



# LIFESPRING

SAUGERTIES ADULT LEARNING COMMUNITY



An  
Adult  
Learning  
Community

FALL 2016  
COURSES

LIFESPRING  
Town Hall  
4 High Street  
Saugerties, NY 12477

845 246 2800 ext 452  
lifespring.saug@gmail.com

[www.lifespringsaugerties.com](http://www.lifespringsaugerties.com)

## WELCOME

**LIFESPRING**, an adult learning community, offers a broad range of noncredit educational activities for retired, semi-retired, and other adult participants. **LIFESPRING'S** goal is to provide diverse learning experiences for all its members, regardless of previous educational background.

We recognize that many active retirees wish to continue to learn and grow and participate in an environment that is both social and encouraging. In this venue, we come together to share our knowledge and interests, and socialize with like-minded people.

**LIFESPRING offers classes/courses, lectures, and events that provide opportunities for active adults and/or retirees to:**

- **stimulate our minds in new and creative ways**
- **learn about topics that have been intriguing**
- **challenge ourselves in new areas**
- **open new vistas in learning**
- **discover new talents, skills, and interests**
- **meet new people**

**Membership and Fees:** The annual membership fee is \$60 per person. This entitles each member to 3 courses a semester and any planned special events. The year runs from August 2016 – July 2017. There is a fall semester and a spring semester. Some presenters may ask for the purchase of a textbook or may require a small materials fee. Please note membership fees are not refundable and not transferable.

**Location:** Most courses are held at the

**Woodstock Jewish Congregation (WJC) in Saugerties**

on Glasco Turnpike, near Route 212. Ample parking is available on the grounds. The classrooms are accessible to people with disabilities.

**Gratitude:** We thank all volunteers, including instructors, course coordinators, committee members, Board members, and many others who donate their time and energy for the **LIFESPRING** program. We respect their hard work, generosity, and talent, and we thank everyone who is a part of this creative endeavor. In addition, we thank the Town of Saugerties for their generous support and backing. We extend further appreciation to the WJC for the rental of their ample and comfortable space.

**Feedback:** If you have any feedback or suggestions, please feel free to come to a Board meeting and discuss the issue. Board meetings are usually the second Wednesday of the month at 3:00 pm in the Town Hall Building Department conference room. (Check first to see if a meeting is being held). In addition, you may direct any questions to: [lifespring.saug@gmail.com](mailto:lifespring.saug@gmail.com) or call us at **845 246 2800 ext. 452**.



## FALL 2016 COURSE OVERVIEW

October 19 – November 30 (no class on Nov. 23)

COURSE NO.	WEDNESDAYS – FIRST PERIOD 9:30 am – 10:45 am
A1	THE SCIENCE OF CLIMATE CHANGE
A2	WHEN ZERO DOESN'T MEAN NOTHING
A3	ALTERNATIVE CHRISTIANITIES: A HISTORY
A4	AMERICAN CRIMINAL JUSTICE: HOW IT WORKS
	WEDNESDAYS – SECOND PERIOD 11:00 am – 12:15 pm
B1	HOT TOPICS IN FOOD: BEHIND THE SCENES
B2	THE FAIRY TALE EXPERIENCE
B3	AIRPOWER AND THE COLD WAR
B4	THE BEST AMERICAN SHORT STORIES OF 2015
	WEDNESDAYS – THIRD PERIOD 1:15 pm – 2:30 pm
C1	APPLYING PSYCHOANALYTIC THEORIES TO EVERYDAY LIFE
C2	BEBOP AND BEYOND
C3	FAULKNER'S DIRT POOR: <i>AS I LAY DYING</i> , "THE OLD MAN," AND "SPOTTED HORSES"
C4	GENTLE CHAIR YOGA FOR EVERYBODY
C5	BROADWAY: PUTTING A SHOW TOGETHER

Lifespring's goal is academic: to provide a variety of courses for your consideration and reflection. Our curriculum committee makes every effort to schedule presenters who are experienced professionals and enthusiasts; however, Lifespring does not either recommend or not recommend the services or products of any presenter or guest speaker.

