ways the entice members to attend.
7. The MFC recommends that the Lifespring President make formal contact with Ulster County Community College to explore a mutually beneficial relationship, such as contacts with former and current faculty and possible technology assistance. Any such relationship should not interfere with the independence of Lifespring or our relationship to the Town of Saugerties.
8. The MFC raised the issue of diversifying our membership. We agreed that this is an important issue and began a preliminary discussion but referred it to the Curriculum Committee for further consideration at this time. We recognize that other issue besides courses will need consideration.

Respectfully submitted by Natalee Rosenstein

### **SEC (SENIOR EDUCATION COMMITTEE)**

No report

### **GIFT COMMITTEE**

The gift committee would like to submit the following report.

After much research and keeping to our \$300 spending limit for retiring board members and dedication to the Library in honor of our Zoom Online Task Force we have the following to submit.

Two Gift Certificates for retiring board members  
From Inquiring Mind Book Store \$100.00

Purchase of mailers and mailings 6.58

Heavy Ceramic Planter and Plant Caddy 66.51

From Adams

(Caddy allows our donation to be easily moved)

Engraving Plate 44.95

From Donro

Small Hibiscus Tree 30.23

From Adams

Total Expense \$248.27

Engraving Plate is ordered and should arrive in two weeks, after which we should have a photo opt at the Library for the presentation

Peg Nau, Chair

### **DRAFT Lifespring Community Survey**

#### **Email:**

Dear Lifespring Member,

Welcome to Lifespring! To our returning members, we look forward to enjoying classes with you again. To our new members, we're pleased that you've joined our lifelong learning community and look forward to getting to know you. To all of our members for the 2021-2022 learning year, we value and depend upon your input to help us make our time together the best it can be.

As you already know, all of our classes will be remote for the Fall 2021 semester. Unfortunately, COVID-19 continues to impact our lives, whether directly or indirectly, especially as the Delta variant spreads across the country. As we write this email, the Woodstock Jewish Congregation, where Lifespring holds its in-person classes, is

remains closed. Given the continually evolving nature of the pandemic, we cannot predict what our Spring 2022 semester will look like.

Will we be able to return to an in-person learning community? Will we continue meeting on Zoom? We will be able to offer some classes in-person and others remotely? These are some of the questions we will be grappling with over the next several months as we create the course schedule for Spring 2022.

**To help guide us in our planning efforts, we need to know your thoughts and feelings.** Please take a few minutes to answer this quick, four question survey. Please answer based on your concerns given the COVID information we have available to us at this time.

Your responses will be kept strictly confidential. On the survey there is a space to enter your email. This is an optional choice. We are asking for emails only so we do not send follow-up reminders to people who have already responded. The more responses we receive, the better we will know what our community feels comfortable with.

Your input is extremely important to us as we strive to ensure an engaging and safe learning environment for all of our members.

Thank you,

### Survey

**Email \_\_\_\_\_ (optional)** Your responses will be kept strictly confidential. We are asking for emails only so we do not send follow-up reminders to people who have already responded. The more responses we receive, the better we will know what our community feels comfortable with.

Please answer the questions based on your concerns given the COVID information we have available to us at this time

1. Which of the following statements best describes how you feel about attending in-person classes in the Spring 2022 semester? **CHECK ONLY ONE RESPONSE.**

***If we are able to resume in-person courses,***

\_\_\_ I would feel comfortable attending classes **ONLY** if all presenters and participants submitted proof of vaccination, wore masks and practiced social distancing.

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\_\_\_ I would feel comfortable attending classes **ONLY** if all presenters and participants submitted proof of vaccination and practiced social distancing.

\_\_\_ I would feel comfortable attending classes if all presenters and participants wore masks and practiced social distancing.

\_\_\_ I would feel comfortable attending classes **ONLY** if all presenters and participants submitted proof of vaccination.

\_\_\_ I would feel comfortable attending classes **REGARDLESS** of whether or not all presenters and participants show proof of vaccination, wear masks or practice social distancing.

2. I would feel more comfortable participating in courses and winter presentations on Zoom. \_\_\_ Yes \_\_\_ No
3. Which of the following statements best describes how you feel about attending and outdoor activity during the Spring 2022 semester? **CHECK ONLY ONE RESPONSE.**

***I would feel comfortable attending an outside activity***

\_\_\_ **ONLY** if all participants submitted proof of vaccination, wore masks and practiced social distancing.

\_\_\_ **ONLY** if all participants submitted proof of vaccination and wore masks.

\_\_\_ **ONLY** if all participants submitted proof of vaccination.

\_\_\_ **ONLY** if all participants wore masks and practiced social distancing.

\_\_\_ **ONLY** if all participants practiced social distancing.

\_\_\_ **REGARDLESS of whether or not** all participants are vaccinated, wear masks, or practice social distancing

4. I, or someone in my immediate household, is vulnerable to severe disease if I contract COVID-19. \_\_\_ Yes \_\_\_ No

Please use this space for any additional comments you may wish to share:



