

11/9/2021

**APPROVED MINUTES OF THE MEETING
LIFESPING BOARD OF DIRECTORS
11/9/2021**

PRESENT

Susan Poretz, President
Natalee Rosenstein, Vice-President
Maureen Bybee, Secretary
Peg Nau, Treasurer
Laura Phillips, Registrar & Task Force for Online Learning
Connie Cuttle, Coordinator of Curriculum Committee
Susan Davis, Membership Coordinator
Susan Krompiew, Program Support Coordinator
Maureen Huben, Member-at-Large and Events & Services Co-Coordinator
Lee Gable, Member-at-Large and Class Managers Coordinator
Diane McDowell, Member-at-Large
Anne Miller, Member-at-Large
Leslie Surprenant, Member-at-Large
Rich Davis, AV Coordinator

GUESTS

Susan Delaney
Lydia Edelhaus
Barbara Goldberg
Velma Grazier
Elaine Jaffe
Deborah Kalish
Nancy Jo Kimmerle
Alice Maceyak
Hildegard Pleva
Skit (Sara) Rabbino
Susan Rafkind
Robert Saturn
Carolyn Siewers

ABSENT

Colleen Greco, Co-Coordinator of Events and Services
Susan Greenstein, Publications Coordinator

The regular meeting of the Lifespring Board of Directors, was held virtually, by Zoom, on November 9, 2021 at 9:31 a.m. with those listed above as present. Additional attendees (guests) included LS members who responded to an open invitation to attend. The meeting was called to order by Susan P, President, at 9:31 a.m.

11/9/2021

Susan began the meeting with a welcome to all. Colleen Greco and Susan Greenstein are Board Members who were unable to attend this morning.

Board Members introduced themselves and described their roles.

A. Minutes for Approval: October 12, 2021

The minutes of October 12 were distributed for review prior to the Meeting.

MOTION by Diane with a second by Connie that the minutes be approved.

APPROVED unanimously without discussion.

B. President's Report and General Updates

- a. Susan offered congratulations to Peg Nau who has been elected to the Town of Saugerties Board.
- b. Contact information for members has been distributed to all Board Members.
- c. Susan G is planning to publish a winter edition of our LS newsletter, *News and Views*, before February 2022
- d. Saugerties Library Director, Jen Russell, sent a note to Susan P. confirming their intention to rewire the Library meeting room which will include a wireless hearing loop using funds donated in 2019 by Lifespring.

C. Board Reports:

- a. Treasury: Susan P. noted a healthy \$21,909.00 balance in our treasury at the end of October. Peg added that we have this balance because without rent and other expenses associated with live classes our expenses are lower. There are some continuing administrative and operational expenses incurred even when we are virtual however these are less than when we are in person.
- b. Registrar's report was presented by Laura. See attached report for details. Laura calculated that we have had 1111 classes attended by individual members so far this fall.
- c. Task Force report was given by Laura. See attached report for details. Laura also included an appeal for additional Task Force members. Anne suggested including testimonials from current Task Force members in future recruitment efforts. Carolyn complimented Laura's leadership of the Task Force. Leslie suggested an article about the Task Force including testimonials for the upcoming newsletter.
- d. Curriculum Committee report was given by Connie. See attached report for details of the Committee's work and upcoming courses. Connie also extended compliments to Laura and the Task Force.
- e. Membership Report was given by Susan D. Opening Winter Presentations, February Miniseries as well as the new January bonus course to community members and friends as well as LS members is a successful way to reach out for new members and to raise community

11/9/2021

awareness of the LS experience. See attached report for details of the Committee's work.

D. Old Business**a. Fall 2021: Compliments and Suggestions**

Susan P noted the positive chat comments regarding Chuck Mishan and other presenters for the Fall 2021 classes as well as generally positive e-mails from members. See attached for details of the comments shared by Susan P. Natalee offered thanks to the Task Force as well as admiration of our membership who have risen to the opportunities and demands of the virtual classroom. Connie recognized this fall's presenters for their inclusion of interactive opportunities.

