

11/8/2022

**APPROVED MINUTES OF THE MEETING
LIFESPRING BOARD OF DIRECTORS
November 8, 2022**

PRESENT

Susan Poretz, President
Natalee Rosenstein, Vice-President
Maureen Bybee, Secretary
Laura Phillips, Registrar & Task Force for Online Learning
Connie Cuttle, Curriculum Committee Coordinator
Susan Davis, Membership Coordinator
Susan Krompfer, Program Support Coordinator
Maureen Huben, Hospitality Coordinator
Lee Gable, Member-at-Large and Class Managers Coordinator
Diane McDowell, Member-at-Large
Anne Miller, Member-at-Large
Lydia Edelhaus, Member-at-Large

ABSENT

Leslie Surprenant, Member-at-Large
Peg Nau, Treasurer

This regularly scheduled electronic meeting of the Board of Directors was called to order by Susan P at 9:33 a.m.

- A. Approval of the Minutes of October 11, 2022. **MOTION TO APPROVE** by Susan K. with a second by Diane. With no discussion **MOTION approved.**
- B. President's Report and General Updates (See attached report)
 - a. Susan P. reviewed positive feedback received from members and Presenter Lewis Brownstein regarding our offerings this fall both online and in person.
- C. Old Business
 - a. WJC update report by Natalee on a meeting with Rahel, Director of WJC.
 - i. The WJC will be available to LS for fall 2023 and spring 2024 for in person classes.
 - ii. Both WJC and LS have had a positive experience this fall.
 - iii. Rahel proposed an hourly fee structure of \$130/hour for use of the building including the WJC staff services for fall 2023- spring 2024. This would be \$4,680.00 for a full semester of 6 hours/day for six sessions. For a semester equivalent to this fall 2022 of 4 hours/day for six sessions the cost would be \$3,120.00. These fees are for use of the full building and are not limited to particular rooms as in the past. Laura noted that this is an increase in costs for equivalent use from the current contract (negotiated in 2019 for 3 years)

11/8/2022

however an increase was expected and this new fee system affords more flexibility which is a boon.

- iv. WJC proposed an October 4 start date for fall 2023 to accommodate the Jewish holidays. The spring 2024 start date is open to LS's choice.
 - v. Rahel noted that the fall 2022 outdoor opening day with outdoor refreshments went well and agreed that could LS to repeat a similar event for the spring 2023 semester.
 - vi. Susan K noted that some classrooms have been noticeably cold this semester. Maureen H has spoken to both Rahel and Carl of the WJC regarding this problem. Susan P will contact Rahel by e-mail today.
 - vii. Connie requested clarification from the WJC regarding availability of the building in the afternoon for fall 2023.
 - viii. Lee asked if this change in fees with the WJC would impact our membership fee.
 - ix. Susan D reminded us that the Budget Committee created by our new bylaws could address this question.
 - x. **MOTION** Natalee moved to authorize Susan P and those others who have been meeting with Rahel at the WJC to go forward with finalizing our financial and other arrangements for fall 2023 and spring 2024. With a second by Diane the **MOTION** was **APPROVED UNANIMOUSLY** without discussion.
- b. Covid policy update - Susan P. reported that LS will move forward to collect vaccination information from those who did not previously meet the LS Covid policy as approved at the last Board meeting. Laura suggested that we do this in February and that it be by fully electronic submissions.
- c. Replacement for Event committee coordinator – Susan P notes that the position is still not filled and urges all the Board members to send her names of possible nominees. Natalee encouraged Members-at-Large to consider taking this on. Discussion followed regarding the past and possible future duties of the Events Coordinator as well as the importance of maintaining a full 15 member board.
- d. Our New Member Meeting is planned for one hour on Nov. 30 at 10:00 a.m. See attached report from Susan D. Although attendance by Board Members is not required all invited and welcome. Susan D will coordinate with Laura to design a registration process for the meeting. Although not designed as a volunteer recruitment event, opportunities for volunteering will be discussed. Suggestions for the agenda followed. A subcommittee to prepare a premeeting questionnaire and to plan an agenda for the

11/8/2022

actual meeting includes Susan D as convener, Laura, Natalee and Connie.

