

**LIFESPRING BOARD OF DIRECTORS  
APPROVED MINUTES OF THE MEETING  
JANUARY 12, 2021**

**PRESENT:**

Susan Puretz, President  
Natalee Rosenstein, Vice President  
Maureen Bybee, Secretary  
Peg Nau, Treasurer  
Laura Phillips, Registrar & Task Force for Online Learning  
Diane McDowell, Member at Large and Co-Coordinator Curriculum  
Maureen Huben, Member at Large and Events & Services Co-Coordinator  
Lucy Stagich, Member at Large  
Colleen Greco, Events & Services Co-Coordinator  
Susan Davis, Membership Coordinator  
Susan Krompiew, Program Support Coordinator  
Norman Bowie, Member-at-Large  
Lee Gable, Ad Hoc Class Manager Coordinator  
Leslie Suprenant, Member-at-Large

**CALLED TO ORDER by Susan P at 9:35 a.m.**

- A. Minutes:** Approval of Minutes of December 8, 2020  
Leslie noted that Peg Nau was appointed not elected to Town Board position.  
Secretary will make correction.  
**MOTION** to accept Minutes with correction made by Peg and second by  
Maureen H.  
**MOTION** carried unanimously.
- B. President's Report and General Updates:**
1. Susan P has received at least 11 e-mails thanking Lifespring for the notification of how to register with Ulster County for COVID vaccine.
  2. Susan P has had an e-mail exchange with Jennifer Russell the current Saugerties Library Director regarding disposition of the LS \$600 donation to library for hearing loop. She expects a positive outcome.
- C. Board Reports: Questions and/or Actions on Board Reports**
1. Susan P. requested any updates from Diane for Curriculum Committee. Diane reports that CC is still looking for one additional course for spring.
  2. Susan P requested any updates from Colleen or Maureen H regarding proposed events.
    - i. Colleen reported that they are looking to provide one event each month. There are four under consideration. Nathan Brenowitz

would like to offer a one session improvisational music event with the intent of encouraging people to enjoy making music with whatever they have on hand. Although there are some technical challenges, Colleen recommends we try it based on her conversations with him and her experience in his in person class. In response to Laura's description of Lifespring's technical limitations, Colleen noted that addressing the technical challenges are not related to delivering the event and would not be a Lifespring responsibility but would be covered by Nathan in his instructions. Colleen asked for approval for Feb 17 or 24 from 11:00 a.m. to 12:30. Board approved the program for either of these dates by consensus.

- ii. Colleen also proposed that Andy Weintraub do a magic show as a one day event or as the ending of the annual meeting. Board approved by consensus Magic Show as concluding event for Annual Meeting,
- iii. Maureen H reported on a proposed nature walk event. Maureen H contacted the Woodstock Nature Conservancy and Ellie Reese returned her call. They discussed the idea of a tree identification walk through Thorn Preserve as a one-time event. Due to COVID 19 restrictions the event would be limited to 15 people in order to accommodate social distancing. All attendees must wear a mask and may not share equipment. Maureen H. expressed some concern about the limit to 15 people. Discussion and questions included the following: could it be a virtual walk, will winter weather conditions limit the experience and the ability to actually see leaves etc., could it be recorded for sharing with those who could not attend live. An additional suggestion was to plan a simple walk on a rail trail for late winter and offer tree identification later in the spring. A concern was raised about sponsoring an event that perhaps put attendees in jeopardy for COVID and that attendees might see as approved for safety by Lifespring. General questions about Town and Lifespring liability were also raised. The Board approved that Maureen H continue the dialogue with the Conservancy bearing all of these concerns in mind to report back at next Board Meeting.
- iv. Colleen reported on future Lunch with Lifespring programs. The next Lunch meeting will be Tuesday, Jan 26 at 12:00 p.m. Susan K, Maureen H and Colleen will serve as table hosts. As members register, they will seek table cohosts as needed. Depending on registration numbers and tables needed the table hosts will decide any necessary changes. Susan P sending invitation Jan 15, sign up by the 25th. This group is also discussing ideas for other times of day e.g. Coffee with Lifespring at an earlier hour. Discussion

included a special thank you to Susan K for the idea of Lunch with Lifespring and to the excellent oversight and thought given by the sub-committee working on these events.