## COURSES



**Course A1 THE  
SCIENCE OF  
CLIMATE CHANGE  
AND ITS IMPACT  
ON THE HUDSON**

**VALLEY: PAST, PRESENT, AND FUTURE**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23);  
9:30 am – 10:45 am**

Join us for the extraordinary opportunity to hear from six distinguished scholars in their fields of ornithology, ichthyology, archeology, and geology, who will explore what is meant by climate change from an historical perspective, as well as its impact on life going forward.

**Oct. 19 Climate Change and Birds of the Hudson Valley**

**Presenter: Larry Federman**, President of Northern Catskills Audubon Society.

**Oct. 26 From Forest Primeval to Urban Landscape: the Vegetational History of New York's Watershed as Preserved in Marshes**

**Presenter: Dorothy Peteet**, NASA/Goddard Institute for Space Studies, and Lamont Doherty Earth Observatory.

**Nov. 2 Playing in the mud! How geologists have learned about climate change in the Hudson Valley over the last 15,000 years from sediments at the bottom of Lakes Minnewaska and Mohonk**

**Presenter: Kirsten Menking**, Professor of Earth Science, Althea Ward Clark Professor of Environmental Science, Vassar College.

**Nov. 9 First Peoples of New York and the Northeast: Climate Change and Culture Change**

**Presenter: Jonathan Lothrop**, Curator of Archaeology, New York State Museum.

**Nov. 16 The Archaic Period up to the Historic Period in the Mid-Hudson Region: Changing Land Use Patterns**

**Presenter: Lucille Johnson**, Professor Emerita of Anthropology, Vassar College.

**Nov. 30 The Life and Legends of Hudson River Fishes**

**Presenter: Tom Lake**, Consulting Estuary Naturalist NYSDEC Hudson River Estuary Program and editor of the Hudson River Almanac for 23 years.

Coordinator: Susan Puret

**Course A2 WHEN ZERO DOESN'T MEAN NOTHING**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23);  
9:30 am – 10:45 am**

We'll look at the development of several areas of mathematical thought; for each one we'll trace its origin and evolution as it sought to deal with challenges from inside and outside the mathematical community. The topics to be covered include: numbers, geometry, algebra, the calculus (differential and integral), probability, and others as time and interest permit. No special mathematical background is required, but some mathematical expressions will be presented and explained.

**Presenter: William Tuel**, PhD, *retired from IBM in 2008, where he participated in the development of IBM's supercomputers. He has a lifelong interest in all kinds of mathematics, and he has taught math at SUNY New Paltz, at Bard LLI and SUNY New Paltz LLI.*

Coordinator: Arzi McKeown

**Course A3 ALTERNATIVE CHRISTIANITIES: A HISTORY**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23);  
9:30 am – 10:45 am**

Over the course of history, alternate forms of Christian religion have developed outside what came to be called "mainstream." This course will explore the distinctive features of these "unorthodox" developments, ranging from the apostolic period to the present day. You'll be surprised by all the mavericks, schismatics, mystics, geniuses, visionaries, radicals, spiritualists, and rebels you could consider Christians. A brief bibliography will be provided, but there will be no reading assignments. Class time will be devoted to a mix of lectures, interactive activities, discussions, and graphics.

**Presenter: James Ulrich** *studied history at the University of Rochester and earned a Masters in Church History at Harvard Divinity School. He*

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## COURSES

### **Course A3 ALTERNATIVE CHRISTIANITIES: A HISTORY (Cont'd)**

*worked more than 30 years as a secondary school history teacher, and after his retirement he became a teacher in the Rising Hope, Inc. Certificate Program in Ministries and Social Services at Woodbourne State Prison. Jim has been a lay speaker in the United Methodist Church and sings in Ars Choralis with members of his family.*

Coordinator: Jouette Bassler

### **Course A4 AMERICAN CRIMINAL JUSTICE: HOW IT WORKS**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23); 9:30 am – 10:45 am**

People the world over are fascinated by crime and the American criminal justice system as portrayed in books, movies, and television shows. Now is your chance to learn more about how it actually works. This course will examine such topics as the system's historical base in the documents of our founding fathers; the language of the law, and how the way crimes are defined dictates police procedure and consequences; the different players in the system and their roles; and the criminal trial and sentencing.

