

**APPROVED MINUTES OF THE MEETING
LIFESPING BOARD OF DIRECTORS
March 9, 2021**

PRESENT

Susan Puretz, President
Natalee Rosenstein, Vice President
Maureen Bybee, Secretary
Peg Nau, Treasurer
Laura Phillips, Registrar & Task Force for Online Learning
Diane McDowell, Member at Large and Co-Coordinator Curriculum
Maureen Huben, Member at Large and Events & Services Co-Coordinator
Norm Bowie, Member at Large
Colleen Greco, Events & Services Co-Coordinator
Susan Davis, Membership Coordinator
Susan Krompiew, Program Support Coordinator
Rich Davis, AV Coordinator

The Meeting was called to order at 9:34 a.m. by Susan Puretz, President.

Susan P requested a motion to approve the February 9, 2021 minutes.

MOTION TO APPROVE by Norm with second by Maureen H.

APPROVED UNANIMOUSLY without discussion.

A. PRESIDENT'S REPORT AND UPDATES

Susan P deferred her updates to be included as part of the discussion of the fall 2021 semester later in the meeting.

B. REPORTS TO THE BOARD

a. No questions were raised regarding the submitted reports.

C. OLD BUSINESS

a. Regional LLI update by Susan P. who reported that most LLI's are in a similar state of limbo to Lifespring regarding the state of fall courses.

D. NEW BUSINESS

a. Nominating Committee's report (see below)

MOTION by Laura with second by Diane that the Lifespring Board approve the following slate of nominees for terms commencing August 1, 2021, and ending July 31, 2023 .

Vice President Natalee Rosenstein
Treasurer Peg Nau
Member-at-large Lucy Stagich
Member-at-large Anne Miller

UNANIMOUSLY APPROVED after brief discussion.

b. Ballot logistics

MOTION by Laura with second by Colleen that the election of members of the Lifespring Board of Directors be conducted via electronic ballot prior to the Lifespring 2021 Annual Meeting and that the results of the election be announced at the Annual Meeting to be held on-line on May 19, 2021.

Discussion Laura noted that participation in voting electronically was higher last year than in previous live elections at the Annual Meeting. There will be space on each ballot line for write nominations.

Susan D noted and Laura confirmed that an e-mail announcing the slate of nominees with the opportunity to propose additional nominees will be sent to the entire membership prior to the actual ballot. The ballot will include a photo and brief statement by each nominee.

- c. Ad Hoc Planning Committee Report provided by Susan D. After thoughtful discussion at their meeting, the Committee proposes first an e-mail appeal only to current members seeking volunteers for the Curriculum Committee and the class manager function and second, a meeting on April 27, 2021 to focus on introducing new and potential members to our overall purpose and philosophy as well as how we function as an organization including our reliance on volunteers. The Committee will meet again to finalize the agenda for this meeting.

d. Fall, 2021 classes

Susan P learned in a letter from Andrew Maayan at the WJC “that it would be worthwhile for LS to come to some decisions about how they would proceed if allowed to open and here is a link to current NYS guidelines that would need to be followed...is LS prepared to 1. Mandate masks, and conduct daily temperature checks, 2. Limit class sizes to maintain 6 foot distances, 3. Eliminate food, and 4. Cover the cost of professional cleaning and sanitation after each usage of the building... I would insist as much as is legally possible that proof of vaccination be required in order to enter our building.” Susan responded to Andrew that we would in all likelihood be prepared to mandate masks, eliminate food and maintain social distancing, but not conduct temperature screenings and that we need additional information about the costs of professional cleaning service in order to respond further. The WJC has constituted a reopening task force which has not yet formulated any policy. Andrew promises to keep LS informed of any decisions reached by the taskforce and the WJC governing board.

