

LIFESPRING ANNUAL MEETING

10th Anniversary Celebration

May 29, 2019

(Approved June 11, 2019 as corrected)

The meeting was called to order at 10:27 a.m. by Colleen Greco.

Colleen reminded us that in the one hundred years since 1919 many noteworthy events have taken place. As an example, 50 years ago the Woodstock festival happened, but the noteworthy event that brings us all here today is the 2009 beginning of Lifespring in Saugerties. This year we are celebrating the tenth anniversary of Lifespring and all the opportunities that this organization has given to our members.

Juliette Eisenson enhanced our festive celebration with her delicious 10th year birthday cake and Karren Trent added beauty to the tables with gorgeous flower arrangements. Much appreciation and many thanks are given to them.

1. WELCOME: Susan Poretz, President

Susan welcomed all members of the Lifespring Community. She stated that Lifespring is a unique Lifelong Learning Institute because it is sponsored by a town and she invited Fred Costello, Saugerties Town Supervisor, to bring greetings. He thanked Susan for the honor of speaking. In his comments he said that Lifespring is a point of pride for Saugerties and touches many lives in a positive way. Greg Helsmoortel was Town Supervisor when Susan and Barbara Kaisik came to him with the idea of starting lifelong learning in Saugerties. His response was "Go for it, ladies". Mr. Helsmoortel was unable to attend the 10th anniversary celebration, but Leanne Thornton, the liaison, between Lifespring and the town of Saugerties shared more positive comments about Lifespring. She said: "The Curriculum Committee has reached out for gifted presenters and the topics are amazing. She thanked Lifespring for vision and creativity. She is retiring and will now try to come to classes." She graciously presented flowers to Barbara and Susan.

At this point Susan announced a moment of digression in her comments and an intriguing sign was shown. It said: 'A Walk down Platte Clove. The Beginning'. What followed was a creative and entertaining skit that told the story of how Barbara and Susan had the idea of an Adult Learning Community in Saugerties. Barbara felt that it was a *behemoth* idea, but Susan was determined. There were more signs and helpful props. The end of the story is **Lifespring**, vital and still growing. Susan's theme of Looking Back/Looking Forward was carefully woven into her remarks. The answers to the (JUST FOR FUN) Lifespring Quiz questions provided information relative to the total program. The collection of member memories that Susan shared gave an awareness of how important Lifespring has been to many folks. Susan Kahl eloquently expressed how being a part of the Lifespring Community has influenced her life.

2. BUSINESS MEETING

Treasurer's Report: Peg Nau, Treasurer

Peg reported that the current balance in the treasury is \$13,064.28 and that Lifespring is looking fine financially. (Total report attached)

By-law Revisions: Marv Beach, Vice President

The significant changes are in Article I, Article V, Sections 1 and 3 and Article VII, Sections 2,4,6,7,&9

Marv made the motion to accept and approve the by-laws as revised. Seconded by Marjory Greenberg-Vaughn. Motion carried.

Many thanks to Marv Beach, Susan Davis, Maureen Huber and Natalee Rosenstein for their work on the revision.

Elections: Marv Beach, Chair of the Nominating Committee

This year's slate consisted of four positions

Vice President – Natalee Rosenstein

Treasurer – Peg Nau

Member-at-Large – Norm Bowie

Member-at-Large – Lucy Stagich

There were no additional candidates nominated from the floor

Thanks to the nominating committee of Marv Beach, Maureen Huber and Colleen Greco

Results of the election:

Vice-President- Natalee Rosenstein

Unanimously elected

Treasurer – Peg Nau

Unnanimously reelected

Member-at Large – Norman Bowie

Unanimously elected for a second term

Member-at- Large – Lucy Stagich

Unanimously elected for first term

Congratulations were expressed to all who serve.

3. Volunteer Recognitions

(Listing of Volunteers attached)

Susan asked the members of the **Board of Directors** to stand and thanked them for their willingness to serve in so many ways.

There are three coordinators in the Ad Hoc Standing Committees

Thanks were given to **Rich Davis** for serving as A/V coordinator. Rich commented that he and his team of David Cartmell, John Dashman, and Jim McGarry worked well together to make the A/V run smoothly. Dave thanked his team for their dedication.

