

# LIFESPING

*Saugerties Adult Learning Community*  
Spring 2017 Courses



*Lifespring*

Town Hall  
4 High Street  
Saugerties, NY 12477

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photo by Lars Plougmann

# WELCOME

*Lifespring, an adult learning community, offers a broad range of noncredit educational activities for retired, semi-retired, and other adult participants. Lifespring's goal is to provide diverse learning experiences for all its members, regardless of previous educational background.*

We recognize that many active retirees wish to continue to learn and grow and participate in an environment that is both social and encouraging. In this venue, we come together to share our knowledge and interests, and socialize with like-minded people.

**Lifespring offers classes/courses, lectures, and events that provide opportunities for active adults and/or retirees to:**

- stimulate our minds in new and creative ways
- learn about topics that are intriguing
- challenge ourselves in new areas
- open new vistas in learning
- discover new talents, skills, and interests
- meet new people

## *Membership and Fees*

The annual membership fee is \$60 per person. This entitles each member to 3 courses a semester and any planned special events. The year runs from August 2016 – July 2017. There is a fall semester and a spring semester. Some presenters may ask for the purchase of a textbook or may require a small materials fee. Please note that membership fees are not refundable and not transferable. **New members** are accepted in the fall of each year.

For additional information about membership, please visit the Lifespring website at [www.lifespringsaugerties.com](http://www.lifespringsaugerties.com)

## *Location*

Most courses are held at the **Woodstock Jewish Congregation (WJC)**, on Glasco Turnpike, near Route 212. Ample parking is available on the grounds. The classrooms are accessible to people with disabilities.

## *Gratitude*

We thank all volunteers, including presenters, course coordinators, committee members, Board members, and many others who donate their time and energy for the Lifespring program. We respect their hard work, generosity, and talent, and we thank everyone who is a part of this creative endeavor. In addition, we thank the Town of Saugerties for their generous support and backing. We extend further appreciation to the WJC for the rental of their ample and comfortable space.

## *Feedback*

If you have any feedback or suggestions, please feel free to come to a Board meeting and discuss the issue. Board meetings are usually the second Tuesday of the month at 9:30 am in the Town Hall Building Department conference room (check first to see if a meeting is being held).

In addition, you may direct any questions to:

**[lifespring.saug@gmail.com](mailto:lifespring.saug@gmail.com)**

or call us at

**845-246-2800 ext. 452.**



# COURSE OVERVIEW

*Wednesdays: April 19, 26 and May 3, 10, 17, 24*

Course	First Period 9:30 am – 10:45 am	Enrollment	Description
<b>A1</b>	Opera as Politics		page 5
<b>A2</b>	When Ethics Meets Economics		page 5
<b>A3</b>	Air Power and the Cold War – Part II		page 6
<b>A4</b>	Magic Tricks for the Family	<i>Limited*</i>	page 6
<b>Second Period 11:05 am – 12:20 pm</b>			
<b>B1</b>	Historians Speak: Preserving Our Local Legacy		page 7
<b>B2</b>	Be It Resolved: The Role of the U.S. Supreme Court in Deciding the Critical Issues of Our Time	<i>Limited*</i>	page 7
<b>B3</b>	Graphite Drawing for Beginners	<i>Limited*</i>	page 8
<b>B4</b>	The Poetry of Czeslaw Milosz		page 8
<b>B5</b>	Singing the Story of My Life		page 9
<b>Third Period 1:15 pm – 2:30 pm</b>			
<b>C1</b>	Viewing the Hudson Valley in Art: Then and Now		page 10
<b>C2</b>	Best American Short Stories of 2015	<i>Limited*</i>	page 12
<b>C3</b>	The Art of Making Photographs – Part II	<i>Limited*</i>	page 12
<b>C4</b>	International Folk Dancing	<i>Limited*</i>	page 13

*\*See Registration Information* on page 14 for complete information about limited enrollment and the lottery system.