Discussion followed and included

- reference to responses to the Registrar's Questionnaire (see report),
- newest CDC recommendations for those who are fully vaccinated,
- Norm's strong recommendation that LS should plan to be meeting primarily in person with a few online classes for the fall since the rest of the world is likely to be meeting in person
- that meeting many of the suggested WJC requirements would be impossible for us,
- that without food "it is not Lifespring",
- the need for a decision so that the CC can move forward,
- that it is easier to add in person classes than Zoom classes,
- the difficulty in making a decision as the facts change rapidly,
- the need for members to also have certainty,
- the WJC decision is out of our hands,
- holding virtual classes on one day and holding Wednesday free for possible in person classes,
- hybrid classes such as a combined in person and zoom tour,
- the online taskforce can handle no more than 8 classes no matter how they are structured
- is it cost effective to hold in person classes?
- use only the large spaces at the WJC to effect social distancing
- the cost of professional cleaning services

MOTION by Laura with second by Colleen that Lifespring conduct eight (8) on-line classes during the Fall 2021 six week semester, to be divided equally between Mondays and Wednesdays.

Discussion continued including these highlights.

- Lifespring will not survive if it does not go live and planning for live fall is almost impossible
- Must be live by spring semester
- No LLI has made the decision to meet fully in person in the fall
- Three days of classes is too many whether live or by zoom or in combination
- Suggestion that the CC fully prepare 4 zoom classes for Mondays and explore possible 4 live courses for Wednesdays. This might mean that we only offer 4 total classes in the fall.
- Offering only four classes means that all must be large with no small group offerings.
- Our membership with only zoom classes has been growing.

- We can accommodate the need for live interaction could be met with non-class events.
 - Responses to one survey question indicated that only 8% of respondents would not enroll in any zoom classes even if there were no other offerings.
 - It is likely that our arrangement with WJC will need to be renegotiated to meet the circumstances extant in the fall and this will also influence the membership fee.
 - There is no right decision.
- e. Natalie called the question.
- MOTION carried 11 to 1.**
- f. Susan P addressed the growing burden on and difficulties facing the Curriculum Committee with a call for Board Members who are able to work with the CC. Susan P has invited Lucy to join the CC and she has accepted. Susan K. volunteered and was welcomed to the CC. Susan P. asked that if we as Board Members could volunteer to help or join the CC it would be of special importance at this time. Natalee added that if we know any LS members who would be an asset to the CC that we approach those members to volunteer. The CC will be sending an appeal letter to all members tomorrow which invites any interested members to attend an open CC meeting.
- g. **MOTION TO ADJOURN** by Susan P with a second by Norm.
MOTION APPROVED unanimously.

NEXT MEETING:

April 13, 2021 (by Zoom)

BOARD OF DIRECTORS**AGENDA: March 9, 2021**

A. Minutes (February 9, 2021)

B. President's Report and General Updates:

1. Updates

C Board Reports:

NOTE: Format for the meeting will be changed. We will skip most of the Reports and focus on specific Old and New Business items.

D. Old Business

1. Regional LLI update ----

E. New Business

1. Nominating Committee's report
2. Ballot logistics
3. Ad Hoc Planning Committee Report
4. Fall, 2021 classes -- decisions?????
 - a. **Questionnaire Summary Discussion**

NEXT MEETING:

April 13, 2021 (by Zoom)

***Note:** Reports (All listed below will be handled only by special request –i.e., if there is a question about a particular report)

- a. **SEC Chair Report**
- b. **Treasurer's Report**
- c. **Report from Registrar**
- d.. **Reports from Committee Coordinators**
 - Curriculum Committee
 - Events & Services Committee
 - Membership Committee
 - Program Support Committee
- e. **Reports from Ad Hoc Committee Coordinators**
 - Class Managers
 - AV
 - Publications
 - Task Force
- f. **Report from Moving Forward Committee**

REPORTS TO THE BOARD MARCH 9, 2021

(Note: Blank spaces after a committee indicates that there was no activity and thus nothing to report)

PRESIDENT:

1. Carrying out what Presidents are supposed to do (oversight and nagging).
2. Follow-up: the 1000 dollars that we gave the Town on April 22, 2020 to be earmarked for the planned archival room is still unused and in Limbo in the Town's accounts.
3. I am still in the process of following up on the hearing loops –how much more mileage can I get on this one??
Susan Puretz

VICE PRESIDENT:

See report under Ad Hoc Planning Committee
Natalee Rosenstein

TREASURER:

The updated Budget Worksheet is attached on the last page of these reports.
Peg Nau

REGISTRAR and On-line Task Force Report

There were 113 participants registered for the March 3, 2021 Winter Presentation on the D&H Canal with Bill Merchant. Of that number, 75 are members, 38 were from the Interest List or guests of members. An additional 17 said they would be viewing with another member or guest. The actual attendance was 85 or about 75%.

