

LIFESPRING

Saugerties Adult Learning Community

Fall 2017 Courses



Lifespring

Town Hall
4 High Street
Saugerties, NY 12477

phone: 845-246-2800 x 452
email: lifespring.saug@gmail.com
website: lifespringsaugerties.com

WELCOME

Lifespring, an adult learning community, offers a broad range of noncredit educational activities for retired, semi-retired, and other adult participants. Lifespring's goal is to provide diverse learning experiences for all its members, regardless of previous educational background. We recognize that many active retirees wish to continue to learn and grow and participate in an environment that is both social and encouraging. In this venue, we come together to share our knowledge and interests, and socialize with like-minded people.

Lifespring offers classes/courses, lectures, and events that provide opportunities for active adults and/or retirees to:

- stimulate our minds in new and creative ways
- learn about topics that have been intriguing
- challenge ourselves in new areas
- open new vistas in learning
- discover new talents, skills, and interests
- meet new people

Membership and Fees

The annual membership fee is \$80 per person. This entitles each member to 3 courses a semester and any planned special events. The year runs from August 2017–July 2018. There is a fall semester and a spring semester. Some presenters may ask for the purchase of a textbook or may require a small materials fee. Please note that membership fees are not refundable and not transferable for current members. **New members** are accepted in the fall of each year. Please see page 13 for important information about new memberships.

For additional information about membership, please visit the Lifespring website at www.lifespringsaugerties.com

Location

Most courses are held at the **Woodstock Jewish Congregation (WJC)**, on Glasco Turnpike, near Route 212. Ample parking is available on the grounds. The classrooms are accessible to people with disabilities.

Gratitude

We thank all volunteers, including presenters, course coordinators, committee members, Board members, and many others who donate their time and energy for the **Lifespring** program. We respect their hard work, generosity, and talent, and we thank everyone who is a part of this creative endeavor. In addition, we thank the Town of Saugerties for their generous support and backing. We extend further appreciation to the WJC for the rental of their ample and comfortable space.

Feedback

If you have any feedback or suggestions, please feel free to come to a Board meeting and discuss the issue. Board meetings are usually the second Tuesday of the month at 9:30 am in the Town Hall Building Department conference room (check first to see if a meeting is being held).

In addition, you may direct any questions to:

lifespring.saug@gmail.com

or call us at

845-246-2800 ext. 452.



COURSE OVERVIEW

Wednesdays: Oct. 4 (no classes Oct. 11), 18, 25; Nov. 1, 8, 15

FIRST PERIOD 9:30 am – 10:45 am		Enrollment	Details
A1	American Government: Rules of the Game and How It Is Played		page 4
A2	Leaps, Bounds, and Stumbles: A History of Biology		page 4
A3	Goddesses, Whores, Wives—and Surprises: Depictions of Women in the Bible		page 5
A4	Mark Twain and Samuel Clemens		page 5
A5	T'ai Chi Chih	<i>Limited*</i>	page 6
SECOND PERIOD 11:05 am – 12:20 pm			
B1	Protecting the Environment: Activism and the Law		page 7
B2	Everything You Always Wanted to Know about Judaism, but Were Afraid to Ask		page 8
B3	Listening to Classical Music		page 8
B4	Her Own Accord: American Women on Identity, Culture and Community	<i>Limited*</i>	page 9
B5	Writing Non-Fiction, Three Ways	<i>Limited*</i>	page 9
THIRD PERIOD 1:15 pm – 2:30 pm			
C1	Broadway: Putting It Together		page 10
C2	Emily Dickinson's Birds and Other Beasts	<i>Limited*</i>	page 10
C3	The Use of Propaganda by the Third Reich		page 11
C4	Living Well with Pain: A Relational Approach		page 11
C5	Economics Versus Politics		page 12

**See "How to Register for a Course" on page 14 for complete information about Limited Enrollment and the Lottery System.*

Lifespring's goal is academic: to provide a variety of courses for your consideration and reflection. Our curriculum committee makes every effort to schedule presenters who are experienced professionals and enthusiasts; however, Lifespring does not either recommend or not recommend the services or products of any presenter or guest speaker.

