

**APPROVED MINUTES OF THE MEETING
LIFESPING BOARD OF DIRECTORS
12/13/2022**

PRESENT

Susan Poretz, President
Natalee Rosenstein, Vice-President
Maureen Bybee, Secretary
Laura Phillips, Registrar & Task Force for Online Learning
Connie Cuttle, Curriculum Committee Coordinator
Susan Davis, Membership Coordinator
Susan Krompfer, Program Support Coordinator
Maureen Huben, Hospitality Coordinator
Lee Gable, Member-at-Large and Class Managers Coordinator
Diane McDowell, Member-at-Large
Anne Miller, Member-at-Large
Leslie Surprenant, Member-at-Large
Lydia Edelhaus, Member-at-Large
Fran Jacobson, Member, Lifespring and SEC
Rich Davis, AV Coordinator
Prudence Garcia Renart, newly appointed Events Committee Coordinator

ABSENT

Peg Nau, Treasurer

This regularly scheduled meeting of the Lifespring Board of Directors conducted electronically on Zoom was called to order by Susan P. at 9:33 a.m.

- A. Approval of the Minutes for November 8, 2022 Motion to approve by Connie with 2nd by Lee. Correction by Laura. Approved as corrected unanimously
- B. President's Report and General Updates See attached report.
- C. Old Business
 - a. WJC update: Natalee reported that the WJC has made a COVID policy revision essentially eliminating all restrictions. Masks, vaccinations, social distancing will no longer be required. Food will be permitted.
 - b. Natalee made a **MOTION** with a second by Connie that Lifespring revise its COVID policy by reducing the social distancing requirement to 3 feet for spring 2023. All other parts of the policy remain in place. A discussion of the need for masking by participants even in discussion classes followed. It is expected that this requirement and its enforcement will continue to be discussed by the Board. **Motion carried unanimously**

- c. Events Committee Coordinator: Susan P made a **MOTION** with a second by Connie to appoint Prudence Garcia Renart as the Events Coordinator effective immediately. **Motion approved** unanimously without discussion.

Prudence described a one time “class meeting” for past and future memoir writing students that could generate a live reading performance of works from the class members. She is coordinating publication of this event with Susan Greenstein.

- d. Our new member meeting was held electronically on Nov 30th. See the attached report from Susan D. 20 new members attended. It was the general consensus by participants that the experience of LS courses has been positive. One new member was interested to learn about the behind the scenes work that is required and another wondered if we should increase our membership dues.

D. New Business

- a. The Annual Meeting date is set for Wednesday, May 31, 2023. Susan P asked if this meeting should also be on Zoom. Suggestions included a hybrid experience, conducting the business meeting on Zoom with a separate end of year outdoor social event, hiring personnel to assist us technologically in a hybrid experience. Sense of the meeting was to continue discussion at future Board Meetings. Laura noted that the Board must notify membership of upcoming annual meeting at least 30 days in advance, meaning that the Board must approve the final date, meeting format and notification of members at the April Board Meeting. Natalee will ask WJC if it is possible to use their equipment for a hybrid annual meeting and if it might also be possible to hire one of their knowledgeable members to assist us.
- b. Weekend Performances: Connie asked if the Board would approve one or two weekend live performances for the spring 2023 semester if the WJC approved use of their space. After initial discussion, a **MOTION** was made by Connie that the Lifespring Board ask the WJC if we may do a single Sunday performance during the Spring 2023 semester with a Second by Prudence. After additional discussion, 4 in favor, 8 opposed. **MOTION defeated.**

Motion to adjourn with good wishes to all for a happy holiday season by Natalee. Second by Diane.
Maureen G. Bybee,
Secretary

NEXT MEETING:

January 10, 2023 (on zoom) at
9:30 am

AGENDA
BOARD OF DIRECTORS
DECEMBER 13, 2022

Unable to attend:

A. Minutes: NOVEMBER 8, 2022

B. President's Report and General Updates:

NOTE: The format will be changed for **today's** meeting and some items from the Board Reports will be covered under New Business

C. Old Business

1. WJC update: Covid policy revision
2. Lifespring's Covid policy ---discussion
3. Event Committee Coordinator
4. New member meeting of Nov 30th --- comments or questions

D. New Business (Looking Forward)

1. Annual Meeting ----date (Wed. May 31st) and on Zoom ??
2. Weekend Performances (Connie's request)

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NEXT MEETING:

January 10, 2023 (on zoom) at 9:30 am

**Reports to the
Lifespring Board
December 13, 2022**

PRESIDENT:

I write my report on a chilly December 10, 2022 and not looking forward to the weather forecast of snow over the next 5 days.

I know that our classes have gone very well ** and all of you are responsible (some to a greater extent because of specific assignments) for its success ---as well as our first venture back to in-person classes.