**Lifespring's goal is academic:** to provide a variety of courses for your consideration and reflection. Our curriculum committee makes every effort to schedule presenters who are experienced professionals and enthusiasts; however, Lifespring does not either recommend or not recommend the services or products of any presenter or guest speaker.



# COURSE DESCRIPTIONS

## A1 *Opera as Politics*

Wed. Apr. 19, 26; May 3, 10, 17, 24  
9:30 am – 10:45 am

Opera has been a major art form in Western society for more than 400 years and has had much to say about politics. This course looks at governmental, sexual, economic, and religious politics as expressed in opera. We will do a close examination of opera from its beginnings into the long 19th century, with special focus on the works of Mozart, Beethoven, Verdi, and Wagner, and we'll look at the current state of opera as a political vehicle. We will experience select operatic video performances in class as political themes are developed. No prior knowledge of opera is assumed and no technical musical knowledge is required.

### Presenter

**Chuck Mishaan** has been an opera aficionado since the days of \$2.00 tickets at the old Metropolitan Opera House. He briefly appeared in a non-singing role on stage at the new Met, and he is a regular attendee at this world-class venue. Chuck was an adjunct professor at NYU, teaching about technology and its impact on health care, and he continues to consult with health-care providers on automating their clinical practice.

### Coordinator

Susan Greenstein

## A2 *When Ethics Meets Economics*

Wed. Apr. 19, 26; May 3, 10, 17  
(no class on May 24)  
9:30 am – 10:45 am

The world in general and the United States in particular face a number of serious ethical dilemmas. How should we address climate change? What should be done about inequality? How do we deal with technological change that seems to eliminate jobs? Ethics alerts us to the problems, but economics is required to find effective solutions. This course will evaluate some of the economic proposals for addressing these problems. And as we will see, economics itself is imbedded in ethics. The course format will combine lectures and classroom discussion.

### Presenter

**Norman E. Bowie** is Professor Emeritus at the University of Minnesota. He is perhaps best known for bringing the moral philosophy of Immanuel Kant to bear on issues in business ethics. He is co-editor of the text *Ethical Theory and Business*, now in its ninth edition. His most recent book is *Business Ethics in the 21st Century*. He is past president of the Society for Business Ethics and former Executive Secretary of the American Philosophical Association. In 2009 The Society for Business Ethics honored him with an award for scholarly achievement.

### Coordinator

Susan Davis

*“Education is soul crafting.”*

— Cornel West

### A3 *Air Power and the Cold War — Part II*

Wed. Apr. 19, 26; May 3, 10, 17, 24  
9:30 am – 10:45 am

This course examines the events that shaped the Cold War with an emphasis on the importance of aircraft and missiles. Part I dealt with events to the midpoint in 1968. Part II will begin with a comprehensive review of the war to this point and continue with the conclusion of the Viet Nam War. The arms and space races, escalations of the war, weapons treaties, the fall of the Berlin Wall and collapse of the USSR are discussed. Finally, results, lessons learned, and today's nuclear weapons risk will be examined. *(To register, it is not necessary to have taken Part I of this course.)*

#### Presenter

*D. Michael Simpler* flew the B-52 for four years with nuclear weapons strike capability in the former USSR. He participated in numerous nuclear war exercises and had a combat tour in Vietnam. Later, as a civilian pilot, he flew extensively in the Eastern Bloc countries and Russia. While a resident of Berlin, he witnessed the fall of the Berlin Wall.

#### Coordinator

Susan Puretz

### A4 *Magic Tricks for the Family*

Wed. Apr. 19, 26; May 3, 10, 17, 24  
9:30 am – 10:45 am

#### LIMITED ENROLLMENT

As an adult have you ever seen a child's eyes light up with wonder at the completion of a magic trick? Have you watched a youngster's amazement when a coin is made to disappear and subsequently is pulled from the back of his or her ear? Or, when he or she has picked a card from a shuffled deck and it is immediately identified by the magician? Using common household items, you'll learn the techniques to accomplish the above and lots more — simple sleight of hand, preparation of gimmicks and their handling, and, most important, how to perform the effect, including what to say, how to lie, how to misdirect attention, and other basic tools of the magician's profession.