Because the presentation might possibly surpass the 100 maximum for our Zoom license, I purchased an add-on for \$50. I have also converted one of our unpaid licenses to a paid PRO account in preparation for the Spring semester and planning. (Now a total of 5).

The Musician Within Zoom event on Feb 24 had 24 sign-ups, with 12 attending. Nathan Brenowitz explained theories of rhythm and music and played some of his musical instruments. A few participants also unmuted their mics and played one by one.

The results of the February Member Survey follow this report.

I was very encouraged by the large number of people who responded.

Laura Phillips,

Registrar

Results and Comments from member questionnaire February, 2021

119 replies out of 193 members with email – about 62% response rate.

Please note that percentages on each questions do not add up to 100% because multiple answers were accepted. Percentage is always based on the total who answered the question, not total respondents.

1. How would you describe your participation in Lifespring online classes and presentations: Check all that apply. *

- **67%** I participated in one or more Winter Presentations and at least one course in both the Fall and February semester.
- **5%** I enrolled in one or more of the Winter Presentations, but not a six-week semester of classes because I do not want to commit to attending a class for six weeks.
- **7%** I attended Fall or February Classes but no Winter Presentations.
- **6%** I attended only one six-week class per semester because I do not want to spend too much time sitting at a computer.
- **3%** I attended either a Winter Presentation or a Lifespring Fall class, but did not enroll in a February Mini-Course because I find the technology too difficult.
- **4%** I only joined a limited number of classes because I did not find topics in which I was interested.
- **5%** I did not enroll in anything because I have tried online classes and do not enjoy them.
- **5%** I did not participate at all because I did not feel I could learn how to use Zoom.
- **4%** I did not participate online because I do not have regular access to a computer or reliable internet.
- **NOTE that 14% (17 people) did not attend any courses or presentations for the last three reasons.**

Comments

I was ill for the past year and was not able to participate

I wasn't interested in the topics

Schedule was not convenient

See my note below

unfortunatly an illness & surgery in the family prevented me from participating.

I plan on attending the March winter presentation

I have so many zoom presentations which i am I am interested in that i just cannot ke ep up with it all

It did not work for me

Found interesting classes and wanted to attend but life kept getting in the way.

I did not enroll in any fall classes for personal reasons. I was able to attend one winter presentation and the Feb mini sessions

I had too many medical appointments but would have loved to join you.

I attended Fall or February Classes but no Winter Presentations.

I participated in two courses in the Fall and Feb. semesters

2. Your relationship with Zoom: Check all that apply. *

- **25%** I have my own personal Zoom account and use it to meet with others.
- **57%** I am comfortable using Zoom technology and controls such as CHAT and RENAMING yourself.
- **25%** I am always able to join a Zoom meeting without difficulty, but would like more information about viewing options and controls.
- **14%** I am able to "get by" using Zoom but sometimes have difficulty with my sound, video, or other Zoom controls.
- **8%** I have never used Zoom.
- **6%** I have used Zoom but do not think any class on Zoom is satisfactory.
- **Note – I am not sure that everyone understands the term “Zoom account**

Comments:

I have a group ,meeting which meets every wednesday at 11::00

My spouse has a zoom account and we use it to meet with others.