Once again (and with the risk of sounding like a “broken record”—and at the same time knowing that I do!!!!) I am so proud and honored to be part of Lifespring and I thoroughly appreciate the hard work of all of you that has gotten Lifespring to where it is today!!!!!!

Respectfully submitted and in solidarity,

Susan Puretz, President

p.s. **An example of “feedback” from a “guest”

Excellent zoom talk on the DH Canal
Thanks
Arnie

VICE PRESIDENT:

No report
Natalee Rosenstein

TREASURER:

See final page of these reports for the Treasurer’s MONTHLY report chart.

Peg Nau

REGISTRAR and On-line Task Force Report:

Registration and On-line Taskforce Report for Lifespring Board Meeting December 13, 2022

Attendance for fall classes:

Zoom:

	Registered	11/7-11/9	11/14-11/16
A1 Opera	43	26	29
A2 Totalitarianism	48		
A3 End of Life	24	17	18
B1 Healthy You	20	9	14
B2 Philosophy	61	35	40
B3 Fitness	28	13	13

In-person:

		Wk 1	Wk 2	Wk 3	Wk 4	Wk 5	Wk 6
C1 One Stroke Painting	7	7	6	6	6	6	5
C2 Creative Writing	9	7	7	6	8	7	7
C3 Baseball and Jews (Zoom)	23	20	18	16	12	9	12
D1 Memoir Writing	9	8	6	8	5	8	6
D2 Theater History	23	18	18	13	22	16	16
P3 November 4	44	31					
P4 November 10	50	32					

The last Wednesday of in-person classes was a rainy day with a small amount of snow the night before. The two writing classes opted to meet on Zoom instead of at the WJC.

112 people signed up for the Winter Presentation - Stories of Marginalized Workers on the D&H Canal by Bill Merchant on December 7. Of the total, there were 28 guests and 84 members. There were 74 sign-ons for the presentation, some of which were two people viewing together. Registration for the next presentation on January 4 will start on December 19.

Task force news:

One person who previously was part of the task force will become active again in the spring. One member responded to my appeal sent to all new members on November 8 for task force volunteers, but her travel plans prevent her from hosting the mini courses, or spring 2023 or fall 2023 semesters. She is doing some training with me and might be able to serve as a task force host after 2023.

Laura Phillips,

Registrar

STANDING COMMITTEES

CURRICULUM:

All three Winter Presentations have been confirmed. The four February Mini-Courses are confirmed and the course descriptions for the mini-course catalogue were sent to Susan G prior to Thanksgiving. All courses, both in-person and on-line, for the Spring 2023 have been finalized, and the course descriptions have been sent for the Spring 2023 course catalogue. This includes six on-line courses on Mondays and eight in-person courses on Wednesdays as well as a guided walking course on four consecutive Thursday mornings starting April 27 th .

Feedback from members indicated a strong positive response to the Fall Performance Series. The Spring 2023 Performance Series will begin on the afternoon of Thursday, April 27 th . At this writing, the committee has confirmed three performances and, before the end of December, anticipates confirming another two or three more, to take place on either Thursday or Friday afternoons. We expect to send the performance series descriptions for inclusion in the Spring 2023 catalogue by the end of the first week in January if not sooner. Finally, we already have a commitment for a Fall 2023 writing class which will include a performance of Lifespring members reading from their work in the course as part of the Fall 2023 Performance Series.

Respectfully submitted, Connie Cuttle

EVENTS:

Confirmation of Prudence Garcia Renart as Events Coordinator will happen at the December Board meeting.

Susan Puretz, President

HOSPITALITY:

Nothing to report.

Stay warm,

Maureen H.,

MEMBERSHIP

It has been a busy month for the Membership coordinator!

On November 30th, we held a very successful New Member meeting via Zoom. About 20 new members attended. Prior to the meeting, new members were asked to respond to a brief survey to assess their observations, experiences, thoughts, etc. about their first semester at Lifespring. The results showed that most people were pleased with the classes they had attended. A few people had comments & questions about how Lifespring works expressing thanks and amazement at all that is accomplished and required to put on a successful program. They also felt well-informed by the communications they receive from and about Lifespring. Thanks go to Laura, Natalee, and Connie for helping to conduct the meeting...and to Lee and Susan P for their participation.

Connie as CC Chair has completed the "Thank you Award letters" that are sent to presenters in 4, 5, 6 week classes at the end of each semester. Each presenter was thanked graciously and given a free membership in Lifespring for the next academic year...in this case, for 2023/24. I co-sign these letters as Membership Coordinator and Laura, as Registrar will add them to the appropriate lists.