A fee of \$15, for the acquisition of special props, will be collected at the first class session.

#### Presenter

*Andy Weintraub* is an economist and a magician — two very compatible professions. He was a professor of economics at Temple University for thirty years before retiring from teaching to be a full time consulting forensic economist and founder and president of The CENTER for Performing Arts at Rhinebeck. Magic has been his hobby since his uncle showed him a magic trick at age 7.

#### Coordinator

Susan Puretz

*“Tell me and I forget.  
Teach me and I remember.  
Involve me and I learn.”*

— Benjamin Franklin

**B1** *Historians Speak:  
Preserving Our  
Local Legacy*

Wed. Apr. 19, 26; May 3, 10, 17, 24  
11:05 am – 12:20 pm

Famous local historian Alf Evers once said:  
“You can’t understand a town without  
understanding the surrounding towns.”

In this multi-presenter course, local history comes alive through the sharing of information about the past from the perspective of six historians representing various locales in Ulster County. We will learn something about their village, town, city, or county as well as their approach to the important work of making history accessible, interesting, and relevant.

**Presenters**

**Bob Steuding**, author of *The Heart of the Catskills*, *The Last of the Handmade Dams: The Story of the Ashokan Reservoir*, and *Rondout: A Hudson River Port*

**Geoff Miller**, Ulster County Historian

**Gail H. Many**, Town of Marbletown Historian

**Audrey Klinkenberg**, Town of Saugerties Historian and Ulster County Deputy Historian

**Richard Heppner**, Town of Woodstock Historian and author of *Women of the Catskills* and *Woodstock – Everyday History*

**Michael Sullivan Smith**, author of *A Brief History of Saugerties* and a founding member of the Town of Saugerties Historic Preservation Commission

**Rob Sweeney**, Town of Ulster Historian

**Coordinator**  
Susan Puretz

**B2** *Be It Resolved: The Role  
of the U.S. Supreme Court  
in Deciding the Critical  
Issues of Our Time*

Wed. Apr. 19, 26; May 3, 10, 17, 24  
11:05 am – 12:20 pm

**LIMITED ENROLLMENT**

In this course we’ll learn how Supreme Court decisions came to be the “law of the land,” looking at selected cases that affect our lives. We’ll explore the impact of individual justices on case outcomes as well as “Politics and Poker,” the complicated process of selecting justices and the political considerations involved. Finally, we’ll look at the future and ongoing issues of concern to the court and country.

**Presenter**

**Bob Greenwood** is a retired attorney who has practiced law in New York and New Jersey. Educated at Princeton University and the University of Pennsylvania Law School, he has served in the following capacities: Deputy New Jersey Attorney General; Chief Counsel to the New Jersey Department of Education; Administrative Law Judge; court-appointed mediator; counsel to public boards of education and non-profit and profit corporations — in addition to decades in private practice. Presently, he is serving as an Impartial Hearing Officer for the State of New York and an Administrative Law Judge for the New York City Contract Dispute Resolution Board.

**Coordinator**  
Susan Puretz

### **B3** *Graphite Drawing for Beginners*

**Wed. Apr. 19, 26; May 3, 10, 17, 24**  
11:05 am – 12:20 pm

#### LIMITED ENROLLMENT

Three of the greatest exponents of graphite drawing were Raphael, Leonardo da Vinci, and Michelangelo. Their techniques will be explored in 6 classes for beginning students of art. Crisp, clear lines and shadows produced by hatching and crosshatching will lead to the creation of realistic forms. Subjects for the classes will include still life, animals, and faces.

