

August 9, 2022

**APPROVED MINUTES OF THE MEETING
LIFESPRING BOARD OF DIRECTORS
August 9, 2022**

PRESENT

Susan Puretz, President
Natalee Rosenstein, Vice-President
Maureen Bybee, Secretary
Laura Phillips, Registrar & Task Force for Online Learning
Connie Cuttle, Curriculum Committee Coordinator
Susan Davis, Membership Coordinator
Susan Krompiew, Program Support Coordinator
Maureen Huben, Hospitality Coordinator
Lee Gable, Member-at-Large and Class Managers Coordinator
Diane McDowell, Member-at-Large
Anne Miller, Member-at-Large
Leslie Surprenant, Member-at-Large
Lydia Edelhaus, Member-at-Large Elect

ABSENT

Peg Nau, Treasurer
Colleen Greco, Coordinator of Events

This regularly scheduled electronic meeting by Zoom of the Lifespring Board of Directors was called to order by Susan P. at 9:33 A.M.

- A. Approval of the Minutes of June 14, 2022.
 - a. A **MOTION** to approve the minutes was made by Anne with a second by Diane. Without discussion, the **MOTION WAS APPROVED UNANIMOUSLY.**
- B. President's Report and General Updates:
 - a. Susan P welcomed all to the first meeting of the 2022-23 academic year.
 - b. She noted that the catalog is completed and published and that Membership is open for the year. Susan P read a note from Marilou Hales who has moved to Colorado.
 - c. There was discussion of the response to our new enrollment/registration process which affirmed the need to help members make the distinction

between enrolling for membership and registering for courses. In addition, e-mail reminders of how to document Covid vaccination status will be sent to those who have enrolled but not yet shown proof of vaccination. A separate e-mail reminder of when and how to enroll will be sent to people who have not yet enrolled for membership. Finally, a reminder that registration for courses with limited seats will be on a first come, first served basis. A suggestion was offered that going forward, we use the terms “join” and “select” to distinguish between becoming a member and choosing courses.

C. Old Business

- a. Registration update by Laura (see attached report). Laura notes that the figures in the report are now obsolete. Now up to 122 members including 36 new members. This is a higher number of members than at the same time last year. Laura credits the press releases with increases in interest and membership. Some small glitches in the use of credit cards for membership dues have been corrected.
- b. WJC update (See attached reports) Natalee reported that Laura and Susan K visited the WJC to determine seat numbers for each classroom. There is an interim Rabbi at the WJC for the coming year. Susan D. has heard that renovations at the WJC are near completion. Susan P. confirmed that much has been done to improve the space.
- c. Covid policy update: Natalee has learned from Rahel that taking a sip of water while in the building will be permitted although the no eating or drinking prohibition remains in place. Natalee made a **MOTION** with a second by Diane that the Board of Directors approves the Covid policy that appears on our website and the current catalog as of August 9 as our official Covid policy. The **MOTION WAS APPROVED UNANIMOUSLY**. A copy of this approved policy is to be attached to these minutes.
- d. Diversity Committee –Natalee reports that a second meeting for the local LLI diversity discussion sponsored by BARD will be held in September. Connie and Maureen B. will attend on behalf of Lifespring.

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- e. Security at the WJC. We will likely need to hire a door opener as a security and COVID policy compliance measure. Susan formed a committee to develop guidelines for the welcoming committee and door opener. Susan P appointed Laura, Susan D, Maureen H. and Lee Gable to the committee. Julie Dunne from the Town suggested that we consider recruiting personnel from the local police and courts who have been trained for community interaction and also suggested that \$21.00 per hour would be a reasonable wage. Susan D provided some historical context and suggested that we are hiring a greeter/helper/screener/door opener not a “security guard.” Discussion included ideas for a position title and role, the question of whether this is to be an armed or unarmed position, recommendation that this become a permanent position, the number of people needed, a need for clarity of expectations and protocols including emergencies, a reminder of admission requirements before classes will be needed, and that the Family of Woodstock can provide training for interacting with “difficult” people.

D. New Business

- a. Susan P announced that in order to provide the care now required by her husband, Collen Greco is resigning from the Board and as the Events Chairperson, a position she has held for ten years. Although a replacement is needed, the need is not immediate. Board members were asked to consider how and who might take on this role.
- b. Task Force needs were reported by Laura. She would like approval to reach out to new members for the 2022-23 academic year who have not been contacted before, and invite them to attend Zoom host training this fall. By show of hands, the Board unanimously approved her request. Discussion included ideas for meeting with new members this year and in the past as a gesture of welcome and inclusion in the Lifespring community.
- c. Curriculum Committee update was provided by Connie. (See report.) Due to an unfortunate turn of events, the Parthenia performers scheduled for

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October are unable to perform. The point person for Parthenia has arranged for a substitution of the Viola de Gamba Duo to perform with and discuss the evolution of ancient instruments. This change will not be in the catalog but will be sent to members as they decide their choices for the fall. Laura will be sending an e-mail prior to course registration with this catalog correction and one other regarding limited enrollment for the Jews in Baseball Zoom class.

