

**APPROVED AND CORRECTED MINUTES OF THE MEETING
LIFSPRING BOARD OF DIRECTORS
April 13, 2021**

PRESENT

Susan Poretz, President

Natalee Rosenstein, Vice President

Maureen Bybee, Secretary

Peg Nau, Treasurer

Laura Phillips, Registrar & Task Force for Online Learning

Diane McDowell, Member-at-Large and Co-Coordinator Curriculum Committee

Maureen Huben, Member-at-Large and Events & Services Co-Coordinator

Norm Bowie, Member-at-Large

Leslie Surprenant, Member-at-Large

Colleen Greco, Events & Services Co-Coordinator

Susan Davis, Membership Coordinator

Susan Krompiew, Program Support Coordinator

Lucy Stagich, Member-at-Large

Ann Miller, Guest

Meeting called to order by Susan P. at 9:31

A. Approval of Minutes for March 9, 2021

MOTION to approve Minutes of March 9, 2021 by Diane and second by Maureen H.

Motion carried without discussion.

B. President's Report and General Updates:

- a. Susan P and Susan D met with Saugerties Library Director Jen Russell regarding the LS donation for an assisted listening device. Susan P. consulted with the chair of the Mid-Hudson Chapter of the Hearing Loss Association regarding appropriate equipment. The equipment to be used is under discussion. A Hearing Loop is currently being investigated. This will accommodate anyone wearing a hearing aid without the need to identify themselves by wearing an additional individual device. Both Jen and Susan P are consulting with the Gardiner and New Paltz libraries which have already installed a Hearing Loop. Jen also informed Susan P and Susan D that the seat limit for the community room is actually 70 not 80 which will impact future use of the room by LS.
- b. In response to a recommendation by the CC, Susan P sent a letter requesting that the presenters for the Photojournalism class eliminate the "hard sell" promotion of their future publication. The Presenters "graciously acknowledged" Susan P's note and will tamp down the promotions. LS will send an announcement about their website where

interested LS members can obtain more information about their current and future work.

- c. Mary Porter Hall has reluctantly resigned her position on the Board and as the CC Co-Coordinator.

C. Board Reports:

D. Old Business

- a. Election Procedure Report was presented by Laura, Nominating Chair, who reminded the Board to see her attached report for details on the upcoming mailings and form design. An April 20 e-mail will notify the membership of the upcoming elections and the opportunity to nominate themselves or other members for open Board positions. Ballots will be sent around May 1 with a return date of May 10 with results announced at the Annual Meeting on May 19.
- b. Annual Meeting Planning. Colleen, Co-Coordinator of Events and Services, reported that Laura will act as Zoom Host for the meeting along with two alternate hosts. The committee expects just one rehearsal. The plan is modeled on last year's annual meeting.
 - i. 9:30 welcome by Colleen
 - ii. Fred Costello, Saugerties Town Supervisor has happily agreed happily to offer his greetings to the membership.
 - iii. Business Meeting by Susan P
 1. Summary of the year and a look ahead by Susan P
 2. Election results by Laura
 3. Thank-yous
 4. Treasurer's report by Peg
 - iv. Andy's magic show as the finale
- c. In response to a suggestion, Susan Davis agreed to welcome new members if that is not included in Susan P's review of the year. Peg asked if the updated Memorial Board could be presented by picture with a minute of silence. Without objection, this will be added to the agenda.
- d. Laura asked about the Board's preference for Zoom format of the Annual Meeting as a Webinar or a Meeting. The Meeting format allows attendees to ask questions by voice where a Webinar does not. A discussion of how questions might be asked and moderated followed. **There was a consensus to use the Zoom Meeting format**
- e. Another discussion followed of how to identify current Board Members using a screenshot of the Board.
- f. Susan P will send a note to the entire membership announcing the annual meeting.
- g. Leslie suggested that we also include recognition by screenshot of the Task Force.

- h. Laura requested authorization to upgrade our Zoom license for one month so that all can attend without a separate action to register. The Board agreed to the upgrade by consensus.
- i. Susan P requested that the Board authorize Laura to make upgrades as needed without additional Board approval.