Please bring the following materials to class: \$5 Artist's Loft Sketching and Drawing Set (18 pieces) and \$8 Canson Drawing Paper 9"x 12" 70 lb, 30 sheets can be purchased at Michael's in Kingston, NY.

#### Presenter

**Kristy Bishop**, a winner of the Gold Medal of Honor for Pastels in national competition and many regional art awards, is the owner of the Kristy Bishop Studio in Saugerties. Founder of Kristy's Kreative Kids, Bishop has taught children and adults privately since 1977 and at the Ulster County Community College, 1984 - 1987. Currently president of the Ulster County Art Association based in Saugerties, she is also an active artist member of the Woodstock Artists Association & Museum since 1977, along with many other local art associations. Bishop exhibits her artwork regularly throughout the Hudson Valley.

#### Coordinator

Karen Reynolds

### **B4** *The Poetry of Czesław Miłosz*

**Wed. Apr. 19, 26; May 3, 10, 17, 24**  
11:05 am – 12:20 pm

Like Seamus Heaney, Miłosz entralls us because he was close to a terrible war of our time. For Miłosz, the site was Warsaw during the Nazi/Soviet occupations. Both poets lived on into another century and other times. How the poet and the man engage with such complex losses/gains gives us a large body of complex and beautiful poems. It's especially fortunate for us that Miłosz was also an excellent English speaker and translated his own poems into English.

We work by reading the poems together, first out loud, listening to the poet and the voice reading the poem. We are not so much "interpreting" the poem as clarifying and developing our powers of perception on great poems that respond to every true observation. "There are as many ways as can be drawn radii from one center."

Our text is *New and Collected Poems: 1931-2001* by Czesław Miłosz. Two good sources in addition to Amazon.com are: The American Book Exchange at AbeBooks.com and Half.com

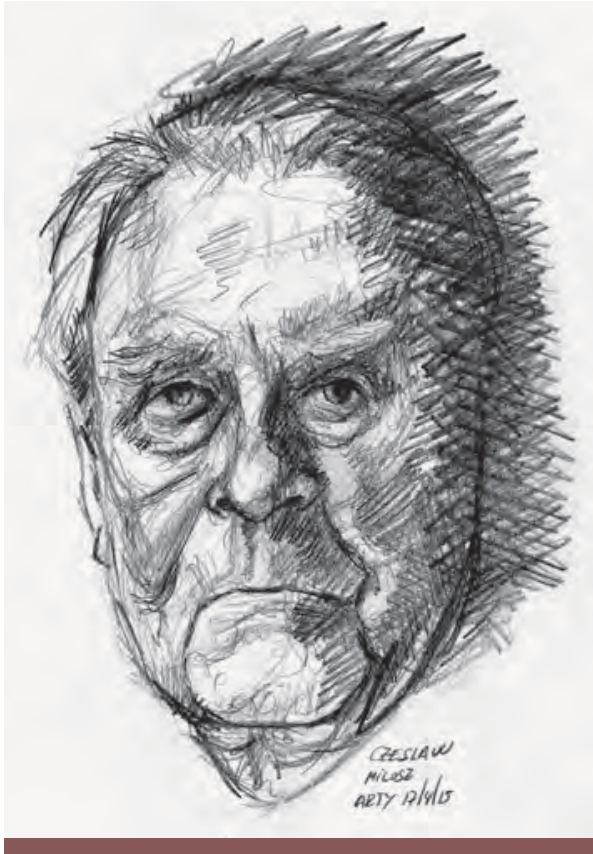
#### Presenter

**Rosemary Deen** did her graduate studies at the University of Michigan and the University of Chicago. She is retired from the English department of Queens College, CUNY. The poet Marie Ponsot and she developed a radical new approach to the teaching of writing in two books, one of which won a national award. She gives workshops in writing and reading and has published a book of essays, *Naming the Light*. She is the poetry editor of *Commonweal* magazine.