Susan thanked **Lee Gable** for successfully enlisting 17 class managers for the Spring 2019 session. Lee thanked her managers for their help in making classes run smoothly and warned people that she would soon be looking for people to help for the Fall 2019 session.

Susan Greenstein is the Coordinator of the Publications Committee. She spoke about the responsibility that she and her team have for the Lifespring newsletter, **News and Views**, the **Catalog** that is published twice a year, **Flyers**, when needed and the **Lifespring Website**. She thanked her entire team who helped to make all the Publications possible. Thanks to Susan.

Diane McDowell is Co-Chair of the Curriculum Committee and serves with Mary Porter Hall. The Curriculum Committee meets twice a month and is dedicated and hardworking. Diane finds there is fun that goes along with the hard work. Thanks to Diane and Mary.

Colleen Greco is the coordinator of the Events Committee. She and her team start early to plan for the Annual Meeting and make sure that a caterer is in place and that the entertainment is chosen. October 2 is the date for the Fall Preamble and will be at the Saugerties Library. Colleen thanks her team for always be willing to help. Thanks to Colleen.

Susan Davis is the coordinator of the Membership Committee. Her committee welcomes new members to Lifespring, makes sure name tags are available and answers any inquiries they may have. There is a team of six who work at the staffing table throughout the day. Thanks to Susan for her time and dedication to Lifespring.

Susan Krompiew is the coordinator of Program Support and she thanks Laura Phillips for the help and information in the new job of Program Support. She is learning where to put up informational signs and figuring out all the other tasks that make for strong support. Susan appreciates the help of her small team. Thanks to Susan.

Laura Phillips is the Registrar. She said to look for two weeks of Add/Drop classes come Fall semester. She thanked her committee members for their help and also thanked Gayle Schumacher for putting together Welcome Packets. Thanks to Laura for all she does for Lifespring.

Marjory Greenberg-Vaughn is the coordinator of the Services Committee. She had three things to say. Thanks to her team for the ways hospitality was shown, the pleasure of the camaraderie spirit and the ideas that were always at hand. Thanks to Marjory.

Karen Abramson has been helping with Telephone Support. She has moved to Long Island and **Valerie DaSilva** will now be available to answer inquiries about Lifespring. Thanks to Karen and Valerie.

Susan thanked all the volunteers. She said it is sad to lose the Jumpstarters who more than paid their dues, but it is a joy to welcome new blood to the Lifespring Community.

Special Recognitions

Jouette Bassler –Susan thanked Jouette for heading the Curriculum Committee for 2 and 1/2 years. During the time of transition Jouette worked with her committee to provide four semesters of wonderful classes. On behalf of the Board of Directors, Susan expressed sincere appreciation for what Jouette accomplished. Jouette replied that she was delighted to have been part of the Lifespring Community during that time and thanked Susan for the special recognition. Many thanks to Jouette. A gift certificate was presented to her.

Marv Beach – Marv has served all ten years of Lifespring with quiet grace. As Vice President she was a wise advisor. Her energy to keep Lifespring vital was shown in being responsible for by-laws that were compliant with the town of Saugerties and being the chairperson of Nominations. She will be missed at Board Meetings and hopefully she will be available as a resource. Marv gave thanks for all the people getting something done. She had experienced some of the most fun in her life during the last 11 years. Working with Lifespring has been a real gift.

Susan gave Marv a promissory note, her assurance that she would make a strawberry/rhubarb pie for her. A great thank you to Marv for all she has done for Lifespring. A gift certificate was presented to her.

Susan closed the recognitions with a rousing cheer:

S-uper
U-nique
P-erfect
E-nthusiastic
R-apt

Colleen Greco adjourned the meeting at 11:45 a.m. with the words: “What a team to lead us for ten years.”

After a ten minute break, **Catskill’s Bigtime Dixieland Band with Nathan Brenowitz and his 1920’s Dixieland Jazz friends** will entertain us.

