

12/14/2021

**APPROVED MINUTES OF THE MEETING  
LIFESPING BOARD OF DIRECTORS  
12/14/2021**

**PRESENT**

Susan Poretz, President  
Natalee Rosenstein, Vice-President  
Maureen Bybee, Secretary  
Peg Nau, Treasurer  
Laura Phillips, Registrar & Task Force for Online Learning  
Connie Cuttle, Coordinator of Curriculum Committee  
Susan Davis, Membership Coordinator  
Susan Krompiew, Program Support Coordinator  
Colleen Greco, Co-Coordinator of Events and Services  
Maureen Huben, Member-at-Large and Events & Services Co-Coordinator  
Lee Gable, Member-at-Large and Class Managers Coordinator  
Diane McDowell, Member-at-Large  
Anne Miller, Member-at-Large  
Fran Jacobsen, Member  
Bob Saturn, Member

**ABSENT**

Rich Davis  
Leslie Suprenant

This regularly scheduled virtual meeting of the Lifespring Board was called to order by Susan P. at 9:31 a.m.

Susan P. described the availability of closed captioning in this and future Zoom meetings.

- A. Approval of Minutes for November 9, 2021. The Minutes were distributed for review prior to the meeting. **MOTION** to approve these Minutes by Diane with second by Maureen H. Without discussion, the **MOTION** to accept was approved unanimously.
- B. President's Report and General Updates: See attached report
- C. Board Reports:
  - a. Reports to the Board for review by the Members were circulated prior to this Meeting.

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- b. Registrar's report (see attached for additional information) was presented by Laura who called our attention to the attendance data from the Fall 2021 semester. The data can be useful in making decisions about class sizes and content for future classes. Natalee remarked on the difference between numbers registered for and numbers actually attending the first class vs. differences between 1<sup>st</sup> class attendance and 2<sup>nd</sup> class attendance. Laura noted that enrollees are not actually dropping courses but are simply stopping attending. Connie as CC coordinator has already begun to exam these statistics. The numbers do not reflect attendance by particular individuals.
- c. Online Task Force report was given by Laura. See attached report for details. **MOTION** by Laura with second by Peg that we upgrade our taskforce email accounts to paid Gmail accounts and link them to our lifespringsaugerties.com domain. This would have an estimated additional cost of \$300 to \$400/year. Peg reported that approximately \$800-900 has been spent so far this year on our Zoom expenses. Upgrading the email accounts would insure that members receive e-mails from LS which include their invitations to ZOOM classes. **MOTION APPROVED** unanimously after discussion.  
Laura recognized Anne for contributing a personal article to the upcoming newsletter about her volunteer journey with LS which might encourage some new task force volunteers. The Board suggested that members of the Taskforce write brief testimonials for use in recruiting more volunteers.  
  
Discussion also included Susan G's report regarding the upcoming newsletter and her request for contributions from the Board Members. Members encouraged each other to each send "our story" to Susan G. as requested.  
  
Colleen thanked her Taskforce colleagues for stepping up to cover her responsibilities when she recently needed to step aside.
- d. Curriculum Committee – see attached report for details on the work of the Committee.

#### D. Old Business

- a. Open Board Meeting of 11/9/2021. Natalee suggested that at any future open meeting, guests be invited to offer input during the meeting rather than only at the end. Members voiced their opinions that the meeting went well with good attendance.
- b. Fall 2021 semester and first Winter Presentation. Several Board Members noted that Lew Brownstein was so pleased with his experience as a Presenter and the response of his students that he has volunteered to present again. In a similar vein, Connie noted that an instructor for an

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upcoming short presentation is now eager to present a similar topic in a longer format. Natalee reminded us that our members and their engagement in the courses is an important ingredient in our Presenters' positive experiences and could be shared with the membership.

E. New Business

- a. LLI and Diversity – See note following Susan P's attached President's Report. Natalee reported that Connie and Leslie have volunteered to represent LS along with Natalee at the upcoming meeting sponsored by BARD's LLI DEI/SOCIAL JUSTICE GROUP. If others wish to join, please contact Natalee.
  - b. Policy regarding promoting/publicizing Presenter's books. Connie reported that this question arose in the Curriculum Committee's discussion of an upcoming Winter Presentation. Board members noted the differences between "pushing" or promoting and making information available for purchase of a presenter's publications. Including links when a course is virtual to a Presenter's website or other place to purchase a publication or tickets to performances was compared to having a table displaying items for purchase when a course is in person. The intent is to provide information as a courtesy to the Presenter (who is volunteering their time and expertise) and class participants not as endorsement. LS should not be involved in the exchange of money, taking orders, etc. The sense of the Board is that when appropriate, LS will provide information to class attendees regarding the work, publications, or performances of the Presenters for their class.
  - c. Colleen added a thank-you to Maureen H for taking on the responsibilities of the Events and Services Committee during Colleen's need for time away.
- F. Laura made a **Motion to Adjourn**, with a second by Diane. **Motion approved** unanimously and meeting adjourned at 10:48 a.m.