**Presenter: Donn Avallone** retired from Kingston High School after 37 years of teaching American History and Government, both at the Regents and Advanced Placement level. He has taught the Introduction to Criminal Justice course both for high school seniors and at Ulster County Community College, and he has taught educational methods courses at SUNY New Paltz as well as college-level courses at several area prisons. He has BS and MS degrees from SUNY New Paltz.

Coordinator: Annette Zwickler



### **Course B1 HOT TOPICS IN FOOD: BEHIND THE SCENES**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23); 11:00 am – 12:15 pm**

In the Hudson Valley, no one is “just” a foodie. Food issues are

front and center in our local news and we are increasingly exposed to the important debates that arise as our valley becomes more of a food hub. Presenters will discuss what’s on the minds of local farmers, why buying local matters even more these days, what food pantries and food banks tell us about our area, why we felt good (or not good) when we left the restaurant we went to last night, and what some groups are doing about the huge amount of food that goes to waste.

#### **Oct. 19 Local Farming – Landscape and History**

**Presenters: Barry Benepe** and **Judith Spektor** have been involved in farmers’ markets for decade; Barry started the Union Square Greenmarket in 1976 and he and Judith co-founded our own Saugerties Farmers Market. The couple will sketch the broad background of farming in the Hudson Valley; explain what the larger picture looks like now; and tell us what’s new in the production and processing of non-field products such as cheeses, honey, syrup, and eggs.

#### **Oct. 26 A Small Farm “Goes Public”**

**Presenter: Carol Clement** started a private farm with 3 goals: raise and treat animals humanely, be a good steward of the land, and produce food that is nutritious and healthy. Twelve years later, Heather Ridge Farm is a large, complex, and successful operation. How has the original mission statement fared in the transition, and with what experiences and discoveries along the way?

#### **Nov. 2 Food Banks: A Snapshot of Our Area**

**Presenter: Elizabeth Harris** is the Membership Coordinator for the Food Bank of the Hudson Valley. She personally inspects all 400 member agencies in the six-county area that the Food Bank oversees; the members include food pantries, soup kitchens, and emergency shelters. We will hear what changes are afoot in these agencies, and Ms. Harris will also talk about “food insecurity” and “food deserts” in the region and will explain what those terms mean.

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## COURSES

**Course B1 HOT TOPICS IN FOOD: BEHIND THE SCENES (Cont'd)****Nov. 9 What Is the Future of Farming in the Hudson Valley?**

**Presenters:** Jacki and John Moriarty will bring together four area farmers for a panel discussion. In our presenters' long association with farmers' markets in the Kingston area, they have found that "farmers have a lot to say" – about their specific crops and the cultivation and harvesting thereof, about the risks they face from weather and infestations, and about how they deal with regulations, employment issues, and markets in general.

**Nov. 16 How Does a Restaurant Get to Look and Feel the Way It Does?**

**Presenter:** Joseph Foglia, a restaurant designer, will tell you that the process involves even more psychology than you would expect! It's also intensely collaborative and a little like making a movie; in the end, it all combines to create "a room that people want to visit." Your subsequent visits to restaurants (and perhaps even to your own kitchen) will be enhanced by fresh insights and new understandings of what went into creating your responses to each dining experience.

**Nov. 30 "Forty Percent of Edible Food Goes to Waste"**

**Presenter:** Mike Yezzi, owner of Flying Pig Farms in upstate New York, will discuss new approaches to food rescue and salvage. He is part of an innovative initiative to reclaim surplus vegetable products for use as animal feed and will explain the surprising number of benefits that plans like these can produce. Other groups are focusing on salvaging from the production stream versus the waste stream, and some of these new ideas will be touched on as well.