E. New Business

- a. New Members Meeting – Susan Davis reported that we have 48 new members who will be invited to attend. Colleen will serve as Zoom host for the New Members Meeting April 27. 1st invite will go out 4/14/21 with a reminder the day before the Meeting. Natalee will be moderator for the Meeting. Susan P. suggested that we include the whole board in the invitation to the new member meeting.
- b. Susan P opened the floor for discussion of fees for the Academic Year 2021 -22.
MOTION by Natalie with second by Susan D that Lifespring institute a membership fee of \$50 for the 2021-22 academic year which begins August 1. In discussion, it was noted that this would be a reduced fee due to continued use of Zoom for classes.
MOTION APPROVED unanimously after discussion.
- c. Question from Laura about how to respond to questions from members regarding whether fall classes will be live or on Zoom. Diane responded that CC is planning for fall classes to be primarily by Zoom on Monday & Wednesday. The Committee is open to other class designs if there is an opportunity.
- d. Susan P opened a discussion of changes in enrollment over our life on Zoom. See attached Registrar's Report. Fall of 2019 approximately 35 fewer people enrolled than the previous fall. In Spring 2021, 80 fewer members enrolled in classes compared to Fall 2019. Discussion included consideration of normal attrition of 35 per year, reduced number of classes offered, Zoom only classes offered. Susan D. noted that there are 162 members in LS participating in our current spring classes, there are 242 members total and all things considered, there is nothing much we can do about enrollment numbers at the moment.
- e. Susan P expressed her continuing concern about the diminishing number of working members on the Curriculum Committee. Mary Porter Hall has reluctantly retired from her co-chair responsibilities. Diane is experiencing a sense of overload as the chair. There are more members listed than those who are actually attending meetings and working. Susan P is searching for ideas regarding recruitment specifically for the committee. Discussion followed including reports of efforts to date and ideas for continued efforts at recruitment. Susan P feels it is especially important to identify new members for the committee to widen the pool of ideas.

Including a request for some information from new members regarding their interests, strengths, talents, experience was positively viewed by several Board Members. All Board Members and attenders at this meeting are encouraged to reach out personally to any possible candidates for the CC.

- f. Susan P has met a person who could present on the topic of Restorative Justice and another person has offered to present his newly published book, "Woodstock's Infamous Murder Trial: Racial Injustice in Upstate New York." In addition, Lew Brownstein is willing to present a four week course in the fall.. After discussion, these were referred to the Curriculum Committee for follow up.
- g. Maureen H has continued gathering information about the possibility of outdoor walks with the Woodstock Conservancy this spring. Etta of the Conservancy indicates that currently they are not doing or planning any educational walks. They could do a walk w/o an educational component in May limited to 15 participants and following COVID protocol. They could not commit to an educational walk in the fall until COVID restrictions are made clear. Maureen H. is asking if she should pursue these ideas. Diane suggested and Maureen H. recommended that we wait until fall while maintaining contact with Conservancy about changing COVID restrictions. Susan D. expressed concerns about limits on numbers of participants and reminded the Board that Town insurance requirements must be considered.
- h. Susan P volunteered Lee who graciously agreed to compile a list of walking trails that could be shared with our membership. Susan D reminded us that Susan G includes a review of a "safe and easy" walk in each newsletter.
- i. **MOTION** by Maureen H with second by Colleen that Laura P as Registrar be able to upgrade the LS Zoom license as needed on an ongoing basis. **MOTION APPROVED** unanimously following brief discussion.

Susan P adjourned meeting at 11:18 a.m.

NEXT MEETING:

May 11, 2021 (by Zoom)

BOARD OF DIRECTORS**AGENDA: April 13, 2021**

A. Minutes (March 9, 2021)

B. President's Report and General Updates:

1. Updates: library re: hearing loop

C Board Reports:

NOTE: Format for the meeting will be changed. We will skip most of the Reports and focus on specific Old and New Business items.

D. Old Business

1. Election Procedure
2. Annual Meeting Planning

E. New Business

1. New Members Meeting
2. Fall, 2021 classes and fees?????
3. Issues: Membership #s and CC problems
4. An offer we can't refuse –maybe?

NEXT MEETING:

May 11, 2021 (by Zoom)

***Note:** Reports (All listed below will be handled only by special request –i.e., if there is a question about a particular report)

- a. **SEC Chair Report**
- b. **Treasurer's Report**
- c. **Report from Registrar**
- d. **Reports from Committee Coordinators**
 - Curriculum Committee
 - Events & Services Committee
 - Membership Committee
 - Program Support Committee
- e. **Reports from Ad Hoc Committee Coordinators**
 - Class Managers
 - AV
 - Publications
 - Task Force
- f. **Report from Moving Forward Committee**

REPORTS FOR APRIL 13, 2021 BOARD MEETING

(Note: Blank spaces after a committee indicates that there was no activity and thus nothing to report)

PRESIDENT:

1. Continuing to carry out what Presidents are supposed to do (oversight and nagging).
2. Follow-up: In contact with Jen Russell, the Director of the Saugerties Library re: the hearing loop.
Susan Puretz

VICE PRESIDENT:

Vice President has nothing to report; ditto for the Moving Forward Committee.
Natalee **Rosenstein**

TREASURER:

The updated Budget Worksheet is attached on the last page of these Minutes.
Peg Nau.