I can't use Zoom

I don't care for Zoom

3. Please indicate your satisfaction with the Lifespring Winter Presentations you attended, using a pp if it does not apply to you

7% 6 or below

2% 7

15% 8

14% 9

63% 10

Comments about Winter Presentations

Professionalism prevails
All presentations have been interesting and worthwhile.
BOTH SESSIONS WERE VERY GOOD.
Conversation and sharing ideas is among the pleasures of Lifespring. The questions and answer format on Zoom does not satisfy the desire to share.
Enjoyable.
Enjoyed the courses. Really well !
Enjoyed the courses. Really well !
Excellent presentations, but would have appreciated an outline to use and take notes during presentaiton
Good narrative and photos
I am biased becuse I really believe that Lifespring is outstanding. The board has an exemplory job during Covid!
I enjoyed arm chair traveler seeing places I probably will never see on my own. It was especially lovely and fun seeing members of Lifespring having the wonderful experience of these places.
I enjoyed arm chair traveler seeing places I probably will never see on my own. It was especially lovely and fun seeing members of Lifespring having the wonderful experience of these places.
I enjoyed them all, but some were better than others, which had to do with the topic. Overall they are an excellent feature of Lifespring.
I find that there is so much on my agenda at home that I don't have the time;think of it/ to go online for a course even though a subject interests me. For me, being in a physical classroom works best bc I'm in another environment.
I found the courses and presenter to be interesting and engaging.
I thoroughly enjoyed the January presentation
If ordered 2 classes, second class I'm getting tired sitting at computer. Sorry!

I'm not good at computer
Informative and interesting.
Instructors were very well prepared!
Interesting and fun!
It is not like being in a live class. Slide shows aren't as satisfying as a real class.
It's easier at home to be distracted when a presentation goes a little slow.
one or more classes was not perfect
Presentations were professional, well , and interesting topics.
PRESENTER WAS EXCELLENT
Presenters were both excellent. I found the presentation on the 20's more difficult to follow on Zoom. Know I would give it a 10 if it occurred in person!
So grateful for the presenters, their expertise and their interesting topics. My participation has been a real boost to my frame of mind in these difficult times.
sometimes unstable internet connection -- not your fault
Speaker tried to include too much material
The diversity of the subject matter and the presenters skill and knowledge in sharing that information are the key factors in my satisfaction rating.
The information is excellent i just hate virtual classes.
The presentations were very informative and very well
The Roaring 20s presentation by Chuck Missham was fabulous.
They are well- presented, interesting,and informative.Would listen to Chuck Mishaan anytime!
They were interesting, well prepared and very enjoyable
topics are always interesting and presenters are very knowledgeable
Topics were interesting and presenters did an awesome job putting it all together. My personal favorite was the photojournalism class. Excelient and would love to see a continuation.

Very interesting classes with good instructors.

Wonderful instructors, who seemed comfortable giving lectures on zoom

4. Please indicate your satisfaction with the Lifespring six-week fall courses you attended, using a scale of 1 to 10, with 1 being the lowest rating and 10 being the highest rating. This is not a comparison to "live" classes. Skip this question if it does not apply to you.

3% 6 or below

5% 7

15% 8

15% 9

62% 10

Fall 2020 Course Comments

Can't remember it! Sorry....

Could not attend as many as I wanted to.
--

Fascinating, informative, and very well presented

Good choices offered. Thoroughly enjoyable
--

Hard to remember!

I enjoyed the presentations and also found some reassuring sense of restored community by seeing so many familiar faces of other Lifespring members in the thumbnails along my computer screen. Also, the presence of the taskforce facilitators' who were coordinating each meeting--people like the encouraging and competent Laura Phillips--made me feel that I could get help if the technology gave me trouble. So I relaxed and could focus on the presentation.

I found the Medicaid advocacy classes extremely informative and well presented.

I just did not find one of the classes as particularly interesting. the other class was terrific save for some technical problems (being unable to read more than one line of the subscript)
--

I loved the opera as politics course among others. It was fascinating, Chuck is so interesting, and there was so much knowledge and information that I didn't know. In addition, it was very entertaining.

I also loved the book talks and the interaction in the class. Hi

I loved the opera as politics course among others. It was fascinating, Chuck is so interesting, and there was so much knowledge and information that I didn't know. In addition, it was very entertaining.

I also loved the book talks and the interaction in the class. Hi

I prefer more interactive classes. I did find the class content somewhat engaging.