**NEXT MEETING:**

January 11, 2022 (on zoom) at 9:30 am

**AGENDA**  
**LIFESPRING BOARD OF DIRECTORS**

**December 14, 2021**

**A. Minutes: November 9, 2021**

**B. President's Report and General Updates:**

**C Board Reports:**

**NOTE:** Format for the meeting will be changed. We will skip most of the oral reports and focus on specific Old and New Business items. Any questions about items in the Board Reports previously distributed for this meeting will be handled by special request.

1. Registrar
2. Task Force
3. CC

**D. Old Business**

1. Open Board Meeting of 11/9/2021 – reactions/suggestions!
2. Looking Back: Fall 2021 semester and Dec. WP ---reactions/suggestions

**E. New Business (Looking Forward)**

1. LLI and Diversity Program
2. Policy discussion: Promoting/publicizing Presenter's books (live links) and live productions (publicity about an upcoming production of the presenter.

**NEXT MEETING:**

January 11, 2022 (on zoom) at 9:30 am

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**REPORTS TO THE BOARD for DECEMBER 14, 2021****PRESIDENT:**

We have seen the end of a very successful Fall 2021 semester. It was the result of the hard work of initially the Curriculum Committee --by creating the varied course offerings--and then its implementation-- with help from the Task Force.

The semester ended one day after the interesting Open Board Meeting. And now we have had our first between semester's offerings, our December Winter Presentation, with the absorbing lecture on the Famous Woodstock Murder Trials with an exciting mix of presentations (Winter Presentations/Feb mini/Special bonus offering) on the horizon. Hopefully by opening these between semesters offerings to non-members as guests, we will attract new members for 2022-2023.

Susan Puretz

**NOTE FROM: BARD LLI DEI/SOCIAL JUSTICE GROUP**To:

UCALL (Union College)

OLLI at UConn

Marist LLI

Vassar LLI

Westchester Community College LLI

Lifesprint Saugerties

Bard LLI

Dear Regional LLI Leaders,

Greetings again from the Bard LLI DEI/Social Justice Group. We are following up with you and other LLIs in our region on our October 2021 letter regarding our initiative to improve diversity and inclusion within the Bard LLI program. In that letter we asked if your LLI might be interested in participating in a Zoom workshop to discuss this issue in more depth and share what each of our programs has tried and/or would like to try. We are pleased to report that several of the LLIs in our region (including Bard) have expressed interest in participating in such a workshop.

Our DEI/Social Justice Group is prepared to proceed with plans to organize a 90-minute workshop via Zoom in February 2022. We will be inviting each program to send up to three of its leaders who are especially interested and/or involved in DEI issues. The purpose of the workshop would be to share where each of our LLI programs is and any plans for the future.

We want to focus on three areas: 1) curriculum, including courses and presenters; 2) community or "building a welcoming community," and 3)

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broadening our membership. We would also like to discuss possible ways to build collaboration among our programs. While Bard is taking steps in these three areas, we are still very much a work in progress. We view the workshop as designed to share our experiences, and we believe that we can learn a lot from one another's efforts to date and our plans going forward.

Please send us any thoughts you have for this workshop. We will then work on mapping out an agenda and format for what we might call the Social Justice Workshop. In January, we will get back to you with more ideas, a suggested agenda, and several proposed dates, with the aim of getting more input from you all and reaching agreement on the workshop's purpose, content and date.

With thanks for your interest in this critical issue, we look forward to working with you. Best wishes for a wonderful holiday season!

Regards,

Martha Honey, Jill Lundquist, Linda Scherr, Jackie Olivet  
Regional LLI Team, DEI/Social Justice Group

#### **VICE PRESIDENT:**

No report  
Natalee Rosenstein

#### **TREASURER:**

There was no new activity on our Lifespring Account for November, other than the interest. A full reporting will occur for the January meeting.