E. New Business**a. MOTION** by Natalee with second by Connie that beginning in Spring 2022 the Board of Directors allow presenters of full courses to register as guests for any open courses in the same semester they are presenting. Following discussion **MOTION APPROVED** unanimously.**b. Spring 2022 classes:** Connie reported that our Spring 2022 classes are in place and will continue to be virtual. She spoke to the Board's decision to continue LS classes virtually in Spring 2022.**c. Fall, 2022 classes:** Connie reminded us that we need to make decisions for the fall regarding virtual versus in person classes by the end of June 2022. Natalee suggested referring this particular question to the Moving Forward Committee for a more detailed discussion and recommendations to the Board. Natalee recommended that we participate in discussions proposed and coordinated by Bard among the regional LLI's regarding diversity, race relations and inclusivity by the local LLI communities. Connie will participate in these discussions by the MFC.**d. Susan P.** invited all in attendance to introduce themselves. Following introductions, Susan P also invited guests to ask questions or to offer any suggestions to the Board. Several guests took the opportunity to introduce themselves.**e. MOTION TO ADJOURN.** Laura made this motion with a second by Diane. Without discussion, **MOTION APPROVED UNANIMOUSLY.****f. Adjourned at 11:03 a.m.****NEXT MEETING:**

December 14th (on Zoom) at 9:30 am

LIFESPRING BOARD OF DIRECTORS

AGENDA: November 9, 2021

A. Minutes for Approval: October 12, 2021

B. President's Report and General Updates:

1. Congratulations to Peg
2. Contact sheet info
3. News and Views update

C Board Reports:

NOTE: Format for the meeting is changed as a result of Covid and zooming. While we will skip most of the oral reports and focus on specific Old and New Business items, specific reports will be discussed as listed below. Additionally, any questions about items in the Board Reports previously distributed for this meeting will be handled in this section.

1. State of our Treasury
2. Registrar and Task Force report
3. Curriculum Committee
4. Membership Follow-up

D. Old Business (Looking Backward)

1. Fall 2021 Update Compliments and Suggestions

E. New Business (Looking Forward)

1. Additional courtesies for our Presenters
2. Spring 2022
3. Looking ahead – thoughts about Fall, 2022
4. Invited Guests Q&A

NEXT MEETING:

December 14th (on zoom) at 9:30 am

**ZOOM COURSE CHAT SHARED BY SUSAN P
AT 11/9/2021 BOARD MEETING**

09:31:32 From Th

I enjoy Zoom

09:33:09 From B

Me too!

09:33:38 From Pa

This was the best class ever. Thanks.

09:33:45 From C

I hope it goes on and on!!!

09:36:27 From Z

Thank you for sharing your expertise and knowledge. You are a great lecturer!,

09:48:58 From D

Wow! Incredible info.

10:18:40 From M

What an incredible class. Thank you for this. Please return and help us learn more of our history.

10:42:52 From C

Excellent, excellent class.

10:43:20 From B

What a stimulating class. Thank you!

10:44:05 From J

Thanks for this wonderful presentations!

10:44:06 From C

Thank you doesn't seem adequate to show appreciation for all you bring to Lifespring. Please present again!!!

10:44:41 From S

Thank you for another wonderful, informative course!

10:44:44 From S

Fantastic class, so glad i had this opportunity to learn from you

10:45:06 From T

All of your presentations have been fabulous. Many THANKS!!!

10:45:36 From E

Excellent presentation but scary. What have we learned!? Have we really evolved or are we in the same place!

10:46:33 From L

Once again, Chuck, bravo for providing a great presentation. brilliant topic and discussion.

10:46:39 From S

Thanks so much for a fascinating series of presentations! I've learned so much; great food for thought

10:47:26 From L

Wonderful series, thank you!

11/9/2021

**REPORTS TO THE BOARD
FOR 11-9-21**

PRESIDENT:

Question: Why (oh why) must I say the same thing each month ---

Answer: Because there is only a limited way of my saying:

“I am continually and constantly impressed with YOU my fellow Board members. What a “crew” that I am fortunate to have working alongside of me.”

This month of November is no exception. Our presenters provide the feedback about working with the Task Force and how helpful they have been. At this point in time, the “face” of Lifespring is entirely the result of the countless hours put in by the 4 member Task Force. They need to be “reinforced” for not only their sake but also Lifespring’s.