- d. Natalee returned to the issue of using the LS membership list to notify members of non-Lifespring events. After many questions and discussions, the Moving Forward Committee recommended that the LS membership list not be used for other than LS events and information. This is the current policy.
- E. Natalee made a motion to adjourn with a second by Diane. Motion was approved unanimously.

Meeting was adjourned at 11:30 a.m.

Maureen G. Bybee,
Secretary

NEXT MEETING:

September 13, 2022 (on zoom) at 9:30 am

AGENDA
BOARD OF DIRECTORS
August 9, 2022

- A. Minutes: June 14, 2022
- B. President's Report and General Updates:
 - a. Welcome to the 2022-2023 Board
 - b. A recap of things since our June meeting
- C. Old Business
 - a. Registration update
 - b. WJC update
 - c. Covid policy update
 - d. Diversity Committee
 - e. Security at WJC
- D. New Business (Looking Forward)
 - a. Event Committee issue
 - b. Task Force Needs
 - c. Curriculum Committee update
 - d. Other?

NEXT MEETING:

September 13, 2022 (on zoom) at 9:30 am

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**LIFESPRING: SAUGERTIES
ADULT LEARNING COMMUNITY
COVID POLICY***

Introduction

The health and safety of our Members and Presenters continues to be of paramount importance to Lifespring, and the Lifespring Covid policy has been formulated with this in mind. Remember that it is each individual's decision to attend in-person programming with the understanding that in doing so they take responsibility for their own safety and well-being and assume the associated risk.

This policy goes into effect August 1, 2022.

Lifespring reserves the right to amend this policy as needed to meet changing Covid conditions. Members will be notified accordingly of any policy changes.

Vaccination Requirements for In-Person Courses or Events

Prior to registering for any in-person courses or events, members and presenters must provide proof of two vaccinations and at least one booster shot (also known as a third vaccination). NOTE: These vaccinations may be two Moderna or two Pfizer or a combination of one Moderna and one Pfizer, and a third dose of either Moderna or Pfizer or another FDA-approved vaccine that may be available. Or the vaccinations may be one Johnson and Johnson plus a second and third dose of either Moderna or Pfizer or another FDA-approved vaccine that may be available.

Proof of Vaccination

Proof of Vaccination may be a CDC Covid-19 Vaccination Record Card(s) showing proof of vaccination and a booster shot or the Digital New York State Excelsior Pass Plus showing proof of vaccinations and a booster shot.

Submitting Proof of Vaccination

All Members and Presenters will receive email instructions about how to submit proof of vaccination. There will be multiple ways to submit the proof of vaccination. Proof of vaccination must be submitted by August 19th.

Masks

Masks that cover both the nose and mouth must be worn at all times for in-person, indoor courses and events. Speakers and Performers may be unmasked during the presentation or performance, but all others will remain masked.

Social Distancing

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Social Distancing must be practiced at all times during an in-person, indoor course or event. Seating at the Woodstock Jewish Congregation or any other indoor venues will be set up to insure 6 feet of social distance from each other and from the Presenters or Performers. Presenters and Performers must maintain the 6 feet minimum distance from the audience.

Outdoors

Masks and Social Distancing at Outdoor Courses or Events are encouraged but are not required at this time.

Food and Drink

No Consumption of Food or Drink will be allowed at any in-person, INDOOR course or event.

Online Courses

Lifespring encourages Members who register for Zoom courses to submit proof of vaccination, which will be on record for future 2022–2023 in-person opportunities in which members may wish to participate.

Lifespring Vaccination ID

All Lifespring Members and Presenters who have submitted proof of vaccination will be provided with a Proof of Vaccination ID Badge, which must be shown at any in-person course or event in order to gain admittance to each session.

Positive Covid-19 Test Notification

If a participant at any Lifespring in-person course or event (either indoor or outdoor) tests positive for Covid-19, within 10 days after attending the in-person course or event, the member is asked to immediately notify Lifespring by sending an email to registrar@lifespringsaugerties.com so that other participating members can be informed of the possible exposure to Covid. The privacy of the person testing positive will be respected and their name will remain undisclosed. To safeguard the Lifespring community as much as possible, the individual who tested positive must provide proof of a negative Covid test for re-admission to in-person courses or events. The earliest re-admission to courses or events will be 10 days after a negative test.