In an effort to keep our membership and large Interest List informed, we have sent out several email communications about the Winter Season's offerings. In addition, I have had some good luck with getting press releases in Hudson Valley One (2-weeks running), the Kingston Freeman on the What's Happening page (for the last 2 weeks), the Town of Saugerties website, and through the website administrator Mike Campbell, on to a couple of large and reliable Town and Village Facebook pages for which he is the monitor. I'm attaching a copy of the PR that was in Hudson Valley One. PR and

emails to LS Members and those on our combined Interest List will be going out again as we near the beginning of the registration period for the January 4th Winter Presentation.

Making our Winter Programming open to the broader community has been a successful strategy for keeping Lifespring "in the news" and attracting new members. We have also made some strategic placement changes to the LS Website to keep the most current information on the Welcome/Latest News front page(including the ability to register for the Winter programming options from the website)....thanks to Susan G. and Anna for these innovations and improvements.



Susan Davis, Membership Coordinator

PROGRAM SUPPORT

All room setup were managed well by the WJC. There was more than adequate amount of chairs as well as the spacing needed to meet the guidelines and attendance. As the weather changed we had one morning quite cool which was addressed with no further issues.

Signs were taken care of and people were able to manage well. Masks and antibacterial gel were available as needed.

Respectfully submitted

Susan Kropmier

MEMBERS AT LARGE:

No submitted reports for this month.

AD HOC COMMITTEES

AV

I've spent a couple of hours looking into ways to simplify the setup of our AV equipment at the WJC,

So far, I've focused on 2 wireless technologies - WIFI and Bluetooth, each of which can be used instead of cables to interconnect our primary AV components which are PCs, projectors, mixers, amplifiers, and loudspeakers.

- Bluetooth allows transmission of audio signals. We use audio cables to carry signals to loudspeakers.
- These signals may come from a computing device, such as the soundtrack from playing a video, or from a presenter using a microphone.
- WIFI can be used to transmit video images, such as a slideshow or a video playing. We commonly use
- HDMI or VGA cables to transfer the signals from a computing device to a projector so that the classroom can share the video content.

To evaluate the benefits and limitations of these technologies, I've ordered a WIFI adapter for use in a projector and a Bluetooth adapter that can be attached to our existing speaker systems. I plan to check out how these would work for us at the WJC.

Rich Davis

richdavis@earthlink.net

CLASS MANAGERS:

I wish to thank the class managers for the 4 in person classes this Fall.

My team, Cheryl McNulty, Hildegard Pleva, Betty Schoen-Rene, and Susan Greenstein were dedicated volunteers—communicating issues, and being helpful assistants to the presenters.

Thank you class managers, for making my job so easy, and helping to make the classes run smoothly.

Lee Gable

PUBLICATIONS COORDINATOR

Lifespring newsletter, News & Views

I regret that this hasn't happened yet. Sorry. The intention IS to get it by the end of the year.

Mini Course Catalog

Dates have been set to post online on January 2, 2023. I have received the text from Connie Cuttle.

Winter Presentation Flyers

It was decided that we'd have Anna Landewe do these flyers to coordinate the overall look with the rest of publications. December was completed, and the January flyer will be posted online December 19th.

Website

Updates continue as needed. Susan Davis continues to liaison with David Cartmell to post Minutes in the vault. Changes were made to various sections. We continue to use the beginning of the Welcome section to highlight current and upcoming events.



Happy Holidays to all!
Susan Greenstein

OTHER REPORTS:

MOVING FORWARD:

No report

Natalee Rosenstein, Vice President and chair of the Moving Forward Committee

SEC (Senior Education Committee)

Meeting scheduled for December 14, 2022

Susan Davis, SEC chair

LIFESPING TREASURER'S REPORT															
2022-2023															
EXPENSES															
November 2022	Balances FWD	Rent	Hospitality Costs	Thank you Gifts/Donations	Catalog design & print	Newsletter	Website Fees & Domain	Audio Video	Office Supplies	Annual meeting / Events	Library Setup	Misc	Program fees	Hospitality Donations	Interest
	\$ (3,300.00)	\$ (110.34)	\$ -	\$ (393.75)	\$ -	\$ (550.16)	\$ -	\$ (144.74)	\$ -	\$ -	\$ -	\$ (354.50)	\$ 8,748.43	\$ -	\$ 0.59
Date	Amt	Received From													
Balance Fwd	23847.81														
Monthly Income	\$0.00												\$0.00	\$0.00	\$0.00
EXPENSE DAT Amt															
11/17/2022	\$152.93						152.93								
Payee															
11/17/2022 \$152.93 1359 Laura Phillips															
Monthly Expense	\$152.93												\$0.00	\$0.00	\$0.00
Ending Balance	\$23,694.88												\$6,748.43	\$0.00	\$0.59