Coordinators: Margaret Yelland, Jacki Moriarty

Tell me and I forget. Teach me and I remember.  
Involve me and I learn. –Benjamin Franklin

**Course B2 THE FAIRY TALE EXPERIENCE**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23); 11:00 am – 12:15 pm**

**Limited Enrollment**

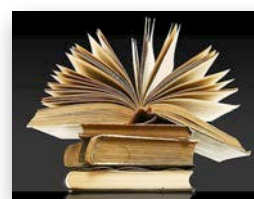
The Fairy Tale Experience is a course in which participants get to revisit the age-old tales they knew and loved. Cinderella will be there, as well as Beauty and her Beast, the Snow Queen, and others. We'll reunite with old storybook friends and make new ones, as we examine tales from around the world. We'll consider the many possible meanings they hold—for us as children and as adults. In the process we'll discover what mattered to us then and how it has shaped and colored our lives right up to the present day.

The class will look at the structure and meaning of fairy tales. It will also explore such common concepts as evil in fairy tales, the role of magical helpers, and what happily ever after might mean.

Note: If you've taken this class before, new stories will be introduced.

**Presenter:** Patty Kane Horrigan is a writer, teacher, and counselor who encourages others to explore magical and meaningful moments from childhood. Her fairy tale classes are designed to help others find the deeply personal riches buried there. Though her background experiences are varied (cook, programmer, and counselor to teenagers, addicts, and cancer patients) she has often found that exploring fairy tales can provide meaning and understanding in people's lives.

Coordinator: Annette Zwickler



## COURSES

### **Course B3 AIRPOWER AND THE COLD WAR**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23);  
11:00 am – 12:15 pm**

This course will examine the events that shaped the Cold War with an emphasis on the importance of aircraft and missiles. Early influences, the impact of WWII, and the development of nuclear weapons will begin the discussion. The division of Europe and Asia by the two superpowers, followed by the Berlin Airlift, Korean War, Cuban Missile Crisis, and the Vietnam War will illustrate the global conflict. The arms and space races, escalations of the war, weapons treaties, the fall of the Berlin Wall, and collapse of the USSR will be discussed. Finally, results and lessons learned from the Cold War will be examined.

**Presenter: D. Michael Simpler** *flew the B-52 for four years with nuclear weapons strike capability in the former USSR. He participated in numerous nuclear war exercises and had a combat tour in Vietnam. Later, as a civilian pilot, he flew extensively in the Eastern Bloc countries and Russia. While a resident of Berlin, he witnessed the fall of the Berlin Wall.*

Coordinator: Susan Poretz

### **Course B4 THE BEST AMERICAN SHORT STORIES of 2015**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23);  
11:00 am – 12:15 pm**

#### **Limited Enrollment**

Continuing in the “shared inquiry” tradition of Lifespring short story courses, we will read and discuss a different story each week from the anthology, **The Best American Short Stories 2015**, edited by T.C. Boyle. Each week, participants will be emailed several open-ended, thought-provoking questions about the following week’s story. Class participation is a hallmark of the “shared inquiry” method, which sparks lively text-based conversation and leads everyone to new ideas and feelings about the stories we’ve studied.

**Please bring the book to class on the first day, and please read *You’ll Apologize If You Have To*, by Ben Fowlkes. If you don’t have the book, it is readily**

### **Course B4 THE BEST AMERICAN SHORT STORIES OF 2015 (Cont’d)**

**available at Amazon, Barnes and Noble, and elsewhere.**

**Presenter: Susan Greenstein** *was a director for Historic Hudson Valley, a manager of programs at the New York Botanical Garden, and Head of Education at Rancho Santa Ana Botanic Garden in Claremont, CA. In this past spring semester, Susan facilitated this shared inquiry course, and in previous semesters she filled in for Laura Shulman on several occasions.*

### **Course C1 APPLYING PSYCHOANALYTIC THEORIES TO EVERYDAY LIFE**

**Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23);  
1:15 pm – 2:30 pm**

This course will provide an accessible introduction to various key concepts within clinical theory and practice. Group discussions will center strongly on how we can apply these concepts to real-life experience, e.g., how the material has relevance for relationships with friends, children, other family members, and ourselves. Depending on individuals’ interests, more or less time will be centered on particular theorists, such as Freud, Jung, Winnicott, Bowlby, Fromm, and Horney.

