

**APPROVED MINUTES OF THE MEETING  
LIFESPING BOARD OF DIRECTORS  
May 9, 2023**

**PRESENT**

Susan Puretz, President  
Natalee Rosenstein, Vice-President  
Maureen Bybee, Secretary  
Peg Nau, Treasurer  
Laura Phillips, Registrar & Task Force for Online Learning  
Connie Cuttle, Curriculum Committee Coordinator  
Prudence Garcia Renart, Events Committee Coordinator  
Susan Davis, Membership Coordinator  
Susan Krompiew, Program Support Coordinator  
Maureen Huben, Hospitality Coordinator  
Lee Gable, Member-at-Large and Class Managers Coordinator  
Diane McDowell, Member-at-Large  
Anne Miller, Member-at-Large  
Lydia Edelhaus, Member-at-Large  
Rich Davis, AV Coordinator  
Leeanne Thornton, Lifespring Member and Saugerties Town Board Liaison to the Senior Education Commission

**ABSENT**

Leslie Surprenant, Member-at-Large  
Prudence Garcia Renart, Events Committee Coordinator had to leave early.

This regularly scheduled meeting of the Board was called to order by Susan P at 9:31 a.m.

**A. Minutes: April 11, 2023 – A MOTION TO APPROVE** the Minutes of April 11 was made by Diane and seconded by Lee. Without discussion, the **MOTION WAS APPROVED** unanimously.

**B. President's Report and General Updates:** (See attached report)

Susan P highlighted compliments from members as contained in her report and included comments from Susan D about the Banned Books course commending Prudence, Connie and Leslie on the production and presentation of the Banned Books course. Fran Jacobson and Kathy Mellert, long time Lifespring members, are both continuing their recoveries from serious medical incidents.

### C. Old Business

1. Annual Meeting Updates by Prudence – See attached report
  - a. All those expected to be at the podium during the event, should be at the WJC at 9:00 a.m. for a quick run through of the agenda.
  - b. Prudence led discussion and clarification of Fred Costello's arrival, plans to display the memory board in person and on Zoom with a moment of silence, recognition of retiring Board Members, presentation of the Treasurer's report which will be correct up to mid-May as in past years, introduction of newly elected Board Members, closing the meeting and the transition to entertainment.
  - c. Maureen H and Juliet Eisenson will set up refreshments for 8:45 a.m.
  - d. Natalee suggested that Susan P include the updated Covid policy and ideas for the fall in her remarks.
  - e. Susan P, Prudence and Rich will meet to set a final schedule of events for the meeting to coordinate live and Zoom components which Prudence will distribute.
  
2. Confirmation of our New Publications Coordinator  
Susan P welcomed Anne Miller as the new Publications Coordinator with unanimous confirmation by the Board.
  
3. Election follow-up  
Laura reported that a letter to all members with the names of the Board nominees was sent on May 6. The ballot was sent today with a due date of May 19.
  
4. Lifespring's Covid policy for 2023-2024
  - a. Natalee reported that our new policy beginning in fall 2023 is:
    - a. masks are voluntary,
    - b. no proof of vaccination is required,
    - c. no social distancing will be enforced,
    - d. rooms will be filled only to 75% of capacity.
  - b. Natalee asked if we should allow the Presenters to require masks in an individual in-person class. Discussion suggested that this could easily be accommodated by publication in the catalog as a requirement for an individual course and Presenter.

**MOTION** made by Natalee with a second by Anne that masks are voluntary unless required by the Presenter of a particular class. **MOTION APPROVED unanimously.**

- c. Natalee requested that the Board state a policy regarding food and drink beginning with the fall 2023 semester.

**MOTION** made by Natalee with a second by Laura that beginning with fall 2023 food and drink may be consumed inside the Woodstock Jewish Congregation in compliance with the food policies of the WJC. **MOTION APPROVED unanimously.**

#### D. New Business

1. WJC Arrangements

Susan P reported that Susan D, Laura, Natalee and Susan P met with Rahel of the WJC regarding the new contract with the WJC for 2023-24. A few questions remain to be clarified before it comes to the Board.

2. Other New Business

- a. Peg requested approval of gifts for retired Board Member Colleen Greco and retiring Publications Coordinator Susan Greenstein. Natalee made a **MOTION** with a second by Anne that Lifespring present a \$50 Inquiring Minds Bookstore gift certificate with an additional \$15 allowance for flowers to these two retiring Board Members. **MOTION APPROVED** unanimously.
- b. Connie requested approval for recording of some of the individual monologue presenters at the May Monologue Madness Presentation. A few have inquired about this possibility as a self-assessment opportunity. Following discussion of our existing recording policy and other options for a presenter, it was decided that recording of any monologues by Lifespring was not approved.
- c. Connie also requested information about whether a Presenter may announce to their class an opportunity that is outside of Lifespring and does not benefit the Presenter financially. This was particularly related to inquiries coming out of the Mah Jong class. It was confirmed that we do not share our e-mail list with anyone. It was also confirmed that current Presenters may announce events or publications in which they are involved to their class without suggesting promotion by Lifespring. It was agreed that participants in the Mah Jong class and those on the wait list could be notified by a friendly letter of other Mah Jong opportunities in the community. It was also noted that Presenters may circulate a list to collect e-mails from students voluntarily for future use.

- d. Lee noted a concern that has arisen in the Bridge group. The Presenter is great but students new to bridge are not able to benefit from his format. People are dropping out. Lee suggested that perhaps bridge is not learnable in 6 weeks.

Laura made a **MOTION TO ADJOURN** with a second by Natalee. **MOTION was approved** unanimously and the meeting adjourned at 11:23 a.m.

Maureen G. Bybee,  
Secretary

**NEXT MEETING:**  
June 13, 2023 (on zoom) at 9:30 am

**AGENDA**  
**BOARD OF DIRECTORS**  
May 9, 2023

**A. Minutes: April 11, 2023**

**B. President's Report and General Updates:**

NOTE: The format will be changed for **today's** meeting and some items from the Board Reports will be covered under New Business

**C. Old Business**

1. Welcome Publications Coordinator and Confirm
2. Annual Meeting Planning (Updates)
3. Election follow-up
4. Lifespring's Covid policy for 2023-2024

**D. New Business (Looking Forward)**

1. WJC Arrangements
2. Other new business

**NEXT MEETING:**

June 13, 2023 (on zoom) at 9:30 am

**REPORTS TO THE BOARD**  
**Lifespring Board Meeting**  
**May 9, 2023**

**PRESIDENT:**

Sharing some “uplifting” compliments:

On Mon, Apr 24, 2023 at 1:04 PM Mary Tyler wrote:

Hi Laura

Just wanted to send a two thumbs up for both wonderful presentations given by Lifespring today. Ms. Berman was totally engaging and fascinating while the Banned book talk gave me so much to consider and think about. We are fortunate that both of these ladies willingly shared their talents with the group.

Thanks so much.

Mary Tyler

On Mon, Apr 24, 2023 at 8:29 AM David Cartmell wrote:

What a happy surprise last week to come out from class & there was coffee & donuts awaiting! Such a treat! Thank you Life Springs...keep up the good

work 🙏☕🍩👏

And thank you for the interesting set of courses! David

Respectfully submitted and in solidarity,(p.s. there is no page 6---my formatting issues(☺)

Susan Puretz, President

**VICE PRESIDENT:**

No report  
Natalee Rosenstein

**TREASURER:**

See the final page of these Reports for the Treasurer's MONTHLY report chart.

Peg Nau

**REGISTRAR AND TASKFORCE COORDINATOR:**

Registration Report for Lifespring Board Meeting May 9, 2023

Registration has started for the Songs of the Hudson Valley concert 5/12

Registration has started for the On-line May Monologue Madness 5/18

Attendance for Spring 2023 classes to date

Course Name	Registered After Drops	17-Apr	24-Apr	1-May
A1 Unusual Jobs	42	41	37	31
A3 China	23	20	17	15
A4 Landmark Lit	32	28	28	28
B2 Banned Books	49	39	38	Cancelled
B3 Comedy	24	21	15	15
B4 Land Liberty Loss	19	20	16	11

Writing Workshop 4/20 8 Attended 8

Country Folk Concert 4/27 31 Attended 19

The in-person attendance will be available after the end of the semester.

Rich Davis is working with the tech expert at the WJC, Karen Levine, to organize the Hybrid Annual Meeting on May 31.

Laura Phillips, Registrar and Taskforce Coordinator

## **STANDING COMMITTEES**

### **CURRICULUM:**

Members of the Curriculum Committee have confirmed three more courses for Fall 2023 as well as the December winter presentation. We are following up on an additional three courses.

We will be contacting the Saugerties Library to use the community room for three scheduled performances/presentations for Fall 2023.

Respectfully submitted,

Connie Cuttle

### **EVENTS:**

As far as the annual meeting goes, I guess we are on track. The flyer is done and will go out on May 10. Maureen is on top of the coffee, etc. You and Rich are getting photos set up. Fred is coming but cannot arrive before 9:30. If he is late we will improvise. The memoir writing event went really well and smoothly. That is all the news that's fit to print.

Prudence Garcia-Renart

### **HOSPITALITY:**

I will be taking care of refreshments for the annual meeting. Prudence is aware of this. Juliette Eisenson will be helping me.

Maureen Huban

### **MEMBERSHIP**

With the decision of the Board at the April meeting that eliminates most of the provisions of the current COVID policy effective Aug. 1, 2023, I have suggested to Susan Puretz that this announcement be made officially to our members as part of her President's report at the Annual Meeting. I am suggesting also that she also announce the membership fee increase to \$80 for the 2023/24 Lifespring year for paying members. I think that both of these pieces of information as well as the announcement of the appointment of two new coordinators should be included in her report and then be sent to our members along with the election results via email as a wrap up/looking ahead

email for the year. We should also mention that the catalog for Fall '23 will be available at the beginning of August and that we will be accepting both new members as well as current members who are renewing starting on August 1 and ending on August 18. Registration for the Fall semester is scheduled to begin on August 22, 2023. The Fall semester begins on-line on Monday, October 2, 2023 and in person on Wednesday, Oct.4th. More information will be forthcoming over the summer....save the dates and watch for Lifespring emails!

Susan Davis

### ***PROGRAM SUPPORT***

All classrooms for in person classes at the WJC for the spring semester were accommodated as requested. Signage were posted and there did not appear to be any issues with people finding classes.

Masks and antibacterial liquid was available.

Additional tables for refreshments were also provided.

Susan Krompier

### ***MEMBERS AT LARGE:***

No report

*Leslie Surprenant*

### ***AD HOC COMMITTEES***

#### ***AV***

I have nothing to report on the AV side, but have been working on slides for Susan P to use at the Annual Mtg.

Rich Davis

#### ***CLASS MANAGERS:***

The classes seem to be running smoothly. I have not received any reports to the contrary.

Lee Gable

## **PUBLICATIONS COORDINATOR**

May 3, 2023

This is my final report as Publications Coordinator (very bittersweet, indeed)!

I have met with Anne Miller, my replacement, and I'm confident that Anne is the perfect choice for this position. Anne is jumping in immediately; she has met with Susan D and Anna Landewe, and is speaking with Laura Phillips. All is moving forward smoothly.

Anne will take over the posting of the Annual Meeting flyer online and will coordinate with Laura Phillips on that as well. I will remain available to help with the transition, as needed.

In the meantime, the Website Membership FAQs have been updated after consultation with Susan D.

It's been a terrific experience serving as Lifespring's Publication Coordinator. Thanks to everyone with whom I've worked over these many years.



Allium and Iris, oh my!

**Susan Greenstein**