Peg Nau

#### **REGISTRAR Report**

Final Attendance report Fall 2021

	<b>A1 Roaring 20s</b>	<b>A2 Our Women ..Ground</b>	<b>B1 Philosophy</b>	<b>B2 Middle East</b>
<b>Registered</b>	<b>72</b>	<b>24</b>	<b>27</b>	<b>69</b>
Week 1	50	0	23	0
Week 2	53	19	25	0

	<b>A1 Roaring 20s</b>	<b>A2 Our Women ..Ground</b>	<b>B1 Philosophy</b>	<b>B2 Middle East</b>
<b>Registered</b>	<b>72</b>	<b>24</b>	<b>27</b>	<b>69</b>
Week 3	58	21	22	53
Week 4	50	21	20	53
Week 5	51	20	18	52
Week 6	53	18	18	51
Average No Attend.	52.5	19.8	21.0	52.3
Av % attending	73%	83%	78%	76%

	<b>C1 Chair Yoga</b>	<b>C2 Sustainability</b>	<b>D1 Global Reality</b>	<b>D2 Baseball</b>
<b>Registered</b>	<b>45</b>	<b>38</b>	<b>54</b>	<b>26</b>
Week 1	36	38	44	23
Week 2	29	33	38	17
Week 3	24	32	40	13
Week 4	22	26	38	11
Week 5	canc. Illness	26	43	12
Week 6	16	24	31	8
Average No Attend	25.4	29.8	39.0	14.0
Av % attending	56%	79%	72%	54%

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At the open Board Meeting on November 9, there were 13 member guests. Nine were members who had joined in spring 2021 or fall 2021 and 4 had been members since 2019.

105 people registered for the first Winter Presentation on December 2 - Woodstock's Infamous Murder Trial. The attendance was 74, perhaps more since several partners shared a device. Of those that attended 14 were guests (including former members).

**ONLINE TASKFORCE:**

The Taskforce is taking a break. I have downgraded four of the paid Pro Zoom accounts to basic accounts for two months and will upgrade them at the end of January. Rich Davis and Laura Phillips will be hosting the Winter Presentations for December 1 and January 5. We will be planning the hosting duties for the February mini-courses soon. **I would like permission to upgrade our taskforce email accounts to paid Gmail accounts and link them to our lifespring.com domain.** I hope this will decrease the amount of our outgoing mail that seems to end up in our member's spam folders. The cost is \$6 per month, per account and we will have four accounts to start, and will expand as the taskforce grows.

Laura Phillips

**STANDING COMMITTEES****CURRICULUM:**

The Curriculum Committee did not meet on November 16<sup>th</sup>; follow up work regarding collecting missing information for the Spring Semester catalogue was handled via email.

Emails thanking all of the Fall presenters were sent on November 16<sup>th</sup>. Lewis Brownstein responded to his by saying he had such a positive experience he is interested in doing a course for Lifespring in the Fall.

The first winter presentation, *Woodstock's Infamous Murder Trial: Early Racial Injustice in Upstate New York* given by Richard Heppner, Woodstock Town Historian on December 1st garnered high praise from participants, both Lifespring members and non-members.

A schedule of dates when initial and follow up reminder emails will be sent for the winter presentations, the Special Bonus Winter Program and the February mini-courses has been created by Laura and Connie.



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Susan G. has completed editing the text for the February mini-course catalogue and by December 10<sup>th</sup> we will have heard back from all presenters re their final review so that work on the catalogue can begin. To date we have heard from five of the seven presenters. Below is the February 2022 Mini-Course Schedule. We have provided Laura with information regarding the Zoom experience of each of the presenters.

### February Mini-Course Schedule

	February 2, 2022	February 9, 2022
<b>A-1</b>	<b>9:30 am</b>	<b>9:30 am</b>
	The "Magic" of Rocks, Goats, and Time	The "Magic" of Rocks, Goats, and Time
	Karen Soubeyrand, Mad Mike Davis	Karen Soubeyrand, Mad Mike Davis
<b>A-2</b>	Understanding Medicare Plans	Safety in the Home
	Bob Meci	Susan Koppenhaver
<b>B-1</b>	<b>11:30 am</b>	<b>11:30 am</b>
	International Documentary Film	Hudson Valley Documentary Film
	Jon Bowermaster	Jon Bowermaster
<b>B-2</b>	Restorative Justice	Conflict Resolution in the Community
	Dr. Ivan Godfrey	Donna Ramlow

With the exception of one presenter's course description and bio and finalizing the title and course description for one session in the Music, Poetry, Theater and Dance course, the text for the Spring Semester catalogue is complete. The committee expects to forward the text to Susan Greenstein by the end of next week.

Below is the 2022 Spring Semester Course Chart. Unless noted otherwise, all courses are unlimited enrollment. We have provided Laura with information regarding the Zoom experience of each of the presenters.