Readings, if utilized, will consist of short articles or excerpts written by these influential psychologists, whose impact on the field still prevails. Other books and materials will be suggested for further study.

**Presenter: Helen Newman, PhD**, *has been a professor of psychology and a psychotherapist for more than 30 years. She is interested in ways people can utilize psychological principles and concepts to deepen their relationships with self and others. Her interest and work in both spiritual and mind/body approaches to psychotherapy has broadened her clinical understanding, as well as her personal inner journey.*

Coordinator: Arzi McKeown

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## COURSES

**Course C2 BEBOP AND BEYOND**

Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23);  
1:15 pm – 2:30 pm

As the “Swing Era” (1935-1946) ended in the mid forties, young jazz musicians developed a new and vibrant jazz style known as “Bebop” that was characterized by fast tempos, instrumental virtuosity, improvisation, and, for the first time, non-danceable music. In this way, it is similar to the music of classical composers like Mozart and Beethoven who also composed non-danceable music, for example, minuets—just for listening.

During the 40s, 50s, 60s, 70s and beyond, Bebop, innovated by Dizzy Gillespie, Charlie Parker and others, spawned new approaches that gave rise to many different jazz styles such as “Cool” (Miles Davis), “West Coast Cool” (Gerry Mulligan), and other styles stretching all the way to Kenny G.

Using rare recordings, this course will enable listeners to understand what Bebop is all about, its characteristics, its development, and its growth impact upon jazz.

**Presenter:** *Harold Lieberman is an award-winning Professor Emeritus of Music who taught at Ramapo College, Manhattan School of Music, and Mannes College of Music. He was a staff trumpeter at CBS Radio/TV and also played with many leading bands, including the “King of Swing,” Benny Goodman.*

Coordinator: Susan Davis

Courses will be held at the  
Woodstock Jewish Congregation  
unless otherwise noted.

Woodstock Jewish Congregation  
1682 Glasco Turnpike  
Saugerties, NY 12477

**Course C3 FAULKNER'S DIRT POOR: AS I LAY DYING, "THE OLD MAN," AND "SPOTTED HORSES"**

Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23);  
1:15 pm – 2:30 pm

**Limited Enrollment**

A brilliant storyteller, Faulkner was both verbose and cryptic, calling on us to work out the complexities of his characters’ hearts with our own hearts’ understandings. We usually know clearly what they do; we usually need to puzzle out why. That’s what we will be doing together. After reading Faulkner’s short stories, “**Spotted Horses**” and “**The Old Man**” from *The Portable Faulkner*, we will examine his 1930 tragicomic novel about poor Mississippi farmers, *As I Lay Dying*. Each session, participants will be asked to read at least one observed passage for discussion. Since much of the novel is poetry, much of it should be read aloud and discussed, giving everyone in the course an opportunity to contribute to our understanding of this great American masterpiece.

Please obtain copies of *The Portable Faulkner*, edited by Malcolm Cowley (1967) and a copy of *As I Lay Dying*. Both are available in libraries or online.

**Presenter:** *ViVi Hlavsa, who has led classes in both poetry and literature for Lifespring, has a PhD in English from the State University of New York at Stony Brook and taught English at Queens College. Her poems have appeared widely in journals and in the books **Squinned for a Sign** (University of Hull, 1993) and **Waking October Leaves** (Time-Being Books, 1993).*

Coordinator: Jouette Bassler

Teachers open the door, but you must enter by yourself.

Chinese Proverb



## COURSES

**Course C4 GENTLE CHAIR YOGA FOR EVERYBODY**

Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23); 1:15 pm – 2:30 pm

Are you interested in exploring the benefits of hatha (movement) yoga—a more relaxed and stronger body, balanced energy, a calmer nervous system, a quieter mind, and connection to spirit? We'll investigate different breath techniques and a range of movements sitting on chairs and standing.