REGISTRAR and On-line Task Force Report:

There were 162 participants who registered for spring 2021. Of those 48 were new members and 114 were returning members.

Of the new members:

6 were from out of New York State

36 were from zip code starting 124... (Kingston, Saugerties, Hurley Woodstock area)

6 were miscellaneous – Fishkill, Hyde Park, New Paltz, Putnam Valley, Rhinebeck, Spencerport

The class enrollment was as follows:

- | | |
|----|---|
| 60 | A1 - Opera as Politics: Women on Stage and Behind the Scenes - Presenter, Chuck Mishaan |
| 14 | A2 - The Play's the Thing - Interactive Play Reading - Presenter, Prudence Garcia- Renart |
| 48 | B1 - Looking at Religion thru a Variety of Lenses - Presenter, Joey Hickock |
| 69 | B2 - Photo Talks on the History, Art, and Culture of Ulster County - Presenters, Steven Blauweiss and Karen Berelowitz (four weeks) |

- 43 C1 - Healthy You - Multi-presenter
- 31 C2 - Shakespeare: Twelfth Night – Sweetness After All - Presenter, Rosemary Deen
- 64 D1 - The Natural World and How We Relate: Birds, Bees, Backyard Bullies & 4-Legged Friends - Multi-Presenter (four weeks)
- 42 D2 - Gentle Chair Yoga for Body, Mind and Spirit - Presenter, Susan Blacker

136 individuals participated in at least one class on Mondays (65 participated in 2 classes that day)

126 individuals participated in at least one class on Wednesday (61 participated in 2 classes that day)

101 individuals participated in at least one class on both Monday and Wednesday (39 participated in 4 classes total)

The breakdown of registrants per class time slot was

Period A 9:30 Monday 79

Period B 11:30 Monday 122

Period C 9:30 Wednesday 77

Period D 11:30 Wednesday 110

Laura Phillips,

Registrar

STANDING COMMITTEES

CURRICULUM:

The list of possible courses for Fall 2021 is as follows:

- Chuck Mishaan - "Roaring 20's and the Arts" (SG)
- Irene Hurst - "Our Women on the Ground" (SP) LIMITED CLASS SIZE
- Michael Simpler - "America's New Global Reality" (SP); prefers late morning
- Nathan Brenowitz - "Baseball" (NR)
- Mary Nevins - "Six Significant Moments in Herstory" (DM) LIMITED CLASS SIZE
- Ed Erde - "Philosophy as a Kaleidoscope" (SP) LIMITED CLASS SIZE

- "Sustainability" - Jack Luskin & Leslie Surprenant; Coordinator needed
- "Elder Law" - Coordinator needed

Time line: The catalog should go out August 1; the catalog group needs the input by mid-June; the CC deadline for finalization of courses is June 1.

In the Spring 2021 course "Photo Talks on the History, Art and Culture of Ulster County" with Stephen Blauweiss, there is some concern over the amount of promotion being for his book, especially the solicitation of donors. The consensus at the CC was that a friendly note would be sent to him asking that he tone down the book promotion, and eliminate presenting the donor letter. His web site will be included in the Zoom reminder so that members can obtain information about the book, including sponsorship, on their own if they are interested.

Diane McDowell, cc Coordinator

EVENTS and SERVICES:

Part One:

I am in the process of speaking with Woodstock Land Conservancy regarding a nature walk. The person I originally spoke with is on maternity leave. I have contacted the person filling in for her. I will have more info by the time the meeting rolls around and will share it with you at that time.

Maureen H.

Part Two:

1. I will be contacting Andy to set up a Zoom planning meeting during the week of April 12.
2. The next event is the Annual Meeting.

The time, agenda, and entertainment have to be set up for May 19. I will be consulting with Maureen, Susan P., and the Task Force to set up a Zoom planning meeting.