<b>Mondays, April 4, 11, 25, May 2,9,16</b>				
<b>Session 1</b>	<b>Section</b>	<b>Course</b>	<b>Presenter</b>	<b>Coordinator</b>
9:30 am -10:45 am	A1	Come Doo Wop with Me	Richard Sullivan	Connie
9:30 am -10:45 am	A2	Artificial Intelligence	John Bassler	Natalee
<b>Session 2</b>				
<b>Session 2</b>	<b>Section</b>	<b>Course</b>	<b>Presenter</b>	
11:30 am - 12:45 pm	B1	Understanding and Navigating Diversity, Equity and Inclusion (Limited to 45)	Cassie Schwerner, Tala Manassah, Cynthia Martin, Tanya Odom	Connie
11:30 am - 12:45 pm	B2	Philosophy & Literature	Lydia Edelhaus	Connie
11:30 am - 12:45 pm	B3	Zentangle Art (Limited to 15)	Priscilla DeConti	Lydia
<b>Wednesdays, April 6, 13, 27, May 4,11,18</b>				
<b>Session 1</b>	<b>Section</b>	<b>Course</b>	<b>Presenter</b>	
9:30 am -10:45 am	C1	Opera as Politics VII: Diversity	Chuck Mishaan	Susan G
9:30 am -10:45 am	C2	Economic Issues of the Day	Andy Weintraub	Susan P

<b>Wednesdays, April 6, 13, 27, May 4,11,18</b>				
<b>Session 2</b>	<b>Section</b>	<b>Course</b>	<b>Presenter</b>	
<b>11:30 am - 12:45 pm</b>	<b>D1</b>	Eleanor & Franklin: The Roosevelts' Lesser-Known Endeavors	Jeff Urbin	Connie
<b>11:30 am - 12:45 pm</b>	<b>D2</b>	Music, Poetry, Theater and Dance	Joan Tower, Phillip X. Levine, Kati Garcia-Renart and Terry Champlin	Prudence and Phyllis
<b>Thursdays, April 28, May 5, 12,19</b>				
<b>9:30 -11:30 am</b>	<b>E1</b>	Following Spring's Progress: Four Nature Rambles  (Limited to 20)	Betty Schoen-Rene and Leslie Surprenant	Natalie

Finally, we have begun thinking about potential presenters and/or areas of interest for courses for the Fall 2022 semester.

Respectfully submitted, Connie Cuttle CC Coordinator

#### **EVENTS and Services nee EVENTS and HOSPITALITY:**

As of now, the Events and Hospitality committee does not have a report for this month due to inactivity.

Maureen Huben and Colleen Greco

#### **MEMBERSHIP:**

In addition to welcoming our members, we were pleased to welcome a good number of people who are not currently Lifespring members to the first Winter Presentation. Having our Winter Presentations, winter special events, and the February mini-courses open to everyone is an effective way to increase Lifespring's visibility in the broader community and give people who are considering enrolling in an LLI the opportunity to attend either or both to get a better sense of the organization. The registration emails will go to our current members, members from 2019-21, Interest List

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people, and past and spring '22. Presenters. In addition a Press Release will be submitted to the Town of Saugerties website, the Freeman, and Hudson Valley One.

Susan Davis, Membership Coordinator

**PROGRAM SUPPORT:**

I have nothing to report!  
Susan Krompier

**MEMBERS AT LARGE:**

No reports

***AD HOC COMMITTEES*****AV**

No report

Rich Davis

**CLASS MANAGERS:**

I have nothing to report...Happy Holidays to everyone.

Lee Gable

**PUBLICATIONS COORDINATOR:****February Mini-Course Catalog**

All text has been received and edited. It will be sent to Anna Landewe tomorrow, December 11<sup>th</sup>.

After Anna designs and returns to me, I will send to Proofreaders.

**The completed catalog will be sent to Laura Phillips well prior to January 7<sup>th</sup>.**

**Anna will post it online on January 8<sup>th</sup>, and it will be emailed by the powers that be on January 8<sup>th</sup>, as well.**

**Lifespring newsletter, News & Views**

The next newsletter will be published in 2022. I will begin work on it in mid-December, and it will be “published” online in February or early March. Note that I have moved the date forward so that it will span winter into spring. I have received a very nice piece by Ann Miller about being a volunteer and serving on the Task Force, which will also serve as part of a motivating piece to recruit more task force members.

More articles from Board Members would really be appreciated.

It really can be on any topic at all. **What about a paragraph from each Board member** about how you are weathering the ongoing pandemic, or how you spent your holidays this year (since the newsletter will be coming out after the holidays), or any new plans you have for spring. **One paragraph each!!!** Send articles or paragraphs to [stgreenstein1@gmail.com](mailto:stgreenstein1@gmail.com)

**Flyers**

January Flyer was completed.

**Website**

Susan D continues to coordinate with David Cartmel in keeping items posted.

Susan D and I wrote text to update the Special News section. Anna Landewe revised that section to include the new text. She also made some updates and corrections to other sections to insure that all was current and that links were live.



Susan Greenstein

***OTHER REPORTS***

Moving Forward: No report. Natalee Rosenstein