

LIFESPRING

Saugerties Adult Learning Community
Spring 2018 Courses



Lifespring

Town Hall
4 High Street
Saugerties, NY 12477

phone: 845-246-2800 x 452
email: lifespring.saug@gmail.com
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WELCOME

Lifespring, an adult learning community, offers a broad range of noncredit educational activities for retired, semi-retired, and other adult participants. Lifespring's goal is to provide diverse learning experiences for all its members, regardless of previous educational background.

We recognize that many active retirees wish to continue to learn and grow and participate in an environment that is both social and encouraging. In this venue, we come together to share our knowledge and interests, and socialize with like-minded people.

Lifespring offers classes/courses, lectures, and events that provide opportunities for active adults and/or retirees to:

- stimulate our minds in new and creative ways
- learn about topics that have been intriguing
- challenge ourselves in new areas
- open new vistas in learning
- discover new talents, skills, and interests
- meet new people

Membership and Fees

The annual membership fee is \$80 per person, payable prior to the fall semester. This entitles each member to 3 courses a semester and any planned special events. The current year runs from August 2017–July 2018. There is a fall semester and a spring semester. Some presenters may ask for the purchase of a textbook or may require a small materials fee. Please note that membership fees are not refundable and not transferable. **New members** are accepted in the fall of each year.

For additional information about membership, please visit the Lifespring website at:
www.lifespringsaugerties.com

Location

Most courses are held at the **Woodstock Jewish Congregation (WJC)**, on Glasco Turnpike, near Route 212. Ample parking is available on the grounds. The classrooms are accessible to people with disabilities.

Gratitude

We thank all volunteers, including presenters, course coordinators, committee members, Board members, and many others who donate their time and energy for the Lifespring program. We respect their hard work, generosity, and talent, and we thank everyone who is a part of this creative endeavor. In addition, we thank the Town of Saugerties for their generous support and backing. We extend further appreciation to the WJC for the rental of their ample and comfortable space.

Feedback

If you have any feedback or suggestions, please feel free to come to a Board meeting and discuss the issue. Board meetings are usually the second Tuesday of the month at 9:30 am in the Town Hall Building Department conference room (check first to see if a meeting is being held).

In addition, you may direct any questions to:
lifespring.saug@gmail.com or call us at **845-246-2800** ext. 452.

For Potential New Members

We thank you for your interest in becoming a part of Lifespring! In order to keep our learning community refreshed and vital, we recognize the importance of accepting new members, and we anticipate that there will be some openings for the 2018/19 Lifespring year, which begins with the fall semester.

Membership is for a full year, August 1–July 31. We do not accept new members for the spring semester. However, if you would like to be notified by email when the Fall '18 catalog and new member registration/application material is online, please send an email to lifespring.saug@gmail.com asking to be placed on the notification/interest list.

If you have additional questions, please send your email inquiry to lifespring.saug@gmail.com or refer to the Lifespring website at www.lifespringsaugerties.com for additional information about membership under Frequently Asked Questions.

COURSE OVERVIEW

Wednesdays: April 11, 18, 25 and May 2, 9, 16

Course	First Period 9:30 am – 10:45 am	Enrollment	Details
A1	Opera as Politics – Part II		page 5
A2	Reading the Romantic Era through Its Greatest Poets		page 5
A3	Furniture Styles and the Characters Who Build Them		page 6
A4	Live Interviews: From the Arts to Politics and Everything In-Between		page 6
A5	Nature’s Own Invaders: Invasive Species and How to Prevent Their Spread		page 7
Second Period 11:05 am – 12:20 pm			
B1	A New Focus on the Home		page 7
B2	Be It Resolved: The Role of the U.S. Supreme Court in Deciding the Critical Issues of Our Time	LIMITED*	page 9
B3	The Poetry of Marie Ponsot: “The Next Thousand Years of Practice”		page 9
B4	The True, the Good and the Beautiful in Western Philosophy		page 10
B5	Beginning Sign Language		page 10
Third Period 1:15 pm – 2:30 pm			
C1	Trailblazers of Yore		page 11
C2	William Faulkner: Selected Short Stories	LIMITED*	page 12
C3	Springtime Is John Burroughs Time!		page 12
C4	Conversations: Group Discussions on Topics of Common Interest	LIMITED*	page 13
C5	Gentle Chair Yoga for Everybody	LIMITED*	page 13

*See “How to Register” on page 14 for complete information about limited enrollment and the lottery system.

Lifespring’s goal is academic: to provide a variety of courses for your consideration and reflection. Our curriculum committee makes every effort to schedule presenters who are experienced professionals and enthusiasts; however, Lifespring does not either recommend or not recommend the services or products of any presenter or guest speaker.

COURSE DESCRIPTIONS

A1 *Opera as Politics – Part II*

Wed. Apr. 11, 18, 25; May 2, 9, 16
9:30 am – 10:45 am

Opera has been a major art form in Western society for more than 400 years, with much to say about politics. Part II of this course continues to look at governmental, sexual, economic, and religious politics as expressed and reflected in opera.

A close examination of important operas, with special focus on the major works of the nineteenth century, including Verdi and Wagner, and a look at the current state of opera as a political vehicle are part of the course. We will experience operatic video performances in class as political themes are developed. Previous attendance in this course is not required, no technical musical knowledge is needed, and familiarity with opera is not assumed.

Presenter

Chuck Mishaan has been an opera aficionado since the days of the old Metropolitan Opera House. He has been a lecturer on music and opera at several area LLIs, the Bardavon Theater, and the Rhinebeck Chamber Music Society. He was an adjunct professor at NYU, lecturing on technology and healthcare, and still consults in this field.

Coordinator

Susan Greenstein

A2 *Reading the Romantic Era through Its Greatest Poets*

Wed. Apr. 11, 18, 25; May 2, 9, 16
9:30 am – 10:45 am

In six sessions we will aptly focus on the six major poets of the revolutionary Romantic Era — William Blake, William Wordsworth, Samuel Taylor Coleridge, Lord Byron, John Keats, and Percy Bysshe Shelley — 19th-century English poets who wrote romantic ballads, fantasies, and philosophical statements, and poems whose beauty has caused them to be remembered and admired through the ages. This course is designed for those who want to revisit poets encountered in school, as well as for those curious to know what this dynamic age was all about. Classes will consist of readings and discussions of individual poems selected by class members.

The text for the course is *English Romantic Poetry: An Anthology* (Dover Thrift Editions) available through Amazon for \$6 or less. **Please purchase this exact title and edition and bring it to the first class.**

Presenter

Ernst Schoen-René attended Yale and initially taught prep school. Receiving his PhD from the University of Washington, he moved to California State University at Chico, where he taught a wide variety of courses for 35 years, including the Romanticism course for ten years, as well as humanities courses and courses for future teachers, before retiring and returning to his beloved East Coast.

Coordinator

Jouette Bassler

“One thought fills immensity.”

— William Wordsworth

A3 *Furniture Styles and the Characters Who Built Them*

Wed. Apr. 11, 18, 25; May 2, 9, 16
9:30 am – 10:45 am

In this class, you will learn the history of furniture and its changing styles from medieval times to today including construction and finishing techniques and the stories of furniture designers from Chippendale to Eames. Along the way we will find out: What features make a piece Arts & Crafts style, What is the difference between French and English dovetail joints, What is French polishing, Why is molding used, And more!

Presenter

Gustav Pedersen designs and builds custom furniture, both reproductions and his own designs. He has been on the Saugerties Artists Studio Tour for many years and is a member of the Berkshires Woodworkers Guild. If interested, you can see his work at his studio in Saugerties and on his website at www.guspedersen.com.

Coordinator

Susan Davis

A4 *Live Interviews: From the Arts to Politics and Everything in Between*

Wed. Apr. 11, 18, 25; May 2, 9, 16
9:30 am – 10:45 am

Following a “Talk-Show” format, each week will feature an interview with a different local personality involved in activities from the arts to politics and everything in-between representing the current scene in Ulster County and the surrounding area. We’ll have an opportunity to see and hear the familiar and not so familiar “names” that often populate the local news. After each interview, class participants will be invited to ask questions of the current week’s guest. Here’s a chance to hear what public figures think in an informal, conversational setting and exchange ideas and opinions with them.

Presenter

Gary Bischoff has been involved in civic and volunteer activities for about 30 years. During that time, he served 14 years in public office as an Ulster County Legislator and as a member of the Saugerties Town Council. He hosted a weekly talk-radio show for almost 12 years, beginning on WKNY with *Radio Free Kingston* and then moving to WGHQ with *Kingston Community Radio*.

Coordinator

Susan Poretz

“Eventually everything connects — people, ideas, objects. The quality of the connections is the key to quality per se.”

— *Charles Eames*

A5 *Nature's Own Invaders: Invasive Species and How to Prevent Their Spread*

Wed. Apr. 11, 18, 25; May 2, 9, 16
9:30 am – 10:45 am

Invasive species are second only to habitat loss in their negative impact on wildlife and endangered species. Learn about specific “take-over” species and how New York public and private initiatives work against this onslaught in its forests, waterways, and backyards. Also explore how you can help prevent the spread of invasive species through regional databases and partnerships, plus specific actions you can take while boating, hiking, gardening, or landscaping.

There will be participation from several guest speakers, with some emphasis on the Lower Hudson and Catskills Partnerships for Regional Invasive Species Management, plus information on choosing non-invasive or native species for gardening and landscaping.

Presenter

Leslie Surprenant retired from a 35-year career as a biologist for the NYS Department of Environmental Conservation, with 17 years as a fisheries biologist. In early 2007, she became NYS DEC's first employee hired to deal with invasive species, overseeing the coordination of New York's inter-agency and private-public invasive species efforts.

Coordinator

Susan Puretz

B1 *A New Focus on the Home*

Wed. Apr. 11, 18, 25; May 2, 9, 16
11:05 am – 12:20 pm

It's been hard to read the papers lately, even harder to watch the news of the latest terrorism or natural catastrophe. But it's the perfect time to “turn homeward, angel.” Our accomplished line-up of professionals will give us new ways to look at where we live and how to make our homes more our own, more expressive of our own tastes, feelings, and inclinations.

April 11

**Architecture, Design, and Feng Shui for
a Healthy Home**

Presenter

Janus Welton is a Registered Architect with her own design and architecture studio in the Hudson Valley. She lectures widely on topics in sustainability, biomimicry, building health and wellness, and conscious design.

April 18

**Two Hundred Years of Gardening and
Hudson Valley Landscape Design**

Presenter

Barbara Bravo is a Cornell Cooperative Extension Master Gardener and a well-known and popular speaker and garden designer. She is also a ceramic artist and long-time mainstay of the Saugerties Artists Studio Tour.

*“Home is the nicest word
there is.”*

— *Laura Ingalls Wilder*

April 25

**Material Culture: How We Live With,
Display & Experience Objects in our Home**

Presenter

Carol Bassin is a Registered Investment Advisor, but her true love is the study of art. She attended SUNY New Paltz and received a Masters degree in Decorative Arts at the Cooper Hewitt Museum in NYC.

May 2

**Layers of Colors and Textures in the Home
and a Bit of the History of Design**

Presenter

Catherine Gerry is an Interior Designer, Decorator, and Stylist and is the Principal of Catherine Gerry Interiors, based in Stone Ridge. Trained formally at the New York School of Interior Design, she has more than 25 years design experience in the tri-state area, and her work has been featured in numerous publications.

May 9

**Lighting Your Home, Getting it Right, and
Creating Positive Change**

Presenter

Susie Berlingeri has worked with residential lighting for thirty years including light commercial work with Wolberg's Lighting Design and Electrical Supply in Kingston. She has studied the history of lighting, and she is interested in helping her clients to understand how lighting can transform space for practical as well as design and psychological effect.



May 16

**An Interactive Workshop: Reorganizing Your
Home for Less Clutter/More Safety**

Presenter

Colleen Mountford is the owner of Next Step Home, an organizing and move management firm based in Kingston. With more than twenty five years in human services, her organization empowers people, particularly seniors, to live in a less cluttered environment that fosters better safety and psychological well-being.

Coordinators

Margaret Yelland and
Mary Alice Lindquist

B2 *Be It Resolved: The Role of the U.S. Supreme Court in Deciding the Critical Issues of Our Time*

Wed. Apr. 11, 18, 25; May 2, 9, 16
11:05 am – 12:20 pm

LIMITED ENROLLMENT

Learn how Supreme Court decisions came to be the “Law of the Land” and what role the Court plays in the so-called “balance of powers” among the branches of the federal government. We’ll look at selected cases that affect our lives and explore the impact of individual justices on case outcomes. Finally, we’ll peer ahead and consider ongoing issues of concern to the Court and the country. There will also be some guest speakers adding to the discussion.

Presenter

Bob Greenwood is a retired attorney who has practiced law in New York and New Jersey. Educated at Princeton University and the University of Pennsylvania Law School, he has served in the following capacities: Deputy New Jersey Attorney General; Chief Counsel to the New Jersey Department of Education; Administrative Law Judge; court-appointed mediator; counsel to public boards of education and non-profit and profit corporations—in addition to decades in private practice. Presently, he is serving as an Impartial Hearing Officer for the State of New York and an Administrative Law Judge for the New York City Contract Dispute Resolution Board.

Coordinator

Susan Poretz

B3 *The Poetry of Marie Ponsot: “The Next Thousand Years of Practice”*

Wed. Apr. 11, 18, 25; May 2, 9, 16
11:05 am – 12:20 pm

The poet, Marie Ponsot, who has won the highest poetry award in America, The Ruth Lilly Award for Life Achievement, is a perfect fit for our study. Her work is brilliant, so it needs many points of view to see it all around; witty, so it’s fun to read; and high-charged with verbal energy, so we’re fearless on the high wire. The text for the course is *Marie Ponsot, Collected Poems*, published by Knopf, 2016. The book is available through Amazon (new and used and a Kindle edition) and other book sellers, and can also be ordered from local bookstores. **Please bring the book to class on the first day.**

Presenter

Rosemary Deen did her graduate studies at the University of Michigan and the University of Chicago. She is retired from the English department of Queens College, CUNY. With poet Marie Ponsot, she developed a radical new approach to the teaching of writing in two books, one of which won a national award. Also the poetry editor of *Commonweal* magazine, she gives workshops in writing and reading and has published a book of essays, *Naming the Light*.

Coordinator

Susan Greenstein

“Poetry is priceless...a way of keeping yourself feeling rich and civilized even when you’re quite poor.”

— Marie Ponsot

B4 *The True, the Good, and the Beautiful in Western Philosophy*

Wed. Apr. 11, 18, 25; May 2, 9, 16
11:05 am – 12:20 pm

What can we know? What is Good? Are there Standards of Beauty? The course will explain how major Western philosophers have answered these questions. Plato, Aristotle, the Rationalists (Descartes, Spinoza, and Leibniz), the Empiricists (Locke, Berkeley and Hume), Kant, and then Sartre and Wittgenstein will be featured in the six sessions. The backdrop is Western philosophy's response to skepticism about knowledge and its response to relativism in ethics and art.

Presenter

Norman Bowie is retired from the University of Minnesota where he held an endowed chair in the departments of Philosophy and Management and Organization Science. From 1972–1977 he was Executive Secretary of the American Philosophical Association. He is best known for his application of Kantian ethics to problems in business ethics.

Coordinator

Norm Bowie

B5 *Beginning Sign Language*

Wed. Apr. 11, 18, 25; May 2, 9, 16
11:05 am – 12:20 pm

Sign language can help you communicate with the deaf, can be used with babies and grandbabies to accelerate language, and can aid those who have some hearing loss.

This class will focus on everyday conversation and will start with learning the alphabet and finger spelling. Also there will be vocabulary in categories such as colors, numbers, food, or any category that interests participants.

This class works best when taken with a friend with whom to practice; we can team up with others in class for practice.

Presenter

Nona Bottjer attended Gallaudet University in Washington DC (a university established for the deaf and hard-of-hearing). She is a sign language interpreter for the Kingston School District, she taught for three years at Ulster County Community College, and six years at the Community Rehabilitation Center.

Coordinator

Annette Zwickler

*“Opinion is the medium
between knowledge
and ignorance.”*

— Plato

C1 Trailblazers of Yore

Wed. Apr. 11, 18, 25; May 2, 9, 16
1:15 pm – 2:30 pm

Join us as six distinguished presenters explore how women of different ages, backgrounds, and time periods did not accept various aspects of traditional female status. Instead, they went their own way, thus blazing the trail for generations to follow.

April 11

**Shoulder to Shoulder – One Woman, One Vote:
the Women’s Suffrage Movement**

Presenter

Mary Nevins is an expert in the historical struggle for women’s rights in the workplace and in society. She is retired from the CUNY School of Law after thirty years, having served as Director of Academic Affairs and Chief Diversity Officer.

April 18

**Transgender Pioneer: The Nineteenth Century
Life of Lucy Ann/Joseph Israel Lobdell**

Presenter

Bambi Lobdell received her Ph.D. in English from Binghamton University and has taught at SUNY Oneonta for more than sixteen years. In her career, she developed numerous courses for the Women’s and Gender Studies departments. Her research on her ancestor led to her 2012 book, *A Strange Sort of Being*.

April 25

**Women of Woodstock: From Pioneer Days
to the 20th Century**

Presenter

Richard Heppner has served as Woodstock Town Historian since 2001. He is the author of *Woodstock; Everyday History*, and *Women of the Catskills*, and co-author with Janine Fallon-Mower of *Legendary Locals of Woodstock*, and editor of *Remembering Woodstock*.

May 2

**From Hudson Valley Anarchist to Prussian
Aristocrat: The Story of Alida Mary Schoonmaker,
Countess of Krockow (1857–1940)**

Presenter

Eric Roth holds a Master’s degree in Library Science and served as Archivist/Librarian and Executive Director at Historic Huguenot Street from 1997–2000, where his research projects resulted in numerous articles, exhibits, and lectures. He currently serves as a grant writer at the Mohonk Preserve.

May 9

**Anne LaBastille: Woodswoman, Ecologist,
Author, Friend**

Presenter

Leslie Surprenant recently retired from a 35-year career with the Department of Environmental Conservation. An Adirondack native, she was a long-time friend of Anne LaBastille, and is executing the estate of this courageous conservation advocate.

May 16

**The Enga People, Papua New Guinea, 1955:
Photographs and Letters of Norma Lenschow,
Medical Missionary**

Presenter

Nancy Cannon discovered a trunk of materials belonging to her Aunt Norma (Lenschow) when helping her move to an assisted living facility. She used these materials to create two books: *The Enga People, Papua New Guinea, 1955: Photographs and Letters of Norma Lenschow* and *Destination China, Photographs and Letters of Norma Lenschow, 1948–1949*.

Coordinator

Susan Puretz

C2 William Faulkner: Selected Short Stories

Wed. Apr. 11, 18, 25; May 2, 9, 16
1:15 pm – 2:30 pm

LIMITED ENROLLMENT

Many of the American Nobel laureate William Faulkner's novels began as short stories, so they can be a good introduction to the larger work. We will read *Was, Wash, That Evening Sun, A Rose for Emily*, and, the longest and probably the most difficult, *The Bear*. All of them may be found in *The Portable Faulkner*, edited by Malcolm Cowley. The book may be ordered through a local bookstore or online, priced at \$14.95, or less if used. Participants will be asked to read the story before we discuss it, so **please read the story, *Was*, before the first session and bring the book to class.**

Presenter

ViVi Hlavsa's Master's thesis on *Absalom, Absalom!* appeared in Brown University's publication, *Novel*. Her Ph.D. dissertation on *Light in August* was published by the University of Virginia in *Faulkner and the Thoroughly Modern Novel*. She has written numerous articles and given many talks in and around Faulkner studies for many years.

Coordinator

Jouette Bassler

C3 Springtime Is John Burroughs Time!

Wed. Apr. 11, 18, 25; May 2, 9, 16
1:15 pm – 2:30 pm

Despite John Burroughs' celebrity as a nature writer in the late 19th to early 20th century, he remained firmly grounded in the simple life among the birds and beasts of his beloved Catskills. Yet this "Sage of Slabsides" was no saint, and his love of nature did not preclude friendships with some of the most powerful men of his time, among them Theodore Roosevelt and Henry Ford. We'll trace Burroughs' journey from farm boy to best-selling author by dipping into his writing while placing him within the larger 19th-century literary, religious, and philosophical context that influenced his development.

Presenter

Anne Richey has taught numerous courses for Bard's and SUNY New Paltz's Lifetime Learning Institutes. She is a student of John Burroughs' work and serves as a docent at Woodchuck Lodge in Roxbury, New York, the cabin where Burroughs summered the last ten years of his life. She is the author of *Church of the Robin's Ha-Ha!: John Burroughs' "Natural Religion" and Other Poems*, 2017.

Coordinator

Jouette Bassler

*"To learn something new,
take the path that you
took yesterday."*

— John Burroughs

C4 *Conversations: Group Discussions on Topics of Common Interest*

Wed. Apr. 11, 18, 25; May 2, 9, 16
1:15 pm – 2:30 pm

LIMITED ENROLLMENT

Neither a lecture course nor a book group, *Conversations* is an opportunity to enjoy intelligent and civil discussions on topics proposed by class participants and selected by group consensus one week in advance of each session. The format for these conversations was developed by Phil Elliot of Ormond Beach, Florida, and has been practiced in groups for 38 years. An important characteristic of this course's format is that no one individual, or individuals, can dominate the discussion; rather each participant has an equal opportunity to offer his or her opinions.

Some of the topics from other *Conversations* groups have been: What Is Beauty, What Is Acceptable Protest, Your Personal Philosophy and How Did You Derive It, Can Morality Be Legislated, Globalism versus Tribalism, and Paying It Forward. Our Lifespring class will choose its own topics.

Presenter

Sam Magarelli, a resident of Woodstock, New York, for 45 years, is a retired teacher, former Ulster County Legislator, Board Member of the Woodstock Chamber of Commerce, Trustee of the Onteora School District, President of the Board of Education, a founder of Staying In Place (a senior support network), and Sunday school teacher at the Unitarian-Universalist Fellowship in Kingston. He has moderated *Conversations* in Woodstock and Kingston, and he has participated in *Conversations* in the Ormond Beach area moderated by Phil Elliot.

Coordinator

Susan Puretz

C5 *Gentle Chair Yoga for Everybody*

Wed. Apr. 11, 18, 25; May 2, 9, 16
1:15 pm – 2:30 pm

LIMITED ENROLLMENT

If you are interested in exploring the benefits of hatha (movement) yoga to achieve a more relaxed and stronger body, balanced energy, a calmer nervous system, a quiet mind, and connection to spirit, this course is for you. We'll investigate different breath techniques and a range of movements sitting on chairs and standing using the chair as support, as well as discussing how to practice yoga safely, how to modify movements so they feel "right" for you, and the benefits of "discomfort" (not too much and not too little!). No prior yoga experience is needed; all are welcome!

Please wear loose or stretchy clothing. Bare feet or socks with non-slip soles are recommended. Eat very lightly before class.

Presenter

Roxie Newberry holds a Masters degree in Dance/Dance Education from NYU and danced professionally in New York and Canada for 12 years. In the late 80s, she completed a two-year residency at a Zen Buddhist monastery. In 2005, she became a certified Kripalu yoga teacher and has been teaching Kripalu and chair yoga to adults of all ages in Ulster County for the last 10 years. As a senior herself, she loves supporting adults and seniors to explore yoga.

Coordinator

Karen Reynolds

HOW TO REGISTER

Here is a step-by-step guide to the registration process; please read this information carefully so that you are able to make informed course choices when you register.

The spring semester begins on Wednesday, April 11 and ends on Wednesday, May 16, 2017. Unless otherwise noted in the course description, classes are held at the Woodstock Jewish Congregation, 1682 Glasco Turnpike, just off Route 212, between Saugerties and Woodstock. **Registration closes on February 15, 2018.**

Selecting Your Courses

When making your course selections, please note that due to the nature of the course or a presenter's request, some courses have limits on the number of participants. These are **Limited Enrollment** courses.

Other courses may be self-limiting simply due to physical space in the classrooms at the WJC.

When completing the Registration Form, you are asked to **indicate a 1st and 2nd choice in each time period.**

To help increase the chances that you'll get the courses you want, **it's important to select both a 1st and 2nd choice in each time period** on the Registration Form. A computer-generated Lottery System determines admission to courses when the demand exceeds the number that can be accommodated.

Add/Drop

Should you decide you want to add, drop, or switch a course, you will be able to do so on the **first and second** week of classes, on a space available basis. Times and locations of the ADD/DROP table will be posted on the bulletin board in the hallway.

Attendance

We encourage you to attend the classes for which you registered! All of the presenters have made an important time commitment to Lifespring and we don't want them to be disappointed by lower attendance numbers than they expected. In some cases you've "won the lottery" and have gotten into a course with **Limited Enrollment** and high demand. Please be kind to your fellow Lifespringers and only register for a **Limited Enrollment** course if you plan and expect to be able to attend; otherwise you're taking the place of someone else who wants to get into the course as much as you do.

Filling Out the Membership Registration Form Completely

Filling out the form correctly maximizes the chance that you will get the courses that you request. Blank spaces will be taken as blank spaces.

If you have any questions about how to use the form, please call **845-246-2800 x452** or email us at lifespringsaug@gmail.com

See the next page for a registration form.

MAIL THIS FORM TO:
LIFESPRING, TOWN HALL, 4 HIGH ST., SAUGERTIES, NY 12477
No payment required. Membership runs from Fall 2017 - Spring 2018

REGISTRATION

Registration will close on Feb. 15, 2018. We cannot honor any registrations postmarked after Feb. 15, 2018.

NAME

ADDRESS

CITY

STATE

ZIP CODE

PHONE

EMAIL

CHECK HERE if your contact info has changed.

MAKE SURE TO WRITE A 1 AND 2 IN EACH TIME PERIOD to indicate your first and second choices. We will make every effort to match your choices. However, please read "How to Register" on page 14 for details on Limited Enrollment, the Lottery System, and classroom size constraints.



Choose Two

FIRST PERIOD 9:30 am – 10:45 am

- A1 _____ Opera as Politics - Part II
- A2 _____ Reading the Romantic Era through Its Greatest Poets
- A3 _____ Furniture Styles and the Characters Who Built Them
- A4 _____ Live Interviews: from the Arts to Politics and Everything In-Between
- A5 _____ Nature's Own Invaders: Invasive Species and How to Prevent Their Spread



Choose Two

SECOND PERIOD 11:05 am – 12:20 pm

- B1 _____ A New Focus on the Home
- B2 _____ Be It Resolved: The Role of the U.S. Supreme Court in Deciding the Critical Issues of Our Time (LIMITED ENROLLMENT)
- B3 _____ The Poetry of Marie Ponsot: "The Next Thousand Years of Practice"
- B4 _____ The True, The Good, and the Beautiful in Western Philosophy
- B5 _____ Beginning Sign Language



Choose Two

THIRD PERIOD 1:15 pm – 2:30 pm

- C1 _____ Trailblazers of Yore
- C2 _____ William Faulkner: Selected Short Stories (LIMITED ENROLLMENT)
- C3 _____ Springtime Is John Burroughs Time!
- C4 _____ Conversations: Group Discussions on Topics of Common Interest (LIMITED ENROLLMENT)
- C5 _____ Gentle Chair Yoga for Everybody (LIMITED ENROLLMENT)

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Fall 2017 – Spring 2018

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