COURSE DESCRIPTIONS

A1 *American Government: Rules of the Game and How It Is Played*

Wed. Oct. 4 (no class Oct. 11),
18, 25; Nov. 1, 8, 15
9:30 am – 10:45 am

In this course, we will explore the historical rationale concerning the structure and function of the American government and examine the current structure of the government and how it operates in a modern world. Topics include: Government, Power and Politics; Federalist Papers and the U.S. Constitution; Federalism, Separation of Powers, Checks and Balances, and Judicial Review; Examination of the Executive, Legislative, and Judicial Branches of Government; and the Role of Political Parties.

Please bring your own copy of the United States Constitution to class, readily available online.

Presenter

Donn Avallone retired from Kingston High School after 37 years of teaching American History and Government, both at the Regents and Advanced Placement level. He has also taught introductory courses for Ulster County Community College in area prisons and educational methods courses at SUNY New Paltz. He has BS and MS degrees from SUNY New Paltz.

Coordinator

Annette Zwickler

A2 *Leaps, Bounds, and Stumbles: A History of Biology*

Wed. Oct. 4 (no class Oct. 11),
18, 25; Nov. 1, 8, 15
9:30 am – 10:45 am

Our understanding of living things has grown “by leaps and bounds,” particularly in the latter half of the 20th century. But there have been a few “stumbles” in our understanding of the mechanisms of life. This course will provide an overview of how our understanding of life (the science of biology) has evolved since the time of Aristotle and Hippocrates.

This is NOT a course in the history of human evolution.

Presenter

Bill Tuel, PhD, retired in 2008 from IBM after a long career in computer research and development. He is a student of the History of Science, and he has taught a Lifespring course on the history of Mathematics. For this course, he has immersed himself in texts and on-line courses about biology, and has presented the course at Bard LLI.

Coordinator

Jouette Bassler

*“What we learn with pleasure
we never forget.”*

— Alfred Mercier

A3 *Goddesses, Whores,
Wives — and Surprises:
Depictions of Women
in the Bible*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
9:30 am – 10:45 am

Three-fourths of this course title comes from a book by Sarah Pomeroy (1975) on the roles of women in ancient Greece and Rome; however this course turns the investigation to the depictions of women in the Bible. We will examine not just the way the women are presented in the Bible, but the ambiguities in the presentations, the lines of misinterpretation that later writers have taken, and interpretations implicit in artistic representations of the women. Examples will come from the Jewish canon, e.g., Eve, Rebekah, Deborah, and the Christian canon, e.g., Mary Magdalene, a nameless Samaritan woman, and women in Paul's churches.

No prior acquaintance with these women or these texts is necessary, though access to a Bible would be of significant benefit.

Presenter

Jouette Bassler is a retired Professor of New Testament who taught introductory courses on the entire Bible at Georgetown University, introductory courses on the New Testament at Perkins School of Theology, Southern Methodist University, and many advanced seminars often focused on how women are portrayed in these writings. Her publications—books, articles, and essays—also include many that explore this topic.

Coordinator

Jouette Bassler

A4 *Mark Twain and
Samuel Clemens*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
9:30 am – 10:45 am

Samuel Clemens was born when Halley's Comet blazed through the sky in 1835 and died when it returned 75 years later. Mark Twain, Samuel's pen name, was the most renowned person of his era and remains widely-quoted today. In this biographical and anecdotal course, we will travel from his childhood through his evolution into a public figure and iconic writer, and we will touch upon his family life, his dealings as an entrepreneur, and finally as a bitter political essayist.