- e. Publicizing the Winter semester (to members and guests) (See Attached Membership Report.)
 - i. Susan D will coordinate communication with members regarding the Winter Presentations. The first announcement of dates for the Winter Presentations and February mini-series was sent on Nov. 2 so that members could plan ahead. Later each presentation and the February miniseries will have its own publicity. Dec 7 will be the first Winter Presentation: Marginalized Workers on the D&H Canal by Bill Merchant and on Jan 4 Sean Sawyer President of the Olana Partnership will present. Information regarding dates and registration for the Winter Presentations and February miniseries will be sent in a timely fashion to all Members
 - ii. Connie described 3 of the 4 courses set for the February 1 & 8 miniseries. These are: The Science behind Climate Change, Local History: Ferries and Pleasure Palaces, Birds and Bears. The fourth course is expected to be finalized at the next CC meeting.

D. New Business

- a. Lee reported on attendance from 3 of the fall 2022 in-person classes. Painting: 7 registered with attendance down to 6 regulars, Creative Writing: 8 registered with attendance between 6 & 8, Theater History: 23 registered with attendance varying from 13 to 22. Students in Creative Writing appeared especially positive about their experience. Happily when the Memoir Writing instructor was unexpectedly absent, the class manager had the skills to facilitate the class meeting with 5 of the 8 students in attendance.
- b. Thursday's upcoming "Surprise" performance will go on after some doubts about their ability to perform. There was a discussion of how best to reach out to members who might want to attend since there have been some cancellations by attendees.

E. Natalee made a MOTION to adjourn with a second by Diane. Motion unanimously approved.

Maureen G. Bybee,
Secretary

NEXT MEETING:

December 13, 9:30 a.m. by Zoom

AGENDA

BOARD OF DIRECTORS

NOVEMBER 8, 2022

A. Minutes: OCTOBER 11, 2022

B. President's Report and General Updates:

NOTE: The format will be changed for **today's** meeting and some items from the Board Reports will be covered under either Old or New Business

C. Old Business

1. WJC update: dates/fees/future
2. Covid policy update
3. Replacement for Event committee coordinator
4. New member meeting on Nov. 30th
5. Publicizing the Winter semester (to members and guests)

D. New Business (Looking Forward)

1. Open to suggestions (☺)

NEXT MEETING:

December 13, 9:30 a.m. by Zoom

REPORTS TO THE BOARD
LIFESPRING BOARD MEETING
November 8, 2022

PRESIDENT:

I write my report on Monday, November 7th -- a sunny day which is drying us out from yesterday's wet dreary --but warm November day.

What a month since our last Board meeting which was the day after our Fall, 2022 semester began. And now I am a bit forlorn because I (and many others) will not have Lew Brownstein's class to look forward to today! (it was a 4 week course). But I am happy to report he will be returning in Fall, 2023!!!!

I believe our classes have gone very well and all of you are responsible (some to a greater extent because of their specific assignments) for its success ---and our first venture back to in-person classes.

Once again (and with the risk of sounding like a "broken record") I am so proud and honored to be part of Lifespring and I thoroughly appreciate the hard work of all of you that has gotten Lifespring to where it is today!!!!!!

Respectfully submitted and in solidarity,

Susan Puretz, President

VICE PRESIDENT:

No report
Natalee Rosenstein

TREASURER:

See the final page of these reports for the Treasurer's MONTHLY report chart.

Peg Nau

REGISTRAR and On-line Task Force Report:

Registration and On-line Taskforce Report
for Lifespring Board Meeting November 8, 2022

Please note a correction in the Walk into Autumn registration report from October. I have added the Zoom attendance through 11/2/22. I will not know the attendance for in person classes until after the semester has ended.

Course Name	Registered After Drops	Sept AVG	Percent Average			
01 Tai Chi	13	9.5	73%			
02 Walk into Autumn	16	10.3	65%			
03 Esopus Walk Sept 8	11	9	82%			
04 Esopus Walk Sept 15	7	4	57%			
			10/10-10/12	10/17-10/19	10/24-10/26	10/31-11/2
A1 Opera	43		36	31	33	33
A2 Totalitarianism	48		41	42	36	38
A3 End of Life	24		19	18	18	19
B1 Healthy You	20		17	14	15	32
B2 Philosophy	61		49	43	46	39
B3 Fitness	28		22	21	14	13
C1 Painting	7					
C2 Creative Writing	9					
C3 Baseball on Zoom	23		20	18	16	12
D1 Memoir Writing	9					
D2 Theater History	23					

11/8/2022

Course Name	Registered After Drops	Sept AVG	Percent Average			
Performance 1	45	29				
Performance 2	41	25				
Performance 3	44					
Performance 4	50					

Add drops were accepted through October 10.