Colleen —Events

MEMBERSHIP:

Report from the Membership Committee:

Lifespring is pleased to welcome 48 new members. This brings our total membership to 242. Our clever registrar has determined that 42 of the new members are from places with zip codes that indicate they are from our normal "catchment" area. Because new

members were not asked to pay a registration fee for the spring semester and people who were members in 2019-2020 were allowed to continue as members for 2020-2021, also at no fee, the total membership number, while accurate, may be somewhat inflated. This number does not include a normal attrition which, in a typical year may be 30 or so members. However, it is wonderful to have so many new members and I hope we can all do our best to make them feel welcome and included in the Lifespring community. Shortly after the registration period closed, I sent a special welcome letter/email to each of the new members. In addition, we have scheduled a "Welcome/Getting to Know Lifespring" meeting for all new members who wish to attend. It will be held on Tuesday, April 27th at 10 am. Colleen Greco will be our Zoom host and Natalee Rosenstein will lead the meeting. Several others will attend to talk briefly about their particular function and to assist in answering any questions. Class managers will be asked to announce the meeting in the classes on April 19, 21 and 26. Each new members will also receive an invitation letter and a follow-up reminder.

I'd like to thank Hudson Valley One who published our press release regarding membership in Lifespring in their physical paper and online and also Mike Campbell who posted the notice in 4 places including the Town of Saugerties website.

Susan Davis, Membership Coordinator

PROGRAM SUPPORT:

Nothing going on! Just wishing for it to start up in the fall!!!

Susan Kromprier

MEMBERS AT LARGE:

No report

AD HOC COMMITTEES

AV:

Nothing to report from the AV team.

Rich Davis

CLASS MANAGERS:

Lifespring reinstated the class manager position for each class, this semester, on zoom. The class manager's role is primarily to support the host and co-host. The class manager is responsible for welcoming the class and also giving Lifespring announcements throughout the semester. In addition, the class manager admits the members to the class. The Taskforce trained them.

I was able to find very willing volunteers, including one person who had never volunteered before.

Respectfully submitted,
Lee Gable

PUBLICATIONS COORDINATOR:

Lifespring newsletter, *News & Views*

I am working on the spring newsletter to be put online late April.

Spring Catalog

Completed

Flyers

No flyers are in the works at this time.

Website

The website was updated for the Special News section; Anna made the changes; and it remains current thanks to Susan D working with David Cartmell.



Happy Spring!

OTHER REPORTS

SEC (SENIOR EDUCATION COMMITTEE)

No additional report
Susan Davis, Chair

ON-LINE TASKFORCE REPORT FOR LIFSPRING BOARD MEETING

SEE PAGE 1 Registrar's report

MOVING FORWARD Committee:

No report

Natalee Rosenstein

ELECTION REPORT FROM THE REGISTRAR/NOMINATING COMMITTEE**Relevant Previous information from the report to the Lifespring Board meeting for March 9, 2021**

We plan to send an email to members notifying them that they are allowed to nominate another member (or themselves) whose name will appear on the final ballot in addition to the approved slate of candidates. Included in the email will be a description of the duties of the officers' and member-at-large positions, and the names of our approved slate of nominees.

We recommend that the Board authorize an email ballot to be sent to members via a Google form prior to the Annual Meeting with the results to be reported at the Annual Meeting. We would ask each nominee for a photo and biographical info to appear on the ballot.

NEW Election Information FOR THE Board Meeting of April 13, 2021

The email notice from the nominating committee is ready to go out – We would like it to go out right after the notice of the annual meeting.

 April 20, 2021

Dear Lifespring Member:

Spring is in full swing and it is time for our Annual elections! In order to guarantee the continued smooth operation of Lifespring during this difficult and complicated period, the Board has decided to proceed with our annual election using an on-line format again this year. There are four seats on the Board of Directors that need to be filled: Vice President, Treasurer, and two Members-at-Large. The term of office for these positions runs from August 1, 2021 until July 31, 2023. The Board meets monthly. Other meetings are scheduled as needed. The procedure for voting will not be difficult and will be explained in the Google Form ballot that will be sent to you via email at the beginning of May. The results of the election will be announced at our Annual Meeting on May 19th, which will be held via Zoom. We hope you will plan to attend.

Here are the positions that are open with a brief explanation taken from the Lifespring Bylaws:

- Vice President: The Vice President shall perform the President's duties in case of absence, and carry out other duties as delegated by the President.
- Treasurer: The Treasurer shall develop the annual budget and present it for approval to the Board. Additionally, the Treasurer will: monitor finances; arrange for collection of all monies and payment of expenses; report on the financial standing of the organization at each Board meeting; interface with the Town on financial matters; and present for approval a financial report and budget at the annual membership meeting.
- Two Member-at-Large positions: Members-At-Large shall represent membership interests to the Board as well as coordinate ad hoc committees when asked by the President, and shall assist on other committees and projects. A member of the Board "at large" has no specific duties unless assigned by the President, but has the same rights and responsibilities as other board members. Members-At-Large may have various responsibilities and projects - short or long-term - during their elected two-year term.