I think there are some classes that are more suited to Zoom than others. For instance, the Opera class was excellent for this type of technology.

I think there are some classes that are more suited to Zoom than others. For instance, the Opera class was excellent for this type of technology.

I think there are some classes that are more suited to Zoom than others. For instance, the Opera class was excellent for this type of technology.

I think there are some classes that are more suited to Zoom than others. For instance, the Opera class was excellent for this type of technology.

I took two courses: one was excellent, the other was medium. The medium rating might have been higher for an in person course, but it was on zoom instead.

If these had been in person classes I would have given a 9 or 10.

Instructor was professional, engaging and the visuals were excellent.

It would be much better to let people ask questions rather than typing them in the chat.

Leslie is great instructor

One course was an 8 and was course was a 6

Professionally presented/ extensive information

The courses were entertaining and informative.

The diversity of the subject matter and the presenters skill and knowledge in sharing that information are the key factors in my satisfaction rating. My only reason for a 9 (versus 10) is that very infrequently over the many years I have participated in LifeSpring a particular class just didn't suit me. Having said that, I always learn something new in each class I've attended!

The Opera as Politics Class with Chuck was well organized and very interesting. Great!!
The presentations were excellent. The teachers were able to utilize materials well on zoom!
The presentations were excellent. The teachers were able to utilize materials well on zoom!
This is an average rating
Was happy with first one but second one I choose, I was already familiar with from work....
Well !

5. Looking ahead to the fall 2021 semester: Check all that apply. *

- **64%** I would consider enrolling in both online and OUTDOOR in-person classes, depending on what is offered.
- **43%** I would consider enrolling in both online and INSIDE in-person classes, depending on what is offered.
- **18%** I prefer only online classes (due to difficulties with travelling, and/or ease of viewing, and/or concerns about COVID-19).
- **8%** I would NOT consider enrolling in any online class, even if there were no other offerings.
- **54%** If I have received the COVID-19 Vaccine, I would feel safe returning to INDOOR in-person activities or classes with safe distancing protocols.
- **51%** If I have received the COVID-19 Vaccine, I would feel safe returning to OUTDOOR activities or OUTDOOR classes with safe distancing protocols.
- **21%** I do not feel that it will be safe for me to return to any type of in-person classes, because it is too soon to tell if the pandemic has been eliminated.
- **1%** I am unable or have chosen not to be vaccinated. (1 person)

Circumstances under which you might return to in-person classes at the WJC.

I have a medical condition that precludes vaccination at this time..if that changes and I can have the vaccination, my responses would change. TBD

Until we see, in the next few months, whether the current resurgence of Far-Right groups continues--and given past warnings--I don't feel completely comfortable attending gatherings at WJC. We might still attend,, given our good feelings for both Lifespring and the WJC, but I would still feel uneasy.

I would be open to in-person classes when we have much greater deployment of the vaccine, and when scientists understand the effectiveness (or not) of the current vaccines on new strains.

If I am vaccinated, and it is safe to return, I would consider indoor classes.

I am in process of getting vaccine. I think in-person would be wonderful!

It's really too early to decide. The Covid situation is in such flux

It totally depends on the covid situation before I can know whether or not I'd be comfortable indoors.

Covid 19 and it's variants under control and vaccine protected

After being vaccinated and with recommended precautions

if things got back to normal

I love in person as applied to on line, I like to interact with people in person

Would consider outdoor classes at this time, weather permitting.

Perhaps in the fall if I've had the vaccine

Hoping...but have no vax yet

I am in process of getting vaccine. I think in-person would be wonderful!

6. What types of classes do you enjoy (either on Zoom or in-person):

- **64%** I enjoy large classes with media presentations either in-person or online.
- **17%** I prefer a class that does NOT focus on the visual or sound aspects of the topic, e.g., pictures may be shown to illustrate a point, but are not the focus of the presentation.
- **51%** I prefer a traditional lecture class presented by an expert on the topic.
- **36%** I prefer a class in which it is possible to raise my hand and have the presenter answer me directly.
- **43%** I prefer a class where there is a lot of participant discussion led by the presenter.
- **22%** I prefer an action class where there is less talking and more action - dancing, meditation, art-making.
- **27%** I prefer a small interactive class to a large lecture class or presentation.
- **36%** I prefer the opportunity to sign up for an interactive class even though a lottery may be necessary and I might not get in.