Respectfully submitted,
Marilyn Wakefield, Secretary

ATTACHMENTS

ANNUAL MEETING

May 29, 2019

9:30am - 12:45pm

Agenda

GATHERING FOR BREAKFAST (9:30 – 10:15)

Cake Ceremony (9:50)

MEETING (10:15 – 11:30)

WELCOME: Susan Puretz, President

Greetings: Fred Costello, Saugerties Town Supervisor

Susan Puretz: Looking Back/Looking Forward: A Celebration

1. BUSINESS MEETING

A. Treasurer's Report: Peg Nau, Treasurer

B. By-law Revisions: Marv Beach, Vice President

C. Elections: Marv Beach, Chair of the Nominating Committee

3. VOLUNTEER RECOGNITIONS

BREAK (11:30 -11:45)

SPECIAL GUEST PERFORMERS (11:45-12:45)

CBDBS (aka Catskill's Bigtime Dixieland Band)

with Nathan Brenowitz and his 1920's Dixieland Jazz friends.

Colleen Greco, Events Committee Coordinator

BUSINESS MEETING

Treasurer's Reports

LIFESPRI
Annual Membership Meeting
May 29, 2019

Revenue

<i>Balance brought forward 5/18/18</i>	<i>9,765.23</i>	
<i>Income Fall 2018</i>	<i>13,968.36</i>	
<i>Income Spring 2019</i>	<i>161.95</i>	

		<i>23,895.54</i>

Expenses

<i>Expenses Fall 2018</i>	<i>4,987.23</i>	
<i>Expenses Spring 2019</i>	<i>5,844.03</i>	

		<i>10,831.26</i>

CURRENT BALANCE *13,064.28*

LIFESPRING
Projected Budget
Revenue and Expenses
Fall 2019/Spring 2020

Revenue

	<i>Estimated Balance brought forward 7/31/19</i>	<i>\$11,162.40</i>
<i>Income</i>	<i>Member Fees</i>	<i>14,480.00</i>
	<i>Hospitality Services Donations</i>	<i>610.00</i>
	<i>Interest</i>	<i>3.00</i>

TOTAL INCOME *\$ 26,255.40*

EXPENSES

	<i>Facility Rental</i>	<i>\$ 5,400.00</i>
	<i>Hospitality Services</i>	<i>2,500.00</i>
	<i>Lifespring Donations</i>	<i>2,500.00</i>
	<i>Catalog Consultant and Printing</i>	<i>1,000.00</i>
	<i>Newsletter</i>	<i>500.00</i>
	<i>Website (Domain Use)</i>	<i>150.00</i>
	<i>Audio/Video</i>	<i>250.00</i>
	<i>Office Supplies</i>	<i>350.00</i>
	<i>Annual Meeting</i>	<i>700.00</i>
	<i>Library Set-Up</i>	<i>200.00</i>
	<i>Miscellaneous</i>	<i>200.00</i>
<i>TOTAL EXPENSES</i>		<i>\$ 13,750.00</i>
<i>Carryover to Fall 2020</i>		<i>\$ 12,505.40</i>

PROPOSED AMENDED

LIFESPRING: SAUGERTIES ADULT LEARNING COMMUNITY BYLAWS

ARTICLE I – NAME

The name of the organization shall be Lifespring: Saugerties Adult Learning Community (hereafter called Lifespring). Lifespring is an official Town of Saugerties **community group** with its principal offices at the Town Hall, 4 High Street, Saugerties, New York 12477. **The Senior Education Commission created by Local Law 1, 2018, of the Town of Saugerties shall oversee the operation of Lifespring.**

ARTICLE II – PURPOSE

Lifespring: Saugerties Adult Learning Community offers a broad range of noncredit courses as well as other educational activities. Lifespring's goal is to provide diverse learning experiences, to foster opportunities to discuss ideas, and to support a lifelong love of learning.

ARTICLE III – MEMBERSHIP

Section 1 – Nature of membership

Membership in Lifespring shall be open to all adults who wish to join and participate in the activities of the organization. A member in Lifespring is any person who **has been admitted for membership and has** paid dues for the current membership year. Membership shall be renewable annually based upon payment of the annual dues.

Section 2 – Members' rights

Members shall have the right to vote at all general meetings, hold office, and participate in the activities of the organization.

Section 3 – Membership year

The membership year shall be August 1 to July 31.