*This is the policy statement as it appeared on the Lifespring website on 8/9/2022, is published in the *Fall 2022 Catalog of Courses* and was approved as the official Lifespring policy by the Board of Directors on 8/9/2022.

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REPORTS TO THE BOARD
August 9, 2022 Lifespring Board Meeting

PRESIDENT:

Well, Lifespring is off and running as we begin our 14th year of operation (hard to believe how fast time can fly!!).

The very very very (and I cannot say that word enough) hard work put in by our Registrar, Publications Chair, and Membership Chair (as well as our Treasurer and Anna Landewe --our one paid position (so far) has paid off. Registration began, as you know on August 1st with lots of "firsts" for Lifespring. Among other first time things: paying on-line; new first come first serve class registration policy; a covid policy and the mechanism to implement it --thanks to Connie Cuttle and her subcommittee; and, of course, the first time in two years that we will be having in-person courses at the WJC.

We have determined what we will need to implement our in-person days and I have already started the process by contacting Town Supervisor, Fred Costello and Leeanne Thornton, our Town Board liaison about security at the WJC.

At the risk of giving ourselves a kinahora (note: it is a Yiddish word that is used after giving someone praise to wish that the Evil Eye does not happen to them). All seems good and under control at the amazing start of our 14th year.

Respectfully submitted and in solidarity,

Susan Puretz, President

VICE PRESIDENT:

No report
Natalee Rosenstein

TREASURER:

See last page for the Treasurer's MONTHLY report chart.

REGISTRAR and On-line Task Force Report:

Registration and On-line Taskforce Report for Lifespring Board Meeting August 9, 2022

Enrollment for 2022-23 Lifespring membership opened August 1. For the first time we are accepting credit card payments via Square, which was linked to our website by our web designer Anna Landewe. So far, the on-line processing has gone extremely well.

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There have been some growing pains with adjustments needed to the website to correct and clarify some information, but none has affected the credit card processing.

As of August 5, 63 members have paid the \$50 fee by credit card, and three have requested and were emailed the information and the form to pay by check. No check payments via US Mail have been received yet. Of those enrolled, 24 are new members. Eleven jumpstarters and past presenters with free membership have enrolled, for a total of 74 members during the first 5 days. In 2021-22 we had 160 members and 3 passed away during the year.

I am accepting digital documentation of COVID vaccination status. So far, 30 members have sent verification of vaccination and at least one booster shot. Before membership enrollment ends, there will be two in-person dates at the WJC and three Zoom meeting dates to show verification.

I am working on the final registration form for the outdoor classes to be sent August 20 to those who have provided proof of vaccination. Registration ends on August 28 and classes begin Sept 1. The few days between the end of registration and start of classes means a short time to pull class lists for the presenters, print name badges and for the waivers and meet up directions to be sent to participants. The registration for the classes and performances beginning in October will be sent to all members on September 7 with registration closing September 21. The first performance is scheduled for October 6.

On August 4, Susan Krompiew and I went to the WJC and rearranged chairs with 6 foot social distancing to calculate how many class members can be accommodated in the various rooms. The smaller classrooms can hold about 12 people, and room 3-4 with the divider open can hold 28. The room configuration of the social hall/Sanctuary is unclear, due to equipment stored and used by the WJC for their weekly services, but 50 is a safe number.

Taskforce members have been assigned their presenters for fall. We have only four people handling scheduling, presenter preparation and all email notices for eight Zoom classes. We have two more people willing to assist during classes who will act as alternates in the case of host illness. Two other people who thought they might be able to assist are not available right now.

Over the last two years, we sent out several unsuccessful email appeals to members and did not find anyone willing to train to take full responsibility for a zoom class. **I would like approval to contact new members for the 2022-23 academic year who have not been contacted before, and invite them to attend Zoom host training this fall. If interested, they could also assist at the winter presentations and co-host for the spring semester.** The goal is to have more Zoom hosts available as soon as possible.

Laura Phillips

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STANDING COMMITTEES

CURRICULUM:

The Curriculum Committee is on hiatus until August 16 th . Fall classes are in place. The first concert series performance scheduled for October 6 th has been changed from Parthenia to a Viola de Gamba Duo. Unfortunately, the catalogue could not be updated due to the late change. I have asked that a description of the performance and the bios of the two musicians be sent to members immediately after membership registration closes to give members the opportunity to read about the new performance and performers prior to registering.