Susan Puretz

VICE PRESIDENT:

No report

Natalee Rosenstein

TREASURER:

The updated Budget Worksheets for October is attached on the **last page** of these reports.

Peg Nau

REGISTRAR AND ON-LINE TASK FORCE REPORTS:**REGISTRAR’s Report**

Registration numbers are listed below as of Sept 15 (Before Add/drop) and as of Oct 10, 2021 (after Add/Drop). There were 23 class drops, 8 class adds (requested by 19 members.)

The number attending is shown only through week 5, as week 6 occurs after the submission of this report.

	A1 Roaring 20s	A2 Our Women ..Ground	B1 Philosophy	B2 Middle East
Regstd Sept 15	72	26	27	69

After Add/Drop	72	24	27	69
Percent change	0%	-8%	0%	0%
Week 1	50	0	23	0
Week 2	53	19	25	0
Week 3	58	21	22	53
Week 4	50	21	20	53
Week 5	51	20	18	52

	C1 Chair Yoga	C2 Sustainability	D1 Global Reality	D2 Baseball
Regstd Sept 15	47	42	57	30
After Add/Drop	45	38	54	26
Percent change	-4%	-10%	-5%	-13%
Week 1	36	38	44	23
Week 2	29	33	38	17
Week 3	24	32	40	13
Week 4	22	26	38	11
Week 5	canc. illness	26	43	12

11/9/2021

Summary of attendance statistics:

Total members registered	142			
	Monday		Wednesday	
Total registered for each period	9:30	11:30	9:30	11:30
	96	96	83	80

Total classes attended by all participants combined as of 11/3/21 - 1111

Open Meeting registration: As of Nov 3, we had received 15 requests to register for the open meeting and I sent each a Zoom invitation.

TASKFORCE Report

The taskforce currently has 4 active trained members and 1 volunteer who has not yet the training. Each active member hosts two classes and serves as an alternate for 2 classes. If there is a host absence at least one class is left without a backup cohost. During the 4th week of classes, we had 3 classes without a co-host due to illness or scheduling conflicts. We would like to increase the size of our taskforce so that the Curriculum committee could schedule more classes for our members and to reduce the workload for the current members. Volunteers must attend the training sessions on managing Zoom, email use and protocols, and working with presenters. In an effort to recruit volunteers, the Curriculum coordinator and I sent out a request for volunteers to new members in October. I received two responses, both saying they are unable to volunteer at this time.

Email issues:

This fall I received reports from 26 members who did not receive their Taskforce Zoom invitations or received them in their SPAM folders. A separate informational email was sent by Lifespring from a different email address asking members to check their SPAM folders and to make sure to contact us if they had not received all of their class Zoom invitations. I responded individually to those Lifespring members who still were not able to find their invitations. I re-sent the invitations and tried to give detailed instructions about adding Lifespring Taskforce addresses to their contact list or approved sender list and looking in SPAM and reclassifying messages that had arrived there mistakenly. There were a number of members who were not able to follow these guidelines due to unfamiliarity with email functions.

11/9/2021

As advised by Google tech support, I inserted two new files in our Lifespring domain registry, hosted by GoDaddy - a Sender Policy Framework (SPF) record and Domain Keys Identified Mail (DKIM) key. As authorized at the last Board Meeting after the current semester I will convert the existing Taskforce free accounts to paid accounts using the domain name lifespingsaugerties.com. Hopefully, this will increase the reliability of our taskforce messages being received and we will have technical support if there are problems.

Laura Philips

STANDING COMMITTEES

CURRICULUM:

The Curriculum Committee has finalized the three 2021-2022 winter presentations - *Woodstock's Infamous Murder Trial: Early Racial Injustice in Upstate New York* by local author Richard Heppner on December 1, 2021; *The Building of the Ashokan Reservoir: Ten Years of Engineering and Hand Labor* by local author Frank Almquist on January 5th 2022; and the third a documentary by local film maker Katie Cokinos on March 2, 2022.

A Special Bonus Winter Program has been approved. The program, "*Hamlets of Saugerties - A Virtual Tour*", focuses on the historical aspect of the hamlets and highlights the role of each in the development of the town. It will be presented on-line on January 12 and 19.