Comments

Any of the options offered is acceptable depending upon subjects/topics

I enjoy all class options I don't "prefer" one or the other.

I checked multiple, seemingly contradictory, types of classes. My rationale is that sometimes the subject matter dictates the best structure for the class.

I don't "prefer" one or the other. I find any format acceptable if taught by a knowledgeable person and I am interested in the subject

If the class is a book discussion, I prefer a small group with participant discussion led by the presenter.

The topic is what drives my interest 100%. I'm most interested in classes or presentations focused on literature or history.

7. What topics are you most likely to choose for either an online or in-person class:

- **69%** History of the arts, theater, music, painting
- **29%** Hands-on art: drawing, photography, play-reading, music
- **49%** Literature or book discussion
- **56%** Natural Sciences - ecology, biology, geology
- **23%** Applied Math and Sciences: explanation of the material world, architecture, computers
- **46%** Health and medicine
- **56%** Journalism and current events topics
- **68%** History, local
- **68%** History of an era or event , e.g., the Civil War, Rise of Manufacturing in the US, Black History
- **51%** Study of Religions
- **45%** Philosophy and Ethics
- **24%** Active movement: hiking, dancing
- **44%** Gentle movement: yoga, exercise, Tai Chi, Qigong
- **41%** Travelogues

Other Comments:

Story telling

This survey covers it all, I think.

I have been taking iPhone and iPad classes with John Downey on Zoom through the senior learning center. Very helpful.

Knowledgeable presenters discuss the works of classics or other interesting literature or historic material.

Environment, impact of climate change on wildlife, growing of food, etc

OTHER COMMENTS AT END OF SURVEY:

A major deterrent for me is that I have to pay for two semesters when I only know the offerings for one semester. If anything can be about this it would prevent me from dropping out completely.

Although I was a little doubtful about the effectiveness of online classes, it was wonderful to find that my Lifespring classes were quite enjoyable--besides being convenient. I'm "attending" lectures of another group that's also gone online and, there too, "it works!"

Bring back Michael Simpler and Lew Brownstein if they've got something new to offer!

CONGRATULATIONS TO ALL, ESP. CURRICULUM COMM. LIFESPRING IS TERRIFIC. KEEP UP THE GOOD WORK. MATT OSTOYICH

Courses where the instructors have actually participated in the subject matter seem most successful/interesting. Courses where subject can be linked to current events! All in all, your subject selection team has a great job!

Gardening

Good ??s...thank u for ur efforts

I always wanted to learn Italian and never got around to it. That might be a fun course to take
 . A class on films from different eras Might be an interesting topic to explore as well.

I always wanted to learn Italian and never got around to it. That might be a fun course to take
 . A class on films from different eras Might be an interesting topic to explore as well.

I applaud your efforts during this challenging year.

I enjoy multi-presenter classes because each week brings a new perspective and presenter

I have so enjoyed presentations on topics that I would never have come up with on my own. Things that might not have occurred to me have been so enjoyable and informative. I am delight to with the invitation to be open and learn new things.

If a Zoom event - a one-time, maybe lunch time - feature something from your home of interest - sort of a show and tell. E.g. piece of art, artifact, old contraption, etc. Invite everyone to participate.

I'm very grateful that the organizers/curriculum committee have put so much work into creating a viable on-line program that was engaging, varied in type, accessible.
KUDOS!

It is important to use Zoom for social interaction between participants before, during and after a class. Participants need to be engaged in active learning. Class members should be able to ask a question directly rather than write it in the chat. Zoom classes should include discussions. Art classes can be conducted on Zoom. So can movement and exercise classes.

Love the idea of outside classes, though I see the limitations.