**D. Old Business**

1. Natalee provided an update on the Regional LLI meeting of 9 LLIs. It was an extensive meeting with breakout rooms and reports back to the larger meeting. Two written reports emerged: one reflecting attendance with a brief description of each LLI and the other a summary of content. Our attendees agreed that both reports be placed in the online LS Vault. There will a follow up meeting at the end of January with just one representative from each LLI. Natalee will attend for LS and report back to the Board.

**E. New Business**

1. Susan P sought the approval of the Board for her nominations of Laura, Natalee, Susan D and Lee Gable to serve on the Nominating and Elections Committee for 2021. Results of the election will be announced at our annual meeting. Open positions include Vice-President, Treasurer and two Members at Large. Board agreed without comment.
2. Other new business
  - i. Natalee reminded us of upcoming Lunch with Lifespring in January, February Mini-sessions and a March Winter Presentation
  - ii. Susan D thanked our last Winter Presentation presenter and the Taskforce. Event was well attended and well received.
  - iii. Natalee is looking forward to reconvening the Moving Forward Committee on January 25 which will look at the longer range issues facing Lifespring.
  - iv. Susan D asked if there are any questions for Peg as Treasurer. It was discussed and agreed that currently, the Treasurer's Report is included in submitted reports and considered as accepted by the Board unless Board Members have questions when called during the questions and updates portion of each Board Meeting.

- F. Motion to adjourn by Laura with second by Colleen. Motion approved unanimously.**

**NEXT MEETING:**

February 9, 2021 (by Zoom)

**BOARD OF DIRECTORS**

**AGENDA: January 12, 2021**

**A. Minutes:** Approval of: Minutes of December 8, 2020

**Note: Format for the meeting will be changed. We will skip most of the Reports and focus on specific Old and New Business items.**

**B. President's Report and General Updates:**

1. Updates: Kudos, Library re: hearing loop,

**C. Board Reports: Questions and/or Actions on Board Reports (see NOTE\*)**

**ANY issues to think about? CC or Events?**

**D. Old Business**

1. Regional LLI update

**E. New Business**

1. Nominating Committee creation
2. Other new business

**NEXT MEETING:**

February 9, 2021 (by Zoom)

**\*Note:** Reports (All listed below will be handled only by special request –i.e., if there is a question about a particular report)

- a. **SEC Chair Report**
- b. **Treasurer's Report**
- c. **Report from Registrar**
- d. **Reports from Committee Coordinators**

Curriculum Committee  
Events & Services Committee  
Membership Committee  
Program Support Committee

- e. **Reports from Ad Hoc Committee Coordinators**

Class Managers  
AV  
Publications  
Task Force

- f. **Report from Moving Forward Committee**

## REPORTS FOR JANUARY 12, 2021 BOARD MEETING

(Note: Blank spaces after a committee indicates that there was no activity and thus nothing to report)

### **PRESIDENT:**

1. Still doing general monitoring from afar of the various Lifespring committee activities. I can-not say this enough, but Once again, I give special and huge THANK YOU's to Laura and her Ad Hoc Online Task Force –whose presence was felt in all the successful activities that Lifespring has been involved in during covid-19.

3. I have (FINALLY) followed up with a note to Jennifer Russell, the new Library Director, asking about the status of the hearing loop (i.e., the Lifespring donation of funds to pay for the Library's purchase of sound equipment for the hearing loop).

4. Previously I have shared some feedback that I received regarding the fall semester and the December Winter Presentation. I plan to send out some updated kudos.

Susan Poretz

### **VICE PRESIDENT:**

### **TREASURER:**

The updated Budget Worksheet is attached on the last page of this report.

Peg Nau

### **REGISTRAR AND ON-LINE TASK FORCE REPORT**

There were 133 participants registered for the January 6 Winter Presentation with Valerie Balint - Women of the Brush and Chisel. Of that number 84 were members, 20 were from the Interest List, 2 were past presenters and 27 were guests of members. Of those, there were 12 new sign ups for the Interest List.

The actual number who attended was – 95. Rich Davis, Carolyn Siewers and Laura Phillips managed the Zoom controls and chat questions. Due to the large response, we increased the Zoom capacity from 100 to 500 for the month of January at a cost of \$50.