Section 4 – Annual Membership Meeting

The Annual Membership Meeting shall take place in the spring no later than one month after the end of the spring semester. The purpose of the Annual Membership Meeting shall be to: inform members of the status of the organization; present the financial report; elect officers and members-at-large of the Board of Directors; and amend bylaws as needed. Officers and members-at-large shall be elected by a simple majority of those present and eligible to vote. Board members shall take office August 1 of each year.

ARTICLE IV – GOVERNING BODY

Section 1 – Board of Directors role

The affairs of the organization shall be governed by a Board of Directors.

Section 2 – Board of Directors meetings

The Board of Directors shall meet a minimum of nine times a year at times and places to be decided by the President. Members of the Board are expected to regularly attend scheduled meetings.

Section 3 – Special meetings

The President shall call special meetings of the Board as necessary or if requested by three Board members. Special meetings can be held in person or electronically. Notice of special meetings must be disseminated to Board members at least three days before the meeting date.

Section 4 – Quorum

A quorum of one more than half of the voting Board members shall be present to conduct business.

Section 5 – Conduct of business

The Board shall conduct its business with a simple majority vote of those present and eligible to vote.

Section 6 – Records of the organization, both electronic and paper, including but not limited to minutes, the policy manual, the coordinators handbook and catalogs shall be maintained. They shall be stored at Saugerties Town Hall.

ARTICLE V – BOARD OF DIRECTORS MEMBERSHIP

Section 1 – Board of Directors Membership

The Board of Directors shall consist of a maximum of 15 members of Lifespring. Those serving on the Board will be: four Officers: (President, Vice President, Secretary, and Treasurer), the Registrar, the Coordinators of the **five** Standing Committees, and **five** Members-at-Large. The immediate past president will serve Ex-Officio.

Section 2 – Board of Directors selection process

Officers and Members-at-Large shall be elected by members at the annual membership meeting as described in Article III section 4. The Committee Coordinators and the Registrar shall be appointed by the President with the approval of the Board of Directors.

Section 3 – Board member terms

The term for all Board members, including Officers, Members-at-Large, and Committee Coordinators shall be two (2) years. The President, Secretary and **three** Members-at-Large shall be elected in **even** years, the Vice President, Treasurer and the other **two** Members-at-Large shall be elected in odd years.

Section 4 – Term limits

Officers shall be limited to three (3) successive terms. Members-at-Large shall be limited to two (2) successive terms. Coordinators of standing committees shall have no term limits as such but may be reappointed by the President every two (2) years.

Section 5 – Vacancies

Any vacancy that occurs shall be filled by the President who will appoint a member of the organization to serve the remainder of the term. The appointment will be made with the approval of the Board of Directors. If the Presidency becomes vacant, the Vice President will assume the office for the remainder of the President's term.

ARTICLE VI – OFFICERS

Section 1 – President

The President shall supervise the affairs and activities of the organization, including electronic communication, represent the organization to other organizations, preside at all Board meetings, appoint the Registrar, the fifth member of the Executive Committee, and Coordinators of Standing Committees (with the approval of the Board), and appoint ad hoc committees and task forces as needed. As needed, and at the President's discretion, Co-Coordinators may be appointed to any of the Standing Committees. Only one of the Co-Coordinators will be appointed to serve on the Board of Directors. The President shall present a report on the organization's activities at the Annual Meeting.

Section 2 – Vice President

The Vice President shall perform the President's duties in case of absence, and carry out other duties as delegated by the President.

Section 3 – Treasurer

The Treasurer shall develop the annual budget and present it for approval to the Board. Additionally, the Treasurer will: monitor finances; arrange for collection of all monies and payment of expenses; report on the financial standing of the organization at each Board meeting; interface with the Town on financial matters; and present for approval a financial report and budget at the annual membership meeting.

Section 4 – Secretary

The Secretary or another designated representative shall maintain the official records of the organization and record and distribute the minutes of all Board meetings, as well as prepare any correspondence as requested by the President. The Secretary shall arrange to notify the membership of the time, date, and agenda of the Annual Membership Meeting no less than one month prior to the annual meeting.

ARTICLE VII – REGISTRAR, MEMBERS-AT-LARGE,
EXECUTIVE COMMITTEE and STANDING COMMITTEES

Section 1 –Registrar

The Registrar shall manage the enrollment process for courses and maintain a database of all members.

Section 2 – Members-At-Large

Members-At-Large shall represent membership interests to the Board as well as coordinate ad hoc committees when asked by the President, and **shall** assist on other committees and projects. **A member of the Board “at large” has no specific duties unless assigned by the President, but has the same rights and responsibilities as other board members. Members-At-Large may have various responsibilities and projects - short or long-term - during their elected two-year term.**

Section 3 - Executive Committee

The Executive Committee will consist of the four (4) elected officers (President, Vice President, Secretary, and Treasurer) plus one additional Board member appointed by the President. The Executive Committee will meet in person or electronically on an as-needed basis.

Section 4 – Committees

There shall be **five (5)** standing committees as follows:

Curriculum Committee

Events Committee

Membership Committee

Program Support Committee

Services Committee

Section 5 – Curriculum Committee

The Curriculum Committee shall: develop new courses; recruit presenters; arrange class - schedules with the Registrar; and prepare course descriptions and presenter information for the catalog. They will communicate information to the Registrar and to other committees as necessary.

Section 6 – Events Committee

The Events Committee shall plan and coordinate special occasions **such as, but not limited to, the Annual Meeting.**

Section 7 - Membership Committee

The Membership Committee shall oversee the welcoming of new and returning members each semester and shall address the general satisfaction of the current members, responding to concerns and suggestions as appropriate. The tasks of this committee **coordinator shall** include working with the Registrar and the President on the admission process and with the **Lifespring** Board on policies and initiatives affecting the general membership.

Section 8 – Program Support Committee

The Program Support Committee shall be responsible for assigning and organizing classroom and hospitality space and seating and for providing nametags, signage and other materials necessary for operation of regular semester classes. The Coordinator shall work with the facility administrator and with other standing and ad hoc committees to determine how to best meet Lifespring support requirements for each semester.

Section 9 - Services Committee

The Services Committee shall provide refreshments for the two semesters; **coordinate volunteers for hospitality; and assist with social functions as needed.**

ARTICLE VIII – AD HOC COMMITTEES

Section 1 – Committee Appointments

Ad Hoc Committees and their Coordinators shall be appointed by the President. Coordinators of Ad Hoc committees shall not be members of the Board unless they already serve on the Board. Ad Hoc Committee recommendations shall be presented to the Board and will be subject to Board approval. An example of a possible Ad Hoc Committee is the Nominating Committee.

Section 2 – Nominating and Election Committee

The President shall appoint a Nominating and Election Committee of at least three members with the approval of the Board. The Nominating and Election Committee shall select a slate of Officers and Members-at-Large for election at the Annual Membership Meeting. Said slate will be presented to the Board for their approval. The slate will be sent to the membership prior to the Annual Meeting. At the Annual Meeting the Nominating and Election Committee shall conduct the election.

ARTICLE IX – FISCAL YEAR

The fiscal year shall be August 1 through July 31.

ARTICLE X – PARLIAMENTARY AUTHORITY

Roberts Rules of Order Revised shall govern the organization in all cases to which they apply and are consistent with these Bylaws.

ARTICLE XI –BYLAWS

Section 1 – Bylaws Committee

The President shall appoint a Bylaws Committee at least once every three years to review current Bylaws for the purpose of revising and updating them as needed. The Bylaws Committee will present suggested changes to the Board for review and approval. The Board will present recommended changes to the membership for adoption at the next annual meeting.

Section 2 -- Suggestions for Change

Requests for Bylaws changes may come from any member and shall be referred to the Bylaws Committee. If no Bylaws Committee is in effect, the President shall appoint one to consider suggestions made by members.

SECTION 3 – Amendments

These Bylaws may be amended at an Annual Membership Meeting by a two-thirds affirmative vote of those members present and eligible to vote. Written notice to the members of any proposed amendment(s) to the bylaws must be given at least thirty days prior to the Annual Membership Meeting. Amendments to Bylaws shall be approved and accepted at the Annual Meeting.

Bylaws Adopted by the Board: February 17, 2010

Bylaws Adopted by Membership: June 8, 2010

Amended Bylaws Adopted by Membership: May 24, 2011

Amended Bylaws Adopted by Membership: June 5, 2013

Amended Bylaws Adopted by Membership: June 7, 2017

Amended Bylaws Adopted by Membership: May 29, 2019

Signed:

Marilyn Wakefield

Secretary of the Board

A LIFESPRING QUIZ **(JUST FOR FUN!)**

1. When was Lifespring's first semester?
2. How many 6 week courses has Lifespring offered since we started?
3. What instructor has presented the most times for Lifespring and for how many times?
4. How many of our members have been presenters?
5. How many winter presentations have we had?
6. What is the favorite food at the hospitality table (i.e. it gets consumed the fastest)?
7. Does Lifespring admit new members or is it closed?
8. Do people have to reach a certain age before they can join Lifespring?
9. When is the Fall catalog usually available on-line?
10. What are the various types of courses that the cc tries to balance?
11. What is the Lifespring website address?
12. How many members are on the Board of Directors?
13. How many towns (zip codes) are represented in our current membership?
14. How many members did we have in our first year?
15. How many members do we have now?
16. How many who were members in the first year of Lifespring are still members?

SPECIAL MEMORIES

1. Diane wrote:

After class today, I was stopped by one of the students from the Weather class. She wanted to tell me what a positive impact the class had for her. Previously, she couldn't imagine how there could possibly be a weather channel which runs 24 hours a day. Now she finds herself watching it and enjoying the information! And she was amazed at the concept of a cloud appreciation group. Not only does she have a deeper appreciation for the weather every day here and around the world, but she finds herself enjoying cloud formations so much more.

Great job, Marty (and Susan and Margaret)!

2. Diane wrote:

I wanted to share a comment from this mornings painting class where we learned techniques for painting flowers and leaves. One participant said that now when she walks, she finds herself stopping to appreciate flowers more. The class has made her more aware of their beauty, and how that could be captured in art.

Everyone really enjoyed the class.

3. Laura wrote:

I was thinking just yesterday as I talked about whether or not it is important to encourage everyone to attend a class, as opposed to the people you know will speak up and make a contribution. I remembered a number of times when I learned a lot in Lifespring that helped me understand a short story from men who had been in the armed forces, or people who had lived in the mid-West, or someone who had lived through the depression and experienced [hunger.as](#) a child. Most of all I remember the being out of control with laughter, along with the rest of the class, because of someone's clever comment. We felt connected; we were part of the community of Lifespring.

4. Delores wrote:

I remember an outing walking the bridge across the Hudson with Lifespring members, my first and only crossing. Thankful for the encouragement and experience.

5. Elda wrote:

Lifespring became a lifeline for me five years ago when my husband passed away. The courses and members were wonderful and my grief was replaced by talented teachers, new friends and learning experiences.

6. Roberta wrote:

It has been such a wonderful experience and fun to be connected to Lifespring. It is difficult to decide on a particular memory, there are so many over the 10 years. But I guess I'll start with the first impression.

Joe and I attended an Open house - Informational Session - to introduce the public to Lifespring. This was prior to the first semester. We were inspired with the information, enthusiasm and dedication of the Jump Starters and their vision. I became involved from that day on, serving on the Board, the curriculum and class manager committees, a presenter of several courses, volunteering for other

duties as needed. Though I have shifted my priorities some and am now not as active, I still feel connected to this wonderful community of volunteers who has made Lifespring the success it is today, 10 years and running.

7. Greta wrote:

I remember getting a flyer from my friend She said she was not interested But she thought I would like to try this new adventure I was not sure but being retired I thought well if I do not like it I will not stay Well 10 years later here I am so far enjoying every class So thanks to those who make this a great experience Hope I will be able to come for another 10 years. Thanks Susan and team. Greta

8. Debby wrote:

Walking outside after emily dickinson poetry class and feeling so close to nature watching the butterfly on a lilac bush. anonymous

9. Susan wrote:

A poignant memory is the opening day of our first year on Sept 22, 2009, one of our members fainted. Before you know it, there were about 5 members, all around the fallen individual. Turns out that they were all nurses ... and the story ends well....The person continued as a member for many years.

10. JoAnn wrote:

OK, Susan. One of the classes I took this semester was American short stories. I must say even though I was not always crazy about the actual story, by the time we had everybody's point of you, I had a whole different feeling. Of course I thought I had everything perfectly figured out. However, as our wonderful instructor, Susan, kept us on task by showing evidence from the text, I became aware that there were many other ways of looking at the same character, event or situation. It was extremely stimulating. I truly enjoyed the course and all the interaction. Thank you so much for this wonderful opportunity.

11. Esther wrote:

I love sitting at the membership table and greeting all of our members who already know the drill and hold up their name cards, And we always smile at each other. Susan (Davis) thanks me each semester but it should be me thanking her for the privilege of greeting our members every Wednesday during the Lifespring Semester.

12. Eileen wrote:

One of my first class experiences was a dream workshop w Jude Schafman. I was so taken that I got involved in a monthly dream session with a fellow lifespringer for 5 years - mostly at my kitchen table in Ellenville!

13. Mary Alice wrote:

Here's one...I recall with a big smile the Barn Swallows who built their nest at the apex of the front of the synagogue /\ . I didn't think a lot of people noticed them, but I did. Figured they too were into Lifetime Learning.

Mom would almost dive bomb people who were leaving the front porch..probably when her 'teenage' nesters were getting ready to try their wings.

She had chosen the perfect spot...right across from the pond where many bugs lived and very high and dry so that her progeny were well protected..a good mom

14. Susan Kahl wrote and read:

For me, my first impression when I walked into the Methodist Church way back when was that I wanted to be part of this group. The energy that I felt was so positive that I knew I was in the right place. That was the day I met Bob Saturn and we hit it off immediately. Who knew that I would be working with him for several years on the Registration Committee. I learned so much from him and value our friendship. To me, he's the gift that keeps on giving. I am grateful to be able to call him my friend. He has taught me so much.

Next is Susan Puretz. Susan initiated the Let's Move program at Lifespring. It was the 100 mile challenge that got me moving. Bob also did this challenge as did several other members. I was learning how to swim and Susan was my great cheerleader and support system. She even offered to come to the Y to help me. How did I get so lucky?

I also learned how to play the ukulele as a direct result of a Winter Presentation of a Ukulele Concert. That was on a Wednesday, I went home, ordered a ukulele from Amazon and by Friday I was playing it already.

Lifespring is an amazing community. I could go on and on about what I love about it. I am grateful that I had the opportunity to volunteer on many committees in the past and have made some great friends. One friend, Juliette Eisenson taught me how to bake bagels. Karren Trent and I can chat up the spiritual and political topics. It's great. I have also met many people from Lifespring who attend Healthy Lifestyle.

Healthy Lifestyle is a special interest group I began about three years ago and with the blessing and help of Lifespring. This is a group of like minded people who are interested in learning about healthy topics, eating right and just about anything you can think of regarding being healthy and safe as we age. We meet on the first Thursday of the month at the Saugerties Library from 1 – 2³⁰.

This group would not have started if it had not been for my walking into the door of the Methodist Church way back when.

There have been many changes in my life over the past several years and I can attest to the fact that Lifespring has impacted my life on so many levels. I am truly grateful I walked in that door.

BOARD OF DIRECTORS

2018-2019

President

Susan Puretz

Vice President

Marvelene Beach

Secretary

Marilyn Wakefield

Treasurer

Peg Nau

Registrar

Laura Phillips

Curriculum Coordinator

Mary Porter Hall

Events Coordinator

Colleen Greco

Membership Coordinator

Susan Davis

Program Support Coordinator

Susan Krompier

Services Coordinator

Marjory Greenberg-Vaughn

Member-at-Large

Diane McDowell

Member-at-Large

Norman Bowie

Member-at-Large

Maureen Huben

Member-at-Large

Natalee Rosenstein

Ad Hoc Standing**Committees****A/V Coordinator**

Rich Davis

Class Managers Coordinator

Lee Gable

Publications Coordinator

Susan Greenstein

ADMINISTRATIVE ASSISTANT

Mary Felton

A/V COMMITTEE

Rich Davis – Coordinator

David Cartmell

John Dashman

Jim McGarry

CLASS MANAGERS, Spring 2019

Lee Gable – Coordinator

Karen Abramson

Connie Catalinotto

Kathy Carroll

Roberta Gavner

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