My deep thanks to ALL of the LifeSpring volunteers from Curriculum, to Hospitality, to Newsletter, to AV, to support staff, your efforts across have enriched my life greatly !
Thank-you.

Thank you for the great work you are doing during these challenging times.

The word "prefer" made the questionnaire difficult for me as I enjoy many of the choices given. To me, 'prefer' eliminated all but one. Perhaps something like 'enjoy' could be used?

There won't be a spring semester this year?

Usually there are more than one class per section of interest. Have you ever thought of repeating classes that are "over-subscribed?"

Would like a small class on all aspects of aging given by mental health professional .

You do an amazing job and I thank you for your efforts.

Love the idea of outside classes, though I see the limitations.

Bring back Michael Simpler and Lew Brownstein if they've got something new to offer!
congratulations to all, esp. curriculum comm. lifespring is terrific. keep up the good work.

Good ??s...thank u for ur efforts

A major deterrent for me is that I have to pay for two semesters when I only know the offerings for one semester. If anything can be about this it would prevent me from dropping out completely.

There won't be a spring semester this year?

STANDING COMMITTEE REPORTS

CURRICULUM:

An appeal for new members for the Curriculum Committee will be sent out in an email to members on March 10. Interested members will be invited to attend the March 16 meeting of the committee.

SPRING 2021 SEMESTER - starting April 5

Mondays

9:30 a.m.

Opera as Politics: Women On Stage and Behind the Scenes with Chuck Mishaan

The Play's the Thing with Prudence Garcia-Renart

11:30 a.m.

Religion with Joey Hickok

Photo Talks on the History, Art and Culture of Ulster County with Stephen Blauweiss

Wednesdays

9:30 a.m.

Healthy You with multi-presenters

Shakespeare Twelfth Night with Rosemary Dean

11:30 a.m.

-- open slot --

Gentle Chair Yoga for Body, Mind and Spirit with Susan Blacker

All eight courses for the Spring had been lined up, but one presenter dropped out at the last minute due to "personal issues". The committee is working on coming up with a replacement for this course in the Wednesday 11:30 slot.

Catalog course descriptions were sent out to each presenter for final review, and the catalog is nearing completion. The goal is to send the completed Spring catalog out to the Lifespring community via email mid March.

FALL 2021 SEMESTER

Currently there are 3 courses lined up for the Fall semester. They are:

Chuck Mishaan - "Roaring 20's and the Arts" (a continuation from the February mini-series)

Irene Hurst - "Our Women on the Ground"

Michael Simpler - "America's New Global Reality"

Other possibilities for the Fall were discussed. A decision on the format of the courses (Zoom, in-person or both) is needed.

Diane McDowell, cc Coordinator

EVENTS and SERVICES:

Part One:

Coffee with Lifespring scheduled for Monday, March 8. Update will be given to the Board on March 9. I will contact Ellie Reese (Woodstock Land Conservancy) in mid-April to further plan for a nature walk in the May time frame. I would like to do this prior to the Annual Meeting on May 19.

Maureen H.

Part Two:

On February 24, from 11:00 to 12:30, Nathan Brenowitz offered the presentation, "The Musician Within" to 12 members. (21 had signed up.) Each member came to the Zoom event prepared with five improvised instruments (pots/pans/ glasses—to name a few).

Encouraged by Nathan's knowledge and enthusiasm, the participants were engaged and entertained. Thank you to Laura who, using Nathan's suggestions, downloaded various beats and rhythm for participants to use as they practiced privately within their own spaces during the presentation. Also, Laura researched and then sent participant instructions on how to enhance their audio on an iPad and smart phones. (Note: it took a few hours of Laura's time to prepare the recordings as well as manage the audio settings to guarantee the success of this event, Thank you, Laura!)

I sent both Nathan and Laura thank you notes. Nathan not only wrote back to both of us but then personally called to thank each of us and to happily acknowledge our shared success.

Thank you to the Susan D. and Susan P. for their assistance in editing and then sending out the invitation to the members.