The taskforce will be meeting in January to train for the February mini-courses. Colleen Greco and Carolyn Siewers will be hosting in addition to Rich and Laura. We will upgrade to 4 PRO Zoom accounts for February. (Currently 2 PRO and 2 FREE). It is necessary to have a PRO account for a class that will last more than 40 minutes.

On November 20 I attended a regional LLI meeting on Zoom with 8 other LLI's from the Hudson Valley, CT, and the Berkshires. I participated in a breakout session to discuss technology issues. All the other groups use Zoom or a combination of Zoom and uTube. One group also had some in-person socially distanced classes in a large off-site hall. The percentage of prior year members participating in fall classes ranged from 45% (New Paltz) to 83% (Bard) to 100% (Vassar). None of the LLI's has a waiting list anymore. Some LLI's are supported by the AV department and registrars of their host colleges.

Laura Phillips, Registrar

## ***STANDING COMMITTEES***

### **CURRICULUM:**

#### WINTER PRESENTATIONS

##### February Mini Session

9:30 "Off the Beaten Track" with Susan Puretz / Carolyn Siewers & Leslie Surprenant

9:30 "Spotlight on Ulster County History" with Marilou Abramshe

11:30 "Meditation" with Barbara Schofield

11:30 "Roaring 20s in the Arts" with Chuck Mishaan

The goal is to have information out to members on January 17 with a deadline of January 27 to register.

March - TBD

##### SPRING 2021 SEMESTER

"Opera as Politics: Women On Stage and Behind the Scenes" with Chuck Mishaan on Mondays at 9:30.

"Play Reading" with Prudence on Mondays at 9:30.

"Religion" with Joey Hickok on Mondays at 11:30

"Healthy You" on Wednesdays at 9:30.

"Shakespeare Twelfth Night" with Rosemary Dean on Wednesdays at 9:30.

"Strong Women, Strong Stories, Strong Storytellers" with Gary Miller on Wednesdays at 11:30.

"Yoga" with Susan Blacker on Wednesdays at 11:30.

One more course for Mondays at 11:30 is being established.

##### Possibilities for Fall 2021:

Michael Simpler

"Law and Literature" with Maggie Cammer

"Short Stories" with Susan Greenstein

Diane McDowell

### **EVENTS and SERVICES:**

1. We attended the Curriculum Committee on Dec. 22 to get/give input on the various possibilities for one day events. Some of the possibilities from the meeting were:

- a. Bob Steuding (Stories from the Catskills)
- b. Nathan Brenowitz (music)
- c. Nature walk at the Thorn Preserve

(Woodstock)

d. Andy Weintraub (magic)

2 We met in a zoom meeting on Tuesday, Jan.5 with Laura, who has offered to host our next “Lunch with Lifespring”. We decided on the date of Tuesday, Jan. 26 at 12:00. We made decisions on how much time to allow for breakout rooms (45 min.). We three will serve as the “table hosts” (Colleen, Susan K. and Maureen H.) and we are asking for three backup table hosts. The invitation will go out on or about Jan. 15 in an email and Laura will keep track of the participants. Susan K. will write a sample invitation to be presented to the Board for approval.

Maureen and Colleen

**MEMBERSHIP:**

We are very pleased that so many people from the Interest List as well as guests of our Lifespring members and some past presenters have been attending the Lifespring Winter Presentations. The Interest List is now at about 86 people. Our plan is to continue to encourage Lifespring members to invite guests, particularly guests who may be interested in becoming new members of Lifespring going forward. In addition, we will also extend invitations to people from the Interest List to selected Lifespring events including the February Mini-Series of classes and the March Winter Presentation. In this way, they are able to experience first-hand the kind of programming that Lifespring offers to its members and to get a good sense of our community’s commitment to Lifetime learning.

For the Spring ‘21 term, anyone who is not already a Lifespring Member, but would like to participate in the semester’s classes, will be required to become a new member of Lifespring. There will be no membership fee for the Spring term. New members will be accepted as space and resources allow. Information detailing how to become a new member will be published in the Spring ‘21 catalog of courses and will also appear on the Lifespring website. Lifespring’s classes for the Spring term will be for members only.

We will do some advertising of this opportunity to join Lifespring in the local papers and other media once the catalog becomes available and the website can be updated. Anyone interested in joining Lifespring should be encouraged to visit the website and put their names on the Interest List.