We'll talk about how to practice yoga safely, how to modify movements so they feel right for you, about the anti-fragility benefits of “discomfort” (not too much and not too little!), and when it's a good choice not to do a particular movement.

Come give it a try, and experience the yogic rewards of working with two primary life forces: energy and awareness.

Please wear loose and/or stretchy clothing. Bare feet or hospital socks (with non-slip soles) are recommended. Please eat lightly at lunchtime for a more comfortable and advantageous yoga experience.

**Presenter: Roxie Newberry** holds a Masters degree in Dance/Dance Education from NYU and danced professionally in New York and Canada for 12 years. In the late 80s, she completed a two-year residency at a Zen Buddhist monastery. In 2005, she became a certified Kripalu yoga teacher and has been teaching Kripalu and chair yoga to adults and seniors in Ulster County for the last 10 years. In November, she completed a weeklong Yin Yoga Teacher Training with Bernie Clark and teaches Yin classes at Woodstock Yoga. As a senior herself, she loves encouraging adults and seniors to explore yoga.

Coordinator: Susan Puretzt

**Course C5 BROADWAY: PUTTING A SHOW TOGETHER**

Wed. Oct. 19, 26; Nov. 2, 9, 16, 30 (no class Nov. 23); 1:15 pm – 2:30 pm

Join us for a behind-the-curtain look at creating Broadway shows, from inspiration to opening night—and beyond. It takes

hundreds of talented theatre professionals to create and nurture a Broadway show and make it happen eight times a week for, *hopefully*, years. In this course, Mary Porter Hall, a Broadway production stage manager, will talk with some of the people who make it happen, asking them to describe the process they go through putting on a show—from beginning to end.

Guest speakers will include, among others, a producer/general manager, an author, a casting director, a lighting designer, and a stage manager.

**Presenter: Mary Porter Hall** has had a long career as a production stage manager, being part of the production team on such original shows as *Annie*, *Barnum*, and *Fosse*—plus quite a few that closed on opening night or shortly after! As production stage manager, she was responsible for maintaining the production artistically, as well as technically, throughout the run, directing replacements, understudies, and national tours. She trained at the Royal Academy of Dramatic Art, and she has been on the faculty at SUNY Purchase and the Yale School of Drama.

Coordinator: Susan Puretzt



## Volunteers – Spring 2016

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 Ann Morris—Administrative Assistant  
 Jouette Bassler  
 Valerie DaSilva  
 Susan Davis  
 Susan Greenstein  
 Jacki Moriarty  
 Sandy Ostoyich  
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 -Editors  
   Sandy Ostoyich  
   Marvelene Beach  
 -Proofreaders  
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   Susan Greenstein  
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 Susan Puretz  
 Susan Davis  
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 Karren Trent

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 Kathy Carroll  
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Fall 2016

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# LIFESPRING

SAUGERTIES ADULT LEARNING COMMUNITY

## A NOTE ABOUT MEMBERSHIP FOR POTENTIAL NEW MEMBERS

We thank you for your interest in becoming a part of the Lifespring community. We are currently at our capacity for members, but we anticipate there will be some openings this year.

We encourage you to register to become a member, and offer this explanation about how the process will work:

New applicants should send their \$60 registration fee and the completed membership registration form with course preferences indicated. You will be placed in a general lottery. If there are openings created by members who are not returning, Lifespring will accept new members by a computerized lottery drawing. You will be notified by email in August indicating whether or not you were selected through the lottery.

If you were **not** selected through the lottery for the Fall 2016-Spring 2017 Lifespring year, your check will be voided and we hope that you will try again next year. At the end of August, those who have become new members will receive a packet of information confirming their courses.

We look forward to welcoming new members for the Fall 2016-Spring 2017 year.