28 classes were dropped, 18 classes were added. A total of 45 members made changes to their schedule, including the concert series.

The Bard performers for the P2 concert cancelled and Greg Dinger, classical guitar player was the featured performer for the October 21 concert.

The doors and welcome table at the WJC have been managed by our Lifespring volunteers at both the regular Wednesday classes (thank you Maureen H and Lee Gable) and at the performances (Lee, Mary F, Natalee and Maureen H). Susan Krompfer has been taking care of the set up arrangements each week. There have not been any delays at the door or problems with admitting members to date.

Laura Phillips,

Registrar

STANDING COMMITTEES

CURRICULUM:

Thanks to the on-going efforts of Curriculum Committee members, we have confirmed six on-line courses and seven of eight in-person courses at the WJC for Spring 2023. Outreach for the final in-person course is underway. A walking course for Spring 2023 is in development. Two of three Winter Presentations are in place and three of four February Mini-Courses are in place.

At the November 15 th CC meeting, two presentations will be considered to complete the mini-course schedule.

Respectfully submitted,

Connie Cuttle

EVENTS

Position needs to be filled

HOSPITALITY:

I have no report other than the door greeter process has worked very well for the WJC classes.

Maureen Huben

MEMBERSHIP:

Membership Committee Report:

Thank you to the Board Members have been graciously welcoming and checking in attendees for our Wednesday in-person classes and the Performance Series. I have heard only good things about the process!

On Wednesday, Nov. 2nd, a letter went out to all New Members. In addition to inviting comments and observations about their Lifespring experiences, I asked them to Save the Date for the New Member meeting to be held on Wednesday, November 30th at 10 am via Zoom. I also announced the dates and times for the upcoming Winter Presentations and the February Mini-Course series and yes, even the start date for the Spring term! April 17th. (See below for a copy)

Because the Winter Presentations and the Mini-Course series are open to members, their guests, people on the Interest List, and the community in general, I am working with Susan G. to get this information on our website as well. (Not the new member meeting) I will also send notices, in a timely way, to the press about these opportunities and will include HV1, Kingston Freeman, Town website (plus FB affiliated pages) etc. We will also be sending out an email to All Members within the next couple of weeks giving "looking ahead" information for the Winter season.

All Board Members are invited to attend the New Member meeting if you are available. It is important to have Board members attending who can speak briefly about some of the current key activities: Curriculum, Task Force, Class Managers, etc. This is NOT to a meeting to recruit volunteers...but, if it happens as people learn more about Lifespring, great!! :)

11/8/2022

Any ideas of how to make the meeting interesting and fun are always welcome. We want to hear from each new member individually but a lot will depend on how many register to attend.....planning to be continued.....

Susan Davis, Membership Coordinator

Hello New Lifespring Member!

We are past the mid-point of the fall semester and as Lifespring's membership coordinator, I wanted to check in with you to ask how things are going and to give you some information about Lifespring. We are delighted that you have joined us this year. As most of you know, we have been working our way back to "in-person" classes and events while keeping Zoom/class options as an integral part of our offerings. We hope you are pleased with the mix of courses and opportunities we have offered this Fall!

Here are a few important updates:

Special Meeting for New Members/ Save the date: You are invited to a one-hour meeting for new members on **Wednesday, November 30th at 10 am** on Zoom. We want to introduce you to several members of the Lifespring Board of Directors, explain a little about how Lifespring functions, hear your observations and suggestions, and officially welcome you to our learning community. Watch for our email in a couple of weeks with the details about how to attend this meeting on Zoom.

Looking Ahead: What's up for the Winter Months??

Winter Presentations: Wednesdays: December 7, January 4, and March 1, from 11:00am — 12:30 pm Online via Zoom.

Each year we offer special presentations on the first Wednesday of each of the Winter months. Originally, these popular gatherings were held in the Community Room of the Saugerties Public Library. During COVID, we moved these talks to Zoom and discovered an even larger audience eager to attend from the comfort of their homes, no matter the weather! The topics will be announced soon and an opportunity to register will be sent via email several weeks in advance of each event. Lifespring members may invite guests to the Winter Presentations and the February Mini-Series.