The mini-Courses for February 2 and 9, 2022 have been finalized and approved. We expect to send out the catalogue on January 8th and registration will be due by January 22nd. The February mini-courses, like the Winter Presentations, will be conducted on-line and are open to all Lifespring members, their guests and those on the Interest List. There is no cap on the number of participants in these courses. This year's courses include presentations by the Office on the Aging (2 sessions) and documentary filmmaker Jon Bowermaster (2 sessions), as well as presentations on hiking the Appalachian trail (two sessions), a presentation on Restorative Justice in the criminal justice system (1 sessions) and another on restorative practices in the community (1 session).

The Committee has created a *Guidance Document for On-Line Courses for Presenters and Coordinators* in conjunction with the On-line Task Force. The purpose of the document is to provide presenters who are new to Lifespring and/or new to presenting a course on-line, with useful information to consider as they organize their on-line courses and help prepare them to work with the LS Host who is assigned to provide them with the tech-support they require. It is also available to presenters who have given on-line courses for Lifespring or other organizations in the past as a resource they can refer to on an as needed basis.

Courses for the Spring 2022 were approved in October. An outdoor walking class, which

will be offered on four Thursdays beginning April 28, has been approved and added to the Spring 2022 semester. The Curriculum Committee's Course Coordinators are now in the process of finalizing their presenter's course descriptions and brief bios for inclusion in the course catalogue which will be sent out in early March.

Connie Cuttle

CC Coordinator

EVENTS and Services nee EVENTS and HOSPITALITY:

No report.

Maureen Huben and Colleen Greco

MEMBERSHIP:

We are anxiously awaiting the comments of our new and relatively new LS members who have signed up to attend the Open Board meeting—it should give us a sense of their satisfaction with the Zoom experience, our classes, and their first impressions of the Lifespring Community, in general. We will also benefit from hearing from those who have been members for some time, of course.

In an effort to stay in touch with people who were members in 2019/2020 and spring 2021 but did not rejoin Lifespring for this current year (2021/22), we will be inviting them via a special email to attend the Winter Presentations, the January Bonus presentation, and the February Mini-Course series. However, Spring '22 classes will be open only to people who paid their membership fees for 2021/22 academic year. We will not be admitting new members in the Spring '22 term.

We will also be sending out a “looking forward” update email to our current members shortly after classes end.

Susan Davis, Membership Coordinator

PROGRAM SUPPORT:

No report

Susan Krompfer

MEMBERS AT LARGE:

No report

AD HOC COMMITTEE REPORTS

AV

No report

Rich Davis

CLASS MANAGERS:

No report.

Lee Gable

PUBLICATIONS COORDINATOR:

February Mini-Course Catalog

After discussion with Connie Cuttle and Susan Davis, deadline have been set, as follows:

All new and revised text to me by 11/15

This will allow me to do editing and then get everything to Anna Landewe early enough so that she (Anna) can complete before her annual Christmastime visit to her family.

The completed catalog will be sent to Laura Phillips on January 7, 2022;

The completed catalog will be posted online and emailed on January 8, 2022

Lifespring newsletter, *News & Views*

The next newsletter will be winter 2022. I will begin work on it in mid-December, and it will be "published" online by early February, if not sooner. I will try my best to get it sooner.

I have reviewed the many thoughts and ideas that the Board had for me; I do like the idea of brief interviews with various members, which includes Board members. I will flesh out that idea and I may contact some of you to participate.

If you would like to WRITE an article for the newsletter, please send me the topic or idea. stgreenstein1@gmail.com

Flyers

Flyer text for December and January Winter Presentations have been sent to Connie Cuttle.

The December flyer has been completed by Connie; the January flyer will be completed shortly.

Website

Susan D continues to coordinate with David Cartmel in keeping items posted.

At some point, perhaps in late winter, we will begin a review of parts of the website to update information. Or, perhaps this should wait until we return to in-person classes, so that we don't have to go back in and revise twice.



Ah peaches, ah summer!

Susan Greenstein

OTHER REPORTS

Moving Forward:

No report

Natalee Rosenstein