Colleen

MEMBERSHIP:

As far as I can tell, we have amassed a great deal of good will by inviting guests and people from our Interest List to attend the Winter Presentations and the February Mini Courses. I will be writing to the Interest List soon to invite them to apply for LS Membership starting in the Spring Term. Additionally, when the Catalog is ready, Susan Puretz will send it to all Lifespring Members and to the Interest List. I suggest that a welcoming and encouraging introductory note should introduce the catalog (that will be attached to the note) and also on our website. We have been reminding members that this is a great opportunity to suggest to a friend(s) that he or she might wish to become a Lifespring member. There is no charge for either current or new members. Only members may register for classes. All of this is explained in the Spring Catalog. Once a person becomes a new member, I will send them a welcoming letter with some information. As is our tradition, we will have a "welcome and informational" meeting for all new members on April 27th during the 4th week of classes. Plans and format are still being discussed.

Susan Davis, Membership Coordinator

PROGRAM SUPPORT:

Nothing going on! Just wishing for it to start up in the fall!!!

Susan Krompier

MEMBERS AT LARGE:

No report

AD HOC COMMITTEE REPORTS

AV:

Nothing to report from the AV team.

Rich Davis

CLASS MANAGERS:

We have reinstated the class manager job for the zoom classes. The class manager will give an introduction each week and introduce the presenter unless the presenter wants to give his/her own background. The class manager will also admit the participants. 3 out of 8 have already agreed to be a class manager. When I have the class lists I will be able to assign other 5 class managers to a class.

Lee Gable

PUBLICATIONS COORDINATOR:

Lifespring newsletter, *News & Views*

Gearing up psychologically to begin work on the spring newsletter, which will be online by the second week of the spring semester. Approximately. That's what I wrote last month, and amazingly, it's still true.

Spring Catalog

Received first draft back from Anna Landewe BUT a course has dropped out and the CC is scrambling to replace it. I am awaiting the write up for the new course. I believe that we will still make the deadline of getting it out on March 14th.

Flyers

The March flyer for the winter presentation was completed.

No flyers are in the works at this time.

Website

The website is current thanks to Susan D working with David Cartmell. Susan P found a typo in our email address, which was then fixed by Anna. All's well that ends well.

Susan Greenstein



OTHER REPORTS

SEC (SENIOR EDUCATION COMMITTEE)

No additional report
Susan Davis, Chair

ON-LINE TASKFORCE REPORT FOR LIFESPING BOARD MEETING

SEE PAGE 1 Registrar's report

MOVING FORWARD Committee:

No report

Natalee Rosenstein

The Ad HOC PLANNING COMMITTEE

The ad Hoc Planning Committee met and came to the following decisions:

1. An email will be sent out to the current membership outlining our immediate need for volunteers for the Curriculum Committee and for class managers. This will go out on or about March 10th.
2. A meeting for new members will be held via Zoom on April 27 to introduce them to the overall purpose and philosophy of Lifespring as well as to describe the functioning of a number of our committees and to emphasize the need for volunteers to keep the organization healthy and vital. More information about this meeting will follow closer to the time.

Respectfully submitted by

Natalee Rosenstein, Vice President and Chair of the ad Hoc Planning Committee

NOMINATING COMMITTEE report to the Lifespring Board meeting for March 9, 2021

The nominating committee of Susan Davis, Natalee Rosenstein, Lee Gable and Laura Phillips met on February 18, 2021

We hereby present the following slate of nominees for approval by the Board of Directors at the March 9 meeting:

All terms run for two years Aug 1,2021- July 31, 2023

Vice President – Natalee Rosenstein

Treasurer-Peg Nau

Two (2) Members-at-large –Lucy Stagich

Anne Miller

We plan to send an email to members notifying them that they are allowed to nominate another member (or themselves) whose name will appear on the final ballot in addition to the approved slate of candidates. Included in the email will be a description of the duties of the officers' and member-at-large positions, and the names of our approved slate of nominees.

We recommend that the Board authorize an email ballot to be sent to members via a Google form prior to the Annual Meeting with the results to be reported at the Annual Meeting. We would ask each nominee for a photo and biographical info to appear on the ballot.

Laura Phillips