Below is the slate of nominees that has been approved by the Board for these positions. Their photos and a short biography will be included in the ballot.

Vice President: Natalee Rosenstein

Treasurer: Peg Nau

Member-at-Large: Lucy Stagich

Member-at-Large: Anne Miller

You are welcome to submit other names to be placed in nomination, including your own, for any of these positions. You may send your nomination to us at Lifespring.saug@gmail.com. Any names we receive will also appear on the ballot and any candidate nominated is invited to submit a photo and brief biography for the ballot, by the deadline (4/28), if they wish. If you are nominating someone other than yourself, please be certain that you have spoken to that person and they have agreed to run for election and would be willing to serve. The deadline for submitting nominations and supporting material is April 28, 2021.

Your ballot will arrive on or about May 1, 2021. Please be certain to vote so that our organization can continue to function at a high level. The deadline for submitting your ballot is May 10th. If you have any questions, please let us know.

Regards,

The Nominating and Elections Committee

Laura Phillips, Chair

Lifespring Member Ballot

Annual Elections 2021 - Board of Directors

Hello Fellow Lifespring Members,

Here's your ballot! Please scroll down, review the information about the candidates, and vote for a Vice President, Treasurer, and two Members-at-Large to fill positions on the Lifespring Board. Please submit your ballot by May 10th. The results of the election will be announced at the Annual Meeting on Wednesday, May 19th.

Thank you for your participation!

ALL RESPONSES ARE ANONYMOUS.

Today's Date MM/DD/2021 (Please submit ballot by May 10, 2021) *

Your answer

Biographical Sketches of Candidates

NATALEE ROSENTEIN - Vice-President

I have been a Lifespring member since 2015 when I retired from a 35 year career in book publishing. I joined the Curriculum Committee in 2016 and continue to serve on that committee. I became a member of the Board of Directors as a Member-at-Large in 2017 and was elected as Vice President in 2019. In this capacity I chair several ad Hoc committees of the Board including the Moving Forward Committee which considers longer term strategic issues facing Lifespring.

PEG NAU - Treasurer

I have been a member of Lifespring since 2016. I retired from the Saugerties Tax Office in July of 2012 after serving for 25 years as Receiver of Taxes for the Town of Saugerties. I have been a Presenter at Lifespring, demonstrating Decorative Painting which I taught at UCCC and Michael's Craft Store. I am currently serving on the Saugerties Town Board as an appointed member. I have served as Lifespring Treasurer since 2016.

ANNE MILLER - Member-at-Large

A former weekender from the city, my husband and I became permanent residents in Hurley about five years ago (and have never looked back!). I joined Lifespring a year ago this past September. As a professional sales and presentation consultant, I volunteered to be on the Taskforce team to coach presenters who wanted assistance with their lectures and visuals, and I was also a Class Manager. Those experiences turned out to be very rewarding and led me to wonderful new Lifespring

friends. Flattered when asked to consider being a Member-at-Large, I look forward to continuing to be of service to Lifespring and to getting to know even more members.

LUCY STAGICH - Member-at-Large

I graduated from the University at New Paltz with a Bachelors and Masters Degrees in Early Childhood Education teaching in the Saugerties Central School District for 28 years.

Member of Lifespring since it inception serving as a Class Manager and also serving on the Events Committee and serving as a s Member-at-Large

Member of Lion's Club serving as Vice President

Certified vision screening tester, testing eyes of Head Start students, pre-schoolers and Kindergarteners

Member of the Girls' Community Club

Member of SSREA (Saugerties School Retired Employees Association) serving as its president

Member of the AAUW

Click on NEXT to proceed to the ballot

[Next](#)

Lifespring Member Ballot

Official Ballot

All terms run from August 1, 2021 through July 31, 2023.

Please be sure to click on SUBMIT to cast your vote

Vice-President - 2 year term. Vote for one. You may write in another member's name by checking "Other" and entering your write-in vote on the adjacent line.



Natalee Rosenstein - Vice-President

Other:

Treasurer - 2 year term. Vote for one. You may write in another member's name by checking "Other" and entering your write-in vote on the adjacent line.



Peg Nau – Treasurer

Other:

Members at Large - 2 year term. Vote for TWO. You may write in other members' names by checking "Other" and entering your write-in votes on the adjacent line.



Anne Miller



Lucy Stagich

Other:

Laura Phillips,
Registrar