Class assignments: These will not be of an extensive nature, but any student who wishes to elaborate on one of Twain's quotes (selections will be provided in class) may prepare a ten-minute presentation on its relevance today and a commentary on its universal appeal. The Presenter's library of Clemens's works, biographies, and books discussing and dissecting him as a man and a writer will be available to anyone who wishes to borrow them.

Presenter

Claudia Andreassen earned her BA at Marietta College, Marietta, Ohio, her Master of Professional Studies at SUNY New Paltz, and she studied in the Mark Twain Studies program at Elmira College, New York. She is a retired Ulster County Probation Officer and is currently a Town of Saugerties Magistrate.

Coordinator

Susan Puretz

A5 *T'ai Chi Chih*

Wed. Oct. 4 (no class Oct. 11), **18, 25; Nov. 1, 8, 15**
9:30 am – 10:45 am

LIMITED ENROLLMENT

This class is for anyone who would like to explore “joy through movement.” Students will learn the 20 movements of this short form of T'ai Chi Chih, practicing weekly in order to achieve ease and proficiency. The movements promote flexibility, balance, and health in every part of the body by circulating and balancing the chi/energy. Wear comfortable clothing and shoes. Handouts will be provided.

Presenter

Ann Sherry has been an accredited T'ai Chi Chih teacher since 1998. She has previously taught in the adult education program at Mt. St. Mary's College, at Lifespring, and in private practice. Ann is a retired registered nurse.

Coordinator

Susan Puretz

*“Learning is a tunnel
experience that makes us
think more broadly.”*

— Anna Deavere Smith



photo by Neub via Flickr Commons

B1 *Protecting the Environment: Activism and the Law*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
11:05 am – 12:20 pm

As threats to the environment become more and more severe, the need for active and informed responses becomes ever more urgent. In this course, a group of lawyers, activists, and environmentalists will share their wide-ranging expertise about local, regional, and global issues, describing not only what has been done, but also what needs to be done to protect and preserve the fragile earth. The presenters will explore matters as diverse as nuclear policy, fracking, oil pipelines, Hudson River pollution, local land use, and the tactics and tools of organizing.

Oct. 4
**Advancing Environmental Justice:
Examples from the Hudson Valley**

Presenter

Manna Jo Greene Environmental Director for Hudson River Sloop Clearwater and former Recycling Coordinator/Educator for Ulster County

Oct. 18
**Community Organizing to Stop Proposals
That Will Harm Our Town: No Megadump!
No Casino!**

Presenter

Lanny Walter, Attorney-at-Law, co-founder and chair of the Winston Farm Alliance and No Saugerties Casino, Inc.

Oct. 25

**Environmental Movements Across the State
and Country: The Coalition Against Pilgrim
Pipelines and Other Struggles, from
Standing Rock to West Virginia**

Presenter

Sue Rosenberg, retired social worker and local activist who helped organize Frack Free Catskills, the Coalition Against Pilgrim Pipelines, and the Extreme Extractive Energy Collaborative

Nov. 1

**The Good, The Bad, and The Ugly: Migratory
Fish Conservation in the Hudson River Estuary**

Presenter

Chris Bowser, Education Coordinator, Hudson River Estuary Program and Hudson River National Estuarine Research Reserve; NYS Water Resource Institute at Cornell University

Nov. 8

Climate Protection and Nuclear Disarmament

Presenter

John Burroughs, Executive Director of the Lawyers Committee on Nuclear Policy and Director of the UN Office of the International Association of Lawyers against Nuclear Arms

Nov. 15

**Good Faith Negotiation in the Context of
Nuclear Disarmament**

Presenter

Elizabeth Shafer, board member of the Lawyers Committee on Nuclear Policy and a drafter of the 1997 Nuclear Weapons Convention

Coordinator

Jouette Bassler

B2 *Everything You Always
Wanted to Know about
Judaism, but Were Afraid
to Ask*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
11:05 am – 12:20 pm

Judaism is more than a faith — it is the ever-evolving culture, religion, traditions, and sacred stories of the Jewish People. This approach to describing Judaism was framed in the early 20th century by Rabbi Mordecai Kaplan, who named this approach “Reconstructionism”. The Reconstructionist approach understands Judaism in the light of historical consciousness, and it observes the ways that Judaism has and continues to evolve in response to changing eras and circumstances. In this course we will examine Judaism from this modern perspective.