# FALL 2016

## Registration Information

Dear Members,

The fall semester begins on Wednesday, Oct. 19, 2016 and ends on Nov. 30. There will be **no classes on Nov. 23rd**. Classes are held at the Woodstock Jewish Congregation in Saugerties, unless otherwise noted in the course description. **Registration closes on August 1, 2016.**

**Registration is a complicated process so please read this information carefully.**

Here's how the registration process works:

1. **CLASS CHOICES:** Some classes have size limits mainly because the presenter has requested it or the size of the rooms we are using requires it. Therefore, please **SELECT a first and second choice** for each time slot. If you are not interested in a second choice then leave a blank, but be aware that if you are not placed in your only choice, you may not have a class in that time slot. We make a very sincere attempt to satisfy everyone's wishes for their class choices; however, it is not always possible for you to get your first choice. In the classes where the enrollment has been limited and we receive more registrations than that number, we will use a lottery system.

2. **THE LOTTERY SYSTEM:** It is important to realize that registration processing BEGINS on the day after the close of registration. At that time, if it is determined that a lottery is necessary for some classes, the following condition applies: People who serve on committees that meet continuously throughout the year get priority placement in classes. After they are placed in the classes of their choice, names are randomly selected by the computer to determine the roster for that class. A waiting list is also created. All others (including those on the waiting list) will be given their second choice if one has been indicated.

3. **CLASS SIZE:** If there is a limit on the number of people in the class it is because of a request by the presenter or the capacity of the room. Out of respect for the presenters and the integrity of the courses, we honor the enrollment limit they requested; this limit is often related to the activity or interaction that is an integral part of the course. **It is not appropriate to switch to classes in which you are not officially registered. Please do not ask this of a presenter or class manager. In many cases there are waiting lists that have been established by the lottery for a particular class.**

4. **ADD/DROP:** Should you decide you want to add, drop, or switch a course, you will be able to do so on the **first and second day** of classes. Times and location will be posted on the bulletin board in the hallway.

5. **ATTENDANCE:** Please be aware that presenters have carved out of their busy lives a time commitment to Lifespring. We understand that you, too, are very busy in other areas of your life; however, we encourage you to attend the classes for which you registered. Please note: The small classes are usually in high demand and may require a lottery. Please register for these classes **only** if you expect to be present for them.

6. **FILLING OUT THE MEMBERSHIP REGISTRATION FORM COMPLETELY:** Filling out the form as directed maximizes the chance that you will get what you requested. Blanks will be taken as blanks. Please fill out the form completely. **If you have questions about how to use the form, please call or email.**

**FALL 2016****Membership Registration Form**

The membership fee for Fall 2016-Spring 2017 is \$60.

**Membership fees are not refundable and not transferable.**

Mail to:  
Lifespring  
Town Hall  
4 High Street  
Saugerties, NY 12477

Please make check payable to **LIFESPRING**

PLEASE **PRINT** YOUR INFORMATION **CLEARLY**.

Name	
Address	
City	State Zip
Phone	Email

Check here if there is a change in your contact information \_\_\_\_\_

Check here if you are newly applying for membership to Lifespring \_\_\_\_\_

**Registration will close on August 1, 2016.**

We cannot honor any registrations that are postmarked after August 1, 2016.

PLEASE WRITE **1 and 2** FOR EACH TIME SLOT FOR YOUR FIRST AND SECOND CHOICES.

You will be placed in either your first or second choice. If you do not put down a second choice, you may not have a course for that timeslot.

Wednesday Morning 9:30-10:45	A1	A2	A3	A4
Your choices <b>1 and 2</b> on this line				

Wednesday Morning 11:00-12:15	B1	B2	B3	B4
Your choices <b>1 and 2</b> on this line				

Wednesday Afternoon 1:15-2:30	C1	C2	C3	C4	C5
Your choices <b>1 and 2</b> on this line					

Have you enclosed your check for \$60?



# LIFESPRING

SAUGERTIES ADULT LEARNING COMMUNITY

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Classes are held at the Woodstock Jewish Congregation  
(Unless otherwise noted)

LIFESPRING  
TOWN HALL  
4 HIGH STREET  
SAUGERTIES, NY 12477