February Mini-Series:

Once again, Lifespring will offer a mini-series on two Wednesdays, February 1 and 8, 2023 via Zoom. Each mini-course will be comprised of two classes on consecutive Wednesday mornings. You are welcome to take one or two of these mini-courses—there will be a choice from four interesting and eclectic

11/8/2022

offerings. A catalog describing the courses will be emailed to you and available on our website in early January. And, of course, there is no extra fee for either the Winter Presentations or the February Mini-Series.

Please mark your calendar and watch for more information on all of these opportunities.

Planning Ahead??: The Spring, 2023 semester begins on April 17th!

As always, please feel welcome to send us an email if you have questions or comments. We will respond promptly!

Susan Davis, Membership Coordinator

Lifespring.saug@gmail.com

PROGRAM SUPPORT

The signs are up and all seem to be able to find their way! Classrooms have been set up properly for the most part with good social distancing. Thanks to Laura and John for helping with the easels!

Respectfully submitted

Susan Krompier

MEMBERS AT LARGE:

Online and in-person courses, events, and performances look to be running smoothly. I've spoken to a couple new members and they are quite happy with Lifespring so far. I have not broached the "volunteer" subject with them as I'd like them to fully experience what we have to offer first. There was some confusion in on in-person class I was in. The class manager understood that all Lifespring course participants had to vacate the WJC building between classes and that WJC did not want us in the building unless in a class. I expect the WJC is not quite this strict and that it would be ok to be in a class room or sanctuary quietly talking or waiting for the next class.

This needs clarification.

Leslie Surprenant
Member at Large

AD HOC COMMITTEES

AV

No Report

Rich Davis

richdavis@earthlink.net

CLASS MANAGERS:

As class manager coordinator, I can report that the classes with managers have run very smoothly.

There has been good communication between the class manager and presenter, and class managers and myself.

In one class, the presenter let the presenter know that she would be absent. The class manager was able to facilitate the class without cancelling. Five out of 8 attended.

In the Stroke 1 class, the class manager helped the presenters clean up.

The attendance has been good in all the classes

The performance classes have been well attended. And the performers received a good response from the audience, who had a lot of questions for the performers.

So far, I think the first semester back from 2 years of Covid, has been running well. I think it is due to all the good planning.

Lee Gable

PUBLICATIONS COORDINATOR

Lifespring newsletter, *News & Views*

Still Planning for late fall 2022

Mini Course Catalog

Dates have been set to post online on January 1, 2023.

Winter Presentation Flyers

Flyers for the December and January winter presentations are in the works. The December flyer will be posted online on November 21st.

Website

Updates continue as needed. Susan Davis continues to liaison with David Cartmell.

Susan D and I are working on updating language and other changes for some of the website sections, which will be implemented by Anna Landewe.

From Susan Greenstein

November 6, 2022



Can't believe it's almost Thanksgiving!

OTHER REPORTS

MOVING FORWARD:

No report

Natalee Rosenstein, Vice President and chair of the Moving Forward Committee

SEC (Senior Education Committee)

No report Susan Davis, SEC chair

LIFESPRING TREASURER'S REPORT																			
September 2022																			
2022-2023																			
Prev Balance	24328.75	Balances FWD	\$(3,300.00)	\$	\$	Hospitality Costs	Thank you Gifts/Donations	Catalog design & print	Newsletter	Website Fees & Domain	Audio Video	Office Supplies	Annual meeting/Events	Library Setup	Misc	Program fees	Hospitality Donations	Interest	
Date	Amt Received From																		
INCOME																			
8/31/2022	\$	1.03	Interest														48.25		
09/01/22	\$	48.25	CC														1.00		
09/30/22	\$	1.00	Interest														1.03		
Monthly Income		\$50.28			\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$50.28	\$0.00	\$0.00	
EXPENSE																			
09/13/22		\$48.25	Refund of CC														48.25		
09/16/22		\$159.89	1356 Laura Phillips																
Monthly Expense		\$	208.14																
End Balance		\$24,170.89			-\$3,300.00	\$0.00	\$0.00	-\$393.75	\$0.00	-\$393.36	\$0.00	-\$88.80	\$0.00	\$0.00	\$0.00	-\$354.50	\$8,748.43	\$0.00	\$0.59