#### Coordinator

Susan Greenstein





Czeslaw Milosz, Arturo Espinosa

**Inspired?** See Course B3, “Graphite Drawing for Beginners,” or Course B4, “The Poetry of Czeslaw Milosz”

## **B5** *Singing the Story of My Life*

**Wed. Apr. 19, 26; May 3, 10, 17, 24**  
**11:05 am – 12:20 pm**

Through sharing the music that shaped Bob Cohen’s lifetime, we’ll be given a personal context for a rich array of songs: Yiddish, Israeli, and American folk, as well as political, union, and prison songs. To this mix, Bob has added freedom songs learned while working with African-Americans in the South struggling for their right to vote. Later he made a political and cultural journey that took him from political left to democratic center, with songs always there to help him on that journey. At one time, after a stint in prison, he started to write songs based on the Hebrew prophets and the story of Jesus, helping him to turn around and “return to my truer self.”

Learning on the job to be a cantor, Bob sang prayers both traditional and contemporary; he rediscovered the “Great American Song Book;” and finally, Bob’s repertoire was enhanced by songs of new songwriters and singers writing in folk traditions, but in fresh and creative ways. **All this, he’ll share with the class!**

### **Presenter**

**Bob Cohen**, is the cantor at Congregation Emanuel in Kingston, NY, and chair of the Ulster County Religious Council, an interfaith outreach group. He sings the good old songs for seniors in assisted living and nursing homes and is on the boards of Family of Woodstock, Ulster Prevention Council, and the Ulster County Community Action Council. He is currently leading a program, The Great American Song Book Sing-Along, which features one composer/lyricist every month – held at Congregation Emanuel – to which you are all invited.

### **Coordinator**

Jouette Bassler

*“A happy life is one spent  
 in learning, earning,  
 and yearning.”*

— Lillian Gish

## **C1** *Viewing the Hudson Valley in Art: Then and Now*

**Wed. Apr. 19, 26; May 3, 10, 17, 24**  
**1:15 pm – 2:30 pm**

America's first art movement, the 19th century Hudson River School of Art, sprang from the work of painters Thomas Cole and his pupil Frederic Church, who were drawn here by the magnificent unspoiled scenery of the Hudson Valley and the Catskills. The work of Kingston landscape painter Jervis McEntee, prominent in his own day but not widely known today, will also be considered, extending our perspective. Finally, we'll focus on a variety of contemporary artists who continue to be inspired by the valley's natural environment, sometimes using traditional materials, sometimes making the most of present-day tools.

### **Apr. 19**

#### **Home Grown: Contextualizing the Hudson River School Painters**

The opening lecture presents an introduction to the movement recognized as the first truly American artistic genre, the Hudson River School of landscape painting, which claims its roots in the heart of the Hudson Valley. We'll survey the major artists involved, including progenitor Thomas Cole, as well as Frederic Church, Jasper Cropsey, Sanford Gifford, and Albert Bierstadt; all of whom had homes and studios in the region. Images of their art will be explained to help identify the quintessential attributes of the style and the era and how these painters still influence artists painting today.

#### **Presenter**

**Valerie A. Balint** is a curator at Olana, the historic home, studio, and 250-acre artist-designed estate of Frederic Church and a frequent lecturer on Church and the Hudson River School, as well as 19th century social history and material culture. Valerie is co-author of *Glories of the Hudson: Frederic Edwin Church's Views from Olana*. She received her MA in Public History from the State University of New York at Albany.

### **Apr. 26**

#### **Native Son, Nation's Painter: Jervis McEntee and the Hudson River School**

We'll explore the life and artistic impulses of Kingston-born painter Jervis McEntee. Coming on the heels of two groundbreaking exhibitions on the artist in 2015, this lecture will examine McEntee's art and career relative to other landscape painters of the Hudson River School, as well as his relationships with artists within his circle, including Frederic Church. McEntee's lifelong connection to Kingston and its impacts, both professional and personal, will also be discussed, as well as his popularity among today's art lovers and painters.