Lastly, we are making a strong effort to communicate with the Lifespring Membership and Interest list through targeted emails announcing news and upcoming events. We hope that these initiatives will assure our members of our commitment to keeping Lifespring vital, current and engaged as we weather what we hope will be the final months of the pandemic together.

Susan Davis  
Membership Coordinator

**PROGRAM SUPPORT:**

**MEMBERS AT LARGE:**

***AD HOC COMMITTEES***

**AV:**

Well I did spend some time on AV Team activities this month by checking out the Lifespring Lenovo laptop and bring its software up to date with new releases, etc. It's anxious to get back to work, so I set it up for Zoom as well.

Rich Davis

**CLASS MANAGERS:**

I have nothing to report. Lee

**PUBLICATIONS COORDINATOR:** Susan Greenstein  
**Lifespring newsletter, News & Views**

There is nothing to report. Spring newsletter will be next up. I will start work on that soon. Can't believe how time flies.

**Spring Catalog**

Work should begin on this soon – early February. I await write ups from the curriculum committee and all other information.

**Flyers**

All upcoming winter presentations will have a flyer. I continue to work with Susan D and Connie Cuttle to develop these flyers.

**February Mini Courses Catalog**

I've received all input and text for this, and edited same, and have sent it off to Anna Landewe for design and production. The format will be similar to the Fall Mini Catalog, which adhered to the design and general presentation of our recent previous catalogs. This will be ready to go online and be emailed to our members and others on January 17th.

**Website**

The website is current. With Susan Davis, I will revisit the Special News section and then have Anna Landewe make any desired updates. We'll also update the catalog page and move Fall 2020 over to the older catalogs list and replace it with this "in the work" current February Mini Catalog.



Kaaterskill Falls

## **OTHER REPORTS**

### **MOVING FORWARD:**

The MFC has not met and there is no report. We will be meeting on January 25th.

Natalee Rosenstein

### **ON-LINE TASKFORCE REPORT FOR LIFESPRING BOARD MEETING**

SEE Registrar's report

### **SEC (SENIOR EDUCATION COMMITTEE)**

The Senior Education Commission met on December 14, 2020. One of the purposes of the meeting was to update and revise the SEC Guidelines that lays out the operational guidelines that will be in effect between Lifespring and the Senior Education Commission for 2021. I am attaching a copy to this report. The full meeting notes can be found on the Town of Saugerties website: <https://townsaugerties.digitaltowpath.org:10234/content/Generic/View/162>

In addition, we are pleased to announce that the Town of Saugerties Board has officially appointed Colleen Greco as a member of the Senior Education Commission for Lifespring for a four-year term, 2021-2024. Again, we thank Peg Nau for her service and we welcome Colleen to her new position.

Susan Davis, Chair

### **REVISED SENIOR EDUCATION COMMISSION GUIDELINES – December 14, 2020**

In order to insure the continued success and high level of achievement that Lifespring has attained, the Senior Education Commission of the Town of Saugerties assigns the responsibility for the smooth and continuing operation of Lifespring to the members of the LS Board of Directors from January 1, 2021, through December 31, 2021. This will include the electing of officers, members-at-large, and appointing Committee Coordinators (full and ad hoc) as outlined in the LS By-Laws amended and approved on May 29, 2019. The Lifespring Board will be responsible for overseeing the daily operations of Lifespring.

Policies and procedures as established by the Lifespring Board shall remain in effect.

The Lifespring Board of Directors will keep the Senior Education Commission informed of the status and operation of Lifespring by providing the Commission and the Town Board Liaison with copies of the minutes of all official Board meetings, LS catalogs, newsletters, etc. In addition, the Senior Education Commission reserves the right to review and approve any proposed By-Law changes, to approve any increase in membership fees, and to act as the interface between LS and the Liaison from the Saugerties Town Board, and/or the Town Supervisor and Town Board. Any requests by LS for new and/or additional Town Services will be reviewed either by the Commission or Senior Education Commission chairperson. The Commission reserves the right to remove any LS officer for cause. Vacancies on the LS Board will be filled according to the process outlined in their By-Laws.

This revised agreement will be in effect January 1, 2021, through December 31, 2021.

Approved by the members of the Senior Education Commission December 14, 2020.

Susan Davis, Chair

Susan Puretz

Laura Phillips

Fran Jacobson