All questions welcome! This course is open to all.

Presenter

Rabbi Jonathan Kligler has been the spiritual leader of Kehillat Lev Shalem, the Woodstock Jewish Congregation, for twenty-nine years. He was ordained in 1989 by the Reconstructionist Rabbinical College, and in 2014 received an honorary Doctor of Divinity from that institution.

Coordinator

Susan Puretz

B3 *Listening to
Classical Music*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
11:05 am – 12:20 pm

In this introductory series we will explore the evolution of classical music through six time periods. By guided listening and discussion of a varied selection of familiar composers, as well as less familiar pieces of music, we will chart the development of vocal and instrumental genres through the centuries. Moving from the medieval period and chant through the development of polyphony and harmony in the Renaissance, Baroque, Classical, and Romantic eras, and into the 20th and 21st centuries, we’ll explore not only the music and musical forms but links and parallels to the visual arts, technology, culture, and society.

For beginners and more advanced listeners as well!

Presenter

Barbara Wild received her Doctor of Musical Arts degree in Conducting from Boston University. She has performed in Carnegie Hall, Boston’s Symphony Hall, and Harvard University’s Sanders Theater. Dr. Wild has been on the faculty of Bakersfield College, Central Connecticut State University, and the College of Saint Rose. Recently retired from her position as choral director and music theory teacher at Rondout Valley High School, she lives in Saugerties, New York, where she maintains a private studio in piano and voice.

Coordinator

Susan Greenstein

“Never lose a holy curiosity.”

— Albert Einstein

B4 *Her Own Accord:
American Women on
Identity, Culture
and Community*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
11:05 am – 12:20 pm

LIMITED ENROLLMENT

This course is built around a close reading and group discussion of the Great Books selection, *Her Own Accord: American Women on Identity, Culture and Community*. The selections in this anthology—poetry, fiction, nonfiction, memoirs, and journalism—explore the experiences, challenges and achievements of women from a contemporary vantage. Together, these selections and their accompanying discussion questions guide us as we explore how gender informs aspects of women’s lives. Authors include Toni Morrison, Perri Klass, Julian Serano, Denise Levertov, and others.

Please bring the book with you on the first day of class. The text, *Her Own Accord*, is available through Great Books Foundation at \$24.95. It is also available as an eBook for \$9.95. Go to www.greatbooks.org and put the title into the search box.

Presenter

Irene Rivera Hurst has taught a number of previous Lifespring courses in literature, history, and women’s issues. She received her B.S. from Hofstra University in Psychology and Education, her Master’s Degree from SUNY Stony Brook in History/Social Studies, and her EDD from Hofstra University in Literacy Studies. She has had a varied professional career in education, from teaching to administration. After retirement, she became an associate professor in Literacy Studies and Curriculum and Teaching.

Coordinator

Susan Greenstein

B5 *Writing Non-Fiction,
Three Ways*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
11:05 am – 12:20 pm

LIMITED ENROLLMENT

Writing non-fiction is more varied than we think. In this course, we’ll play with three different genres: the personal essay, starting with an idea and taking it for a ride; memoir, where we will examine a part of our life with honesty, determination, and (if we can) humor; and poetry, where we can explore an intense emotion within the bounds of form, rhyme, and rhythm. Recommended readings are all easily available or provided by the presenter.

Presenter

Bette Ann Moskowitz has published a memoir, a book-length personal essay on advocating for an aging and institutionalized population, a novel, short stories, poems, personal essays, and songs, and she has just finished writing a second novel. She was an adjunct assistant professor at Queens College in New York City until 2000 and has taught at Ulster County Community College and in private and public workshops.