#### **Presenter**

**Valerie A. Balint**

(see Apr. 19 for biographical information)

### **May 3**

#### **Enduring Influence: a Contemporary Landscape Painter following in the steps of the Hudson River School**

A well-known Kingston landscape artist will share images of her work alongside those of the Hudson River School painters, discussing how the area landscape and the artistic heritage of the region have continued to inspire and influence her work with a spiritual "sense of place." Her work has been described as a "modern update" of the Hudson River School in that it includes more contemporary aspects, such as a focus on mood and light capturing the essence of nature with less emphasis on specific visual details.

#### **Presenter**

**Jane Bloodgood-Abrams** has been a lifelong resident of the Hudson Valley and received a Masters of Fine Art in Painting from the State University of New York at New Paltz. She has exhibited throughout the U.S. and Europe, has been inducted into the National Association of Women Artists, and is included in *Who's Who in American Art*.

**May 10****A Romantic's Vision of the Landscape**

An accomplished present day artist from New Paltz interprets 19th century romantic ideals for new generations. While Kevin paints familiar Hudson Valley scenes, he says his paintings represent “an inner landscape, a journey of the soul.”

**Presenter**

**Kevin Cook** has been named a painting fellow by New York Foundation of the Arts, and he subsequently served on their Advisory Committee. Kevin is a guest educator at the Dorsky Museum in New Paltz and exhibits in a number of galleries.

**May 17****Valley Views in Watercolor**

We'll be viewing and discussing the watercolors of Staats Fasoldt, many of which depict his native Hudson Valley. In college, Staats was told “Do film” because landscape painting was dead and past resuscitation. Nevertheless, he continued doing what he liked best: “I'm not sure what fascinates me about light on forms in nature, but it inspires me. I continue painting landscapes as a beautiful way to be in nature, not expecting artistic relevance, but with pleasure, which may be enough.”

**Presenter**

**Staats Fasoldt** has painted since childhood and

earned an MFA in Painting from the State University of New York at New Paltz. He has taught watercolor painting at The Woodstock School of Art for 32 years and is on its Board of Directors. His work has been widely exhibited.

**May 24****Photographing the Hudson Valley**

A seasoned photographer will talk on the influences of the landscape—the energy, the skies, and the water—as they relate to his experiences of photographing the Hudson Valley over the last 43 years. He will give a brief history of the connection between artists such as Hudson River School painters in their New York City studios and the Catskills. He'll also explain why this area is a feast for landscape photographers.

**Presenter**

**Michael Nelson** is a graduate of Rochester Institute of Technology in photographic illustration. He is a commercial photographer in New York City and the Hudson Valley and a former gallery owner in Saugerties (2006-2008). He has given workshops for the Metropolitan Museum of Art, Storm King Art Center, Museum of the Hudson Highlands, as well as many classes in his studio.

**Coordinator**

Sandy Ostoyich

Section from *Early Autumn on Esopus Creek*, Alfred T. Bricher **Inspired?** See Course **C1**, “Viewing the Hudson Valley in Art: Then and Now”



## C2 *Best American Short Stories of 2015*

Wed. Apr. 19, 26; May 3, 10, 17, 24  
1:15 pm – 2:30 pm

### LIMITED ENROLLMENT

Continuing once again in the shared inquiry tradition of Lifespring short story courses, we will read and discuss a different story each week from the anthology, *The Best American Short Stories of 2015*, edited by T.C. Boyle. Each week, participants will be emailed several open-ended, thought-provoking questions about the following week's story. Class participation is a hallmark of the shared inquiry method, in which lively, text-based conversation leads everyone to new ideas, feelings, and insights about the stories we've studied.

Please bring the book to class on the first day, and please read *Thunderstruck* by Elizabeth McCracken. If you don't have the book, it is readily available at Amazon, Barnes and Noble, and elsewhere.