All in-person presenters were sent the Lifespring Covid policy and the document How to Show Proof of Vaccination Status. Ten of the eleven presenters have confirmed three doses, the eleventh presenter is pending a third dose prior to the start of classes. Of the eight performers, four have confirmed a minimum of three doses, one performer is pending a third dose prior to the performance, and three have been sent at least one reminder email with the LS Covid Policy and the How to Show Proof document.

Course planning is already underway for Spring 2023 courses.

Respectfully submitted,

Connie Cuttle

EVENTS and Services nee EVENTS and HOSPITALITY:

Two (2) Nature Guided Walks scheduled at Esopus Bend Preserve. Dates are September 8 & 15, 2022.

Colleen Greco

Maureen Huben

MEMBERSHIP:

The campaign to attract both returning and new members is well underway. A tremendous amount of work has gone into design and process development by several Lifespring members over the past many weeks that is enabling new innovations. Targeted and informative emails have been sent to people who were members in 2021-2022, to our large Interest List of people who have signed up to be kept apprised of Lifespring activities, as well as to our past presenters and founding members (Jumpstarters) who qualify for free member status. Through the work of Susan Greenstein, Anna Landewe, Laura Phillips, and others, our Lifespring website

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has been integrated more fully into the process of enrolling and paying by credit card to become a member and is also being used as a source of information on the Lifespring COVID policy and protocols. As always, the website is the home-base for Catalog access and a repository for important information about Lifespring.

I've submitted press releases to several news outlets with a primary focus on Hudson Valley One, the Daily Freeman, and our own Town of Saugerties Website and affiliated Facebook groups. Short email blasts highlighting key aspects of the process are being sent to our mailing lists to remind people of deadlines and process.

A letter will be sent to all new members at the end of the enrollment period to welcome them to Lifespring. A "Need to Know" document detailing some WJC specific things (parking, signage, arrival times, photos, etc.) is being prepared and will be sent to all those who register for classes/performance series at the WJC location.

Susan Davis,
Membership Coordinator

PROGRAM SUPPORT:

No report
Susan Krompner

MEMBERS AT LARGE:

No reports

AD HOC COMMITTEE REPORTS**AV**

No report
Rich Davis

CLASS MANAGERS:

Now that we will have classes at the WJC, we will again have class managers to assist the presenter and to make sure the classes run smoothly. We will have 6 class managers in the WJC and one outdoors for Tai Chi.

We have set up a committee, with Laura Phillips and Susan Davis, to develop covid guidelines for class managers and will meet the week after August 21.

Lee Gable

PUBLICATIONS COORDINATOR: (note: Susan P has taken the liberty of rewriting (updating) Susan G's June report)

Fall Course Catalog

Catalog is out and posted online and emailed to all lists.

Lifespring newsletter, News & Views

No new edition

Flyers

No flyers at this time.

Website

Updates continue as needed. Susan Davis continues to liaison with Davis Cartmell.

Once Lifespring's Covid policy is approved by the Board, it will be added to the website, with a prominent link on the opening page.

OTHER REPORTS

AD HOC COVID PROTOCOL COMMITTEE

Job completed, task (after policy implementation in August) will end.

Natalee Rosenstein, Vice President and convener of the committee

MOVING FORWARD:

No report

Natalee Rosenstein, Vice President and chair of the Moving Forward Committee

SEC (Senior Education Committee)

No report

Susan Davis, SEC Chair

LIFESPRING TREASURER'S REPORT																		
2021-2022																		
EXPENSES																		
June & July 2022																		
Balance Fwd	\$	19,944.73	Balances FWD	\$	-	Hospitality Costs	Thank you Gifts/ Donations	Catalog design & print	Newsletter	Website Fees & Domain	Audio Video	Office Supplies	Annual meeting/ Events	Library Setup	Misc	Program fees	Hospitality Donations	Interest
Date	Amt	Received From																
2/28/2022	\$	0.17	February Interest															0.17
3/31/2022	\$	0.18	March Interest															0.18
04/30/22	\$	0.17	April Interest															0.17
05/31/22	\$	0.17	May Interest															0.17
06/30/22	\$	0.16	June Interest															0.16
7/25/2022	\$	48.25	Credit card receipts													48.25		
7/29/2022	\$	0.26	July Interest															0.26
Monthly Income	\$	49.36				\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$48.25	\$0.00	\$1.11
EXPENSE													Payee					
6/13/2022	\$	92.97	1348 Laura Phillips							92.97								
7/6/2022	\$	92.97	1349 Laura Phillips							92.97								
Monthly Expense	\$	185.94								\$185.94								
Ending Balance	\$	19,808.15				\$0.00	-\$163.08	-\$515.00	-\$227.50	-\$1,860.13	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	-\$70.30	\$100.00	\$2.56