Coordinator

Mary Porter Hall

*“The whole of life, from the
moment you are born to
the moment you die, is a
process of learning.”*

— Jiddu Krishnamurti

C1 *Broadway: Putting It Together*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
1:15 pm – 2:30 pm

It takes *a lot* of people and *a lot* of specialized talent to get those big Broadway shows up and running. Join Mary Porter Hall for a behind-the-scenes look at creating Broadway shows – from inspiration to opening night – and beyond. Mary, a Broadway production stage manager, continues her popular series introducing us to some of the very talented men and women who make Broadway happen. Each week, guest speakers will provide lively descriptions of their personal contribution to putting on a Broadway show.

Among Mary's speakers will be Baayork Lee, from the original cast of *A Chorus Line*, who has since directed 35 productions of it world-wide; Artie Siccardi, technical supervisor for sixty years of Broadway productions and a Tony awards Lifetime Achievement recipient; and another Tony Lifetime Achievement recipient, Alyce Gilbert, currently wardrobe supervisor for *The Wiz*. Additional speakers will represent other areas of production and may include a producer and a musical director.

Presenter

Mary Porter Hall has had a long career as a productions Stage manager, being part of the production team on such original productions as *Annie*, *Barnum*, and *Fosse*. She was responsible for coordinating everything and everybody to create a show, and then for maintaining the production artistically and technically, including directing replacements, understudies, and national tours. Mary trained at the Royal Academy of Dramatic Art, London, and she was on the faculty of SUNY Purchase and the Yale School of Drama.

Coordinator

Mary Porter Hall

C2 *Emily Dickinson's Birds and Other Beasts*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
1:15 pm – 2:30 pm

LIMITED ENROLLMENT

Just imagine a woman of Emily Dickinson's intellectual prowess, writing in a world which valued Longfellow's sedate rhyme and rhythm rather than her witty little twists of poetic energy! Since she kept on writing, she must have known the value of her work. Did she imagine that one day we would be gasping with pleasure at her genius? Let's hope so!

Many of Emily Dickinson's poems are pleasant and easy to read. This course promises to present more of her puzzlers, relying on careful re-reading and class participation to experience their joy. The presenter will pass out packets of Dickinson's poems, mainly those displaying her intense gaze on the birds and beasts around her. We will read and re-read each poem together, making observations, hoping to catch the delight of her creation.

The poetry packets will be available in class for approximately \$5 each.

Presenter

ViVi Hlavsa has led classes in both poetry and literature for Lifespring, has a PhD in English from the State University of New York at Stony Brook and taught English at Queens College. Her poems have appeared widely in journals and in the books *Squinnied for Sign* (University of Hull, 1993) and *Waking October Leaves* (Time-Being Books, 1993).

Coordinator

Jouette Bassler

C3 *The Use of Propaganda by the Third Reich*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
1:15 pm – 2:30 pm

This course enhances its lectures with authentic films and recorded music performed by “Charlie and His Orchestra,” a group of Europe’s best jazz musicians, who were employed by the Nazis to circulate anti-Semitic and racial propaganda designed to demoralize and defeat US and Allied Forces. The presentation will examine the ways in which Nazi propaganda was used in print media, films, and music recordings. Recorded video interviews with the musicians who played in “Charlie and His Orchestra” will be shown, provoking the question of their innocence or guilt during their wartime activities. Also included will be a look at British and American traitors (Lord Haw Haw, Ezra Pound, Axis Sally), as well as the anti-Nazi efforts of famed actress and vocalist, Marlene Dietrich.

Presenter

Harold Lieberman is an award-winning professor emeritus of music who taught at Ramapo College and the Manhattan School of Music. A graduate of Juilliard and Columbia, he was a staff trumpeter at CBS Radio & TV in New York City (Arthur Godfrey, Carol Burnett, Ed Sullivan shows) and performed with many leading bands including Benny Goodman and the rock band, Pink Floyd.

Coordinator

Susan Davis

C4 *Living Well with Pain: A Relational Approach*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
1:15 pm – 2:30 pm

Dealing with chronic and/or acute pain is known to most of us. Yet when pain comes our way, we often react automatically by pushing it away, moving past it as quickly as possible, or sweeping it under the rug. Although our tolerance and understanding of pain is limited, when we shift our attitude towards pain and our beliefs about pain, we create an opportunity for the pain to become a friend and, perhaps, a great teacher.

In this course, we will examine our understanding of pain and develop a relationship with it. We will learn the connection between chronic pain and anxiety, stress, and depression, and we will explore how to transform our lives from just living and managing the pain, to a life of thriving. We will learn skills that include breathing practices, mindfulness movement, and meditations that we can use and integrate into our daily living.

Presenter

Gail Feinstein, LCSW, LMT, is a gestalt therapist and transformation leadership coach who brings more than 30 years experience working with addiction and recovery, aging, anxiety, and pain. She teaches, supervises, and trains internationally. Currently, she maintains a psychotherapy practice in Stone Ridge and New York City.

Coordinator

Susan Greenstein

*“Nothing can dim the light
 which shines from within.”*

— Maya Angelou

C5 *Economics Versus Politics*

Wed. Oct. 4 (no class Oct. 11), **18, 25;**
Nov. 1, 8, 15
1:15 pm – 2:30 pm

The principles of economics, as presented in any college economics text, are consistent and capable of explaining all forms of economic phenomena. They apply to the world and its population regardless of the political party, economic system, or special interest that might try to violate them. Imposing on them, or defying them, often generates outcomes that were unintentional and/or harmful. The Trump administration's policy agenda is composed of positions that may or may not achieve the objectives they seek. In this course we'll evaluate the administration's various positions within the framework of widely-accepted principles of economics, with a focus on international trade, immigration, taxation, health care, infrastructure, education, and jobs, jobs, jobs.

Presenter

Andy Weintraub was a professor of economics at Temple University for 30 years before retiring from teaching to be a full-time consulting forensic economist and founder and president of the Center for Performing Arts at Rhinebeck.

Coordinator

Susan Puretz

“The essence of teaching is to make learning contagious, to have one idea spark another.”

— Marva Collins



photo by mwm61916 via Flickr Commons



photo by Tim Brown via Flickr Commons

FOR POTENTIAL NEW MEMBERS

We thank you for your interest in becoming a part of Lifespring! In order to keep our learning community refreshed and vital, we recognize the importance of accepting new members each year; we anticipate that there will be some openings for the coming year.

We encourage you to register to become a member, and offer this explanation about how the process will work:

New applicants should submit their \$80 registration fee and the completed membership registration form with course choices clearly indicated by the August 1, 2017 deadline. You will be placed in a lottery for new members. Lifespring will accept new members by using a computerized lottery drawing for available spaces. You will be notified by email in August indicating whether or not you were selected through the lottery.

If you were NOT selected through the lottery for the Fall 2017–Spring 2018 Lifespring year, your check for the membership fee will be voided, and we hope that you will try again next year. We do not have a waiting list. At the end of August, those who have become new members will receive a packet of information confirming their courses.

We look forward to welcoming new members and hope that they will become active participants in our Lifespring Community. Please refer to the Lifespring website at www.lifespringsaugerties.com for additional information about Membership under Frequently Asked Questions.

HOW TO REGISTER FOR A COURSE

Here is a step-by-step guide to the registration process; please read this information carefully so that you are able to make informed choices when you register.

The fall semester begins on Wednesday, October 4, 2017, and ends on Wednesday, November 15, 2017 (with no classes on October 11). Unless otherwise noted in the course description, classes are held at the Woodstock Jewish Congregation, 1682 Glasco Turnpike, just off Route 212, between Saugerties and Woodstock. **Registration closes on August 1, 2017.**

Selecting Your Courses

When making your course selections, please note that due to the nature of the course or a presenter's request, some courses have limits on the number of participants. These are **Limited Enrollment** courses. **Other courses may be self-limiting simply due to physical space in the classrooms at the WJC.** When completing the Registration Form, you are asked to indicate a 1st and 2nd choice in each time period. To help increase the chances that you'll get the courses you want, it's important to select both a 1st and 2nd choice on the Registration Form. A computer-generated Lottery System determines admission to courses when the demand exceeds the number that can be accommodated.

Add/Drop

Should you decide you want to add, drop, or switch a course, you will be able to do so on the **first and second** week of classes, on a space available basis. Times and locations of the ADD/DROP table will be posted on the bulletin board in the hallway.

Attendance

We encourage you to attend the classes for which you registered! All of the presenters have made an important time commitment to Lifespring and we don't want them to be disappointed by lower attendance numbers than they expected. In some cases you've "won the lottery" and have gotten into a course with **Limited Enrollment** and high demand. Please be kind to your fellow Lifespringers and only register for a **Limited Enrollment** course if you plan and expect to be able to attend; otherwise you're taking the place of someone else who wants to get into the course as much as you do.

Filling Out the Membership Registration Form Completely

Filling out the form correctly maximizes the chance that you will get the courses that you request. Blank spaces will be taken as blank spaces.

If you have any questions about how to use the form, please call **845-246-2800 x452** or email us at lifespringsaug@gmail.com

See the next page for a registration form.

REGISTRATION

MAIL THIS FORM with a check for the \$80 fee to:
Lifespring, Town Hall, 4 High St., Saugerties, NY 12477

The membership fee for the year, August 1, 2017 – July 31, 2018, is \$80 (not transferable and not refundable for current members). A check from a new member applicant who doesn't "win the lottery" will be shredded.

Registration will close on August 1, 2017. We cannot honor any registrations postmarked after August 1, 2017.

Please print your information clearly.

☐ **CHECK HERE if your contact info has changed or if you are applying for a new membership.**

NAME

ADDRESS

CITY

STATE

ZIP CODE

PHONE

EMAIL

SELECT YOUR COURSE CHOICES

Please mark your first and second choice for each time period by writing a **1** or **2** on the line next to the course. We will make every effort to grant your requests. However, please read "How to Register for a Course" on page 14 for details on Limited Enrollment, the Lottery System, and classroom size constraints.



Choose Two

First Period 9:30 am – 10:45 am

- A1 _____ American Government: Rules of the Game and How It Is Played
A2 _____ Leaps, Bounds, and Stumbles: A History of Biology
A3 _____ Goddesses, Whores, Wives—and Surprises: Depictions of Women in the Bible
A4 _____ Mark Twain and Samuel Clemens
A5 _____ T'ai Chi Chih (LIMITED ENROLLMENT)



Choose Two

Second Period 11:05 am – 12:20 pm

- B1 _____ Protecting the Environment: Activism and the Law
B2 _____ Everything You Always Wanted to Know about Judaism, but Were Afraid to Ask
B3 _____ Listening to Classical Music
B4 _____ Her Own Accord: American Women on Identity, Culture & Community (LIMITED ENROLLMENT)
B5 _____ Writing Non-Fiction, Three Ways (LIMITED ENROLLMENT)



Choose Two

Third Period 1:15 pm – 2:30 pm

- C1 _____ Broadway: Putting It Together
C2 _____ Emily Dickinson's Birds and Other Beasts (LIMITED ENROLLMENT)
C3 _____ The Use of Propaganda by the Third Reich
C4 _____ Living Well with Pain: A Relational Approach
C5 _____ Economics Versus Politics

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Fall 2017 – Spring 2018

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