### Presenter

*Susan Greenstein* was a director for Historic Hudson Valley; a manager of programs at the New York Botanical Garden; and Head of Education at Rancho Santa Ana Botanic Garden in Claremont, CA. She has facilitated the shared inquiry short story course for the past several semesters.

## C3 *The Art of Making Photographs – Part II*

Wed. Apr. 19, 26; May 3, 10, 17, 24  
1:15 pm – 2:30 pm

### LIMITED ENROLLMENT

Crafting an art-full photograph (or portfolio) continues to hold our course presenter spellbound, even after her 45-year career. This course will explore how to develop and expand visual acuity for making the unique, photographic point of view. Open to any photographer looking to go beyond the basic "snapshot experience," the course is lecture and assignment driven. To enhance the student's experience, weekly AV presentations of painting and photography masters will help to define the home assignment for the following week's critique.

Students must have access to a camera (digital or film-based), have basic camera skills, and be able to produce full-frame prints (8"x10" or smaller) by a home printer, lab, or darkroom for the weekly critiques.

### Presenter

*Lauren Piperno*, a local photographer and educator, has taught at the International Center of Photography, Parsons School of Design, The Center for Photography at Woodstock, and elsewhere. She is the co-author of the full-color, collaborative book project, *Masked Culture: The Greenwich Village Halloween Parade*, and she has photographs in numerous permanent collections including the Museum of Modern Art (NY), The Brooklyn Museum of Art, and the Bibliotheque Nationale (FR). As a recipient of the American-Scandinavian Fellowship, she has lived and worked in Iceland.

### Coordinator

Annette Zwickler

*"Learning never  
exhausts the mind."*

— *Leonardo da Vinci*



## C4 *International Folk Dancing*

**Wed. Apr. 19, 26; May 3, 10, 17, 24**  
**1:15 pm – 2:30 pm**

### LIMITED ENROLLMENT

Participants will learn and do traditional circle dances from Greece, Hungary, Israel, Macedonia, Romania, and more. Beautiful ethnic music will inspire us and will create an atmosphere of peace and unity. Joining hands in a circle will provide support for all, whether beginner or experienced.

Please wear supportive, rubber-soled shoes that tie or clasp and do not slip off (i.e. sneakers or a similar type).

### Presenter

*Isabel Miller*, studied folk dance in NYC public schools, summer camps, community programs,

and at the University of Miami. In addition, she was an instructor for Community Heart Health Coalition of Ulster County and a recreation leader at Ten Broeck Commons Healthcare Facility in Lake Katrine. She has taught classes and led folk dance programs for more than 30 years in Woodstock and surrounding communities at camps, schools, and community events, and she has performed at nursing homes, libraries, community centers, and schools.

### Coordinator

Susan Puretz

*“The brighter you are, the more you have to learn.”*

— *Don Herold*

photo by Harvey Greenstein **Inspired?** See Course **C3**, “The Art of Making Photographs – Part II”





# REGISTRATION INFO

*Here is a step-by-step guide to the registration process; please read this information carefully so that you are able to make informed choices when you register.*

The spring semester begins on Wednesday, April 19, 2017 and ends on May 24, 2017. Unless otherwise noted in the course description, classes are held at the Woodstock Jewish Congregation, 1682 Glasco Turnpike, just off Route 212, between Saugerties and Woodstock. **Registration closes on February 21, 2017.**

## Class Choices

Some courses have size limits mainly because the presenter has requested it or the size of the rooms require it. These courses are designated as **LIMITED ENROLLMENT** in the catalog. Please **SELECT** a first and second choice on the registration form for each time slot. If you are not interested in a second choice then leave a blank, but be aware that if you are not placed in your only choice, you may not have a course in that time slot. We make a very sincere attempt to satisfy everyone's wishes for their course choices; however, it is not always possible for you to get your first choice. In the classes where there is **LIMITED ENROLLMENT** and we receive more registrations than the enrollment limit, we will use the **LOTTERY SYSTEM**.

## Limited Enrollment and the Lottery System

Registration processing **BEGINS** on the day after the close of registration. At that time, if it is determined that a **LOTTERY** is necessary for some courses, the following conditions apply: People who serve on committees that meet continuously throughout the year get priority placement in courses. After they are placed in the courses of their choice, the names of other people requesting a **LIMITED ENROLLMENT** course are randomly selected by computer to determine the roster for that course. Those not selected via the Lottery System for the **LIMITED ENROLLMENT** course will be placed on a waiting list, in case someone withdraws. Meanwhile they will be given their second choice course provided that their second choice is not also a **LIMITED ENROLLMENT** course that is already filled. In that case, there is still another opportunity for course selection during the **ADD/DROP** period in the first two weeks of classes. Hopefully, this explanation highlights the fact that when your first choice is a **LIMITED ENROLLMENT** course, you may want to make your second choice an open enrollment course to increase the chances of getting a course that you want.

## Add/Drop

Should you decide you want to add, drop, or switch a course, you will be able to do so on the first and second week of classes. Times and locations of the **ADD/DROP** table will be posted on the bulletin board in the lobby.

## Attendance

Please be aware that presenters have carved out of their busy lives a time commitment to Lifespring. We understand that you, too, are very busy in other areas of your life; however, we encourage you to attend the classes for which you registered. Please note that the small classes are usually in high demand and may require a lottery. Please register for any Limited Enrollment courses only if you expect to be able to attend.

## Filling Out the Membership Registration Form Completely

Filling out the form as directed maximizes the chance that you will get the courses that you request. Blank spaces will be taken as blank spaces. Please fill out the form completely. If you have any questions about how to use the form, please call or email.

# REGISTRATION FORM

*Mail this completed form to:*  
**Lifespring**, Town Hall, 4 High Street, Saugerties, NY 12477

*Please print your information clearly:*

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NAME

---

ADDRESS

---

CITY STATE ZIP CODE

---

PHONE EMAIL

Check here if there is a change in your contact information.

**Registration will close on February 21, 2017.**

We cannot honor any registrations that are postmarked after February 21, 2017.

### Your Course Selections:

- Please write 1 and 2 for each time slot to indicate your first and second choices.
- You will be placed in either your first or second choice, assuming that they are not both lottery courses. (Please consult the Registration Information page for more about Limited Enrollment and the Lottery System.) If you do not put down a second choice, you may not have a course for that timeslot.

**Wednesdays**  
 9:30 am – 10:45 am

Mark your choices with 1 and 2 on this line:

<b>A1</b>	<b>A2</b>	<b>A3</b>	<b>A4</b> *

**Wednesdays**  
 11:05 am – 12:20 pm

Mark your choices with 1 and 2 on this line:

<b>B1</b>	<b>B2</b> *	<b>B3</b> *	<b>B4</b>	<b>B5</b>

**Wednesdays**  
 1:15 pm – 2:30 pm

Mark your choices with 1 and 2 on this line:

<b>C1</b>	<b>C2</b> *	<b>C3</b> *	<b>C4</b> *

\* Indicates a Limited Enrollment course

## Board of Directors

Fall 2016 – Spring 2017

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### Services Coordinator

Marjory Greenberg-Vaughn

### Public Relations

#### Coordinator

Sandy Ostoyich

### Events Coordinator

Colleen Greco

### Audio-Visual

#### Coordinator

Vacant

### Members-at-large

Roberta Gavner

Barbara Kaisik

Matt Ostoyich

Annette Zwickler

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*Ex-officio member*

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Lyn Bauer

Christine Blair

Dorothy Burns

Eugene Burns

Kathy Carroll

Constance Catalinotto

Juliette Eisenson

Lee Gable

Colleen Greco

Janine Grogan

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Laura Phillips

Karen Reynolds

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## Telephone Support

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## Webmaster